



2024

TrailLink Unlimited



Guides



Prisma Health Swamp Rabbit Trail

South Carolina



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The 28-mile Prisma Health (formerly Greenville Health System) Swamp Rabbit Trail links the cities of Travelers Rest and Greenville



The 28-mile Prisma Health (formerly Greenville Health System) Swamp Rabbit Trail links the cities of Travelers Rest and Greenville in upstate South Carolina via a former railroad corridor.

Originally conceived as 9-mile rail-trail, it is now a growing network of trails with sections in the community of Conestee, and the cities of Simpsonville and Fountain Inn. The Greenville Health System, a local healthcare provider, generously provided \$1 million to help develop and publicize the trail. About 13 miles of the now 28-mile trail are built along a former railroad corridor.

Beginning in the north at Tate Road in Travelers Rest, the

trail passes the North Greenville Medical Campus and the [Falls Park on the Reedy](#) as it continues through the community's downtown.

Following the Reedy River, the trail heads south through the park-like setting of the Furman University campus and continues into downtown Greenville, ending at Greenville Tech on Cleveland Street. Varying from 8 to 12 feet wide, the trail features a paved surface for bicycles, skaters and walkers, with an additional rubberized surface for runners. Amenities along the trail include lighting, picnic areas, benches, water fountains, restrooms, signage and bicycle racks. Views of the Reedy River are plentiful throughout the trail.

After a short gap of a few miles, the trail picks up again at I-85 and winds through Lake Conestee Nature Park, which offers 400 acres of beautiful forest, wetlands, and wildlife habitat.

A short disconnected section of the Swamp Rabbit Trail runs through downtown Simpsonville. From the intersection of W Trade Street and S Main Street, the trail parallels Main Street as it heads south for just under a mile to the intersection of Plain Street and Main Street.

There is also a short section in the city of Fountain Inn, which lies southeast of the nature park. Although less than a mile long (0.93 mile), it travels by a pond and is quite picturesque. An additional disconnected segment almost a mile long (.87 mile) trail has been completed along Main Street in the town of Simpsonville, providing a short-but-sweet rail-with-trail pathway for local cyclists and pedestrians. Further expansions to connect to these segments and expand the trail within Greenville are in the works.



Prisma Health Swamp Rabbit Trail

South Carolina

States: South Carolina

Counties: Greenville

Length: 28miles

Trail end points: Tate Rd south of White Horse Rd/CR 59 (Travelers Rest) to Cleveland St & S Pleasantburg Dr/SC-291 (Greenville)

Trail surfaces: Asphalt, Boardwalk

Trail category: Rail-Trail

Trail activities: Bike, Inline

Skating, Wheelchair Accessible, Walking

Parking & Trail Access

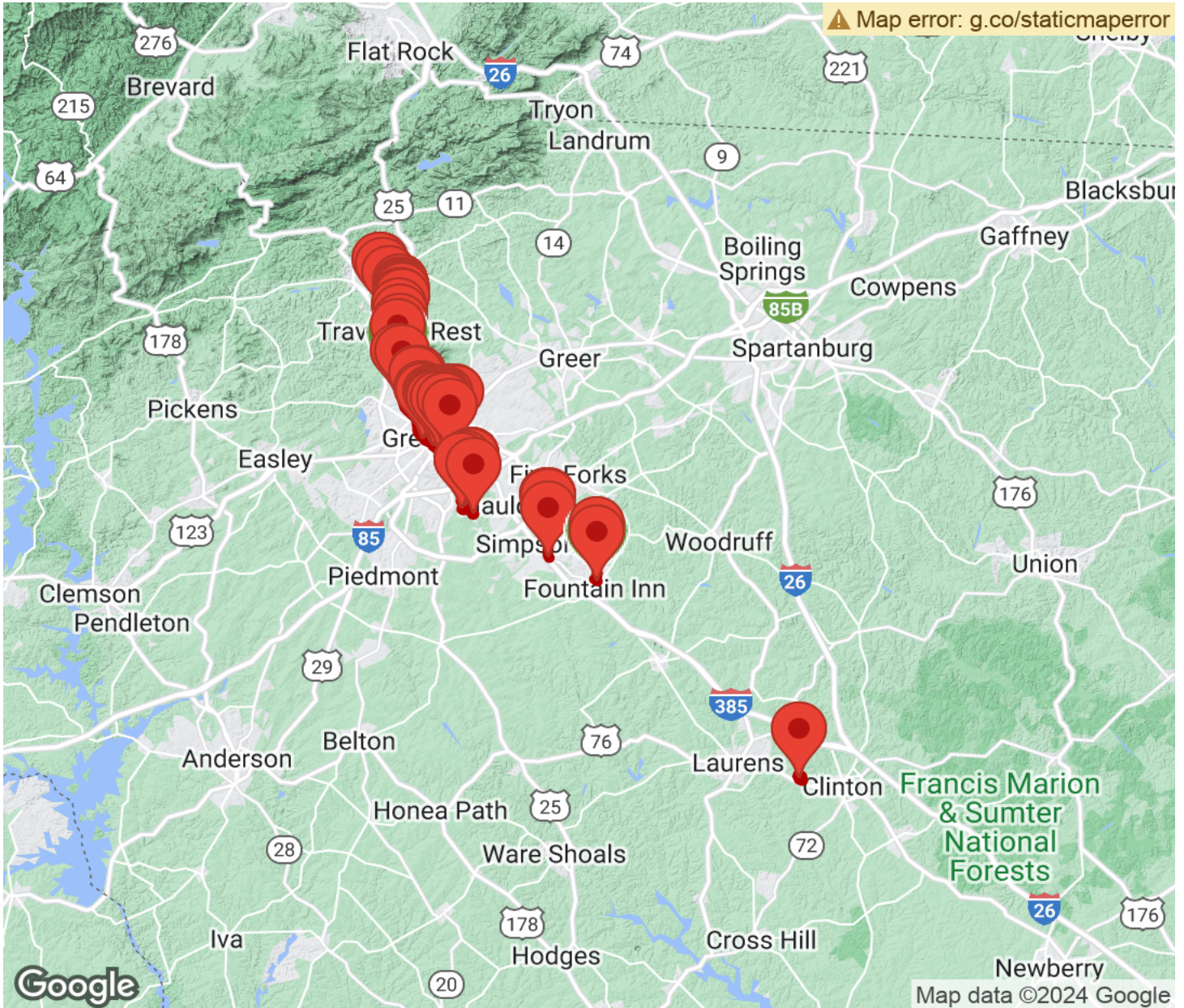
Parking is available at a number of locations along the trail with several options at the parks along the route, including Gateway Park (115 Henderson Dr.) and Trailblazer Park (235 Wilhelm Winter St.) in Travelers Rest, and Falls Park (601 S. Main St.) and Cleveland Park (150 Cleveland Park Dr.) in Greenville. There are also several places to park in Lake Conestee Nature Park to access the disconnected southern segment of the trail. View the [TrailLink](#) map for all options and detailed directions.

The City of Greenville's public transit system offers access to the trail via bus and trolley. Visit the [Greenlink website](#) to plan your trip.



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Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com