



TrailLink UnlimitedGuides



East Fork Trail (WV) West Virginia



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The scenic East Fork Trail follows the East Fork of the Greenbrier River through hemlock stands and pine plantations and past many small waterfalls, extending 8 miles from the Island Campground in Bartow to Pig's Ear Road (Forest Service Road 254). The trail can be difficult going on a mountain bike and is recommended for hiking only.

During the winter thaw and spring rains, this trail gets wet and muddy, with stream crossings at mile 2.5 and near mile 6. You can avoid the first crossing by staying on the east side of the stream and looking for the trail blazes again within 300 yards. The final section of the trail leaves the banks of the Greenbrier River and follows a steep uphill climb to Pig's Ear Road. The East Fork Trail is a treat at any time of year, but if you hit the trail during berry season, be sure to look around for tasty, wild serviceberries, also called mountain blueberries, which can be found along the entire corridor.

Anglers, rafters and others have overnight options along the trail. In addition to the small campground at the trail's start, there are more campsites near mile 5, where the trail crosses Forest Service Road 51.



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States: West Virginia Counties: Pocahontas Length: 8miles Trail end points: Forest Road 254 to Forest Road 36 in Monongahela National Forest Trail surfaces: Dirt Trail category: Rail-Trail Trail activities: Mountain Biking, Walking

Parking & Trail Access

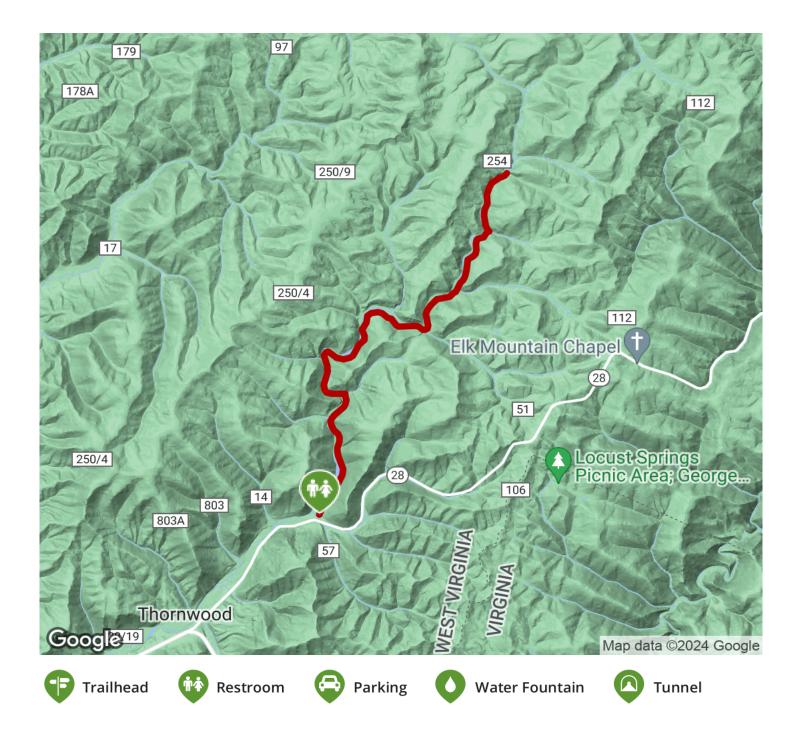
From Durbin, take US 250 east. After you pass Bartow, the highway merges with State Route 28. Stay on SR 28, and about 6 miles from Bartow you will see signs for Island Campground, where the trail begins in the middle of the campgrounds, just off the road.

If the campsites are full and there is nowhere to park, continue going northeast on SR 28 another 5 miles to Forest Service Road 112. Follow this for about 2 miles until it forks with Forest Service Road 254. Take 254 to the end, where there is a gate marking the beginning of private property. The trail begins to the left of this gate; parking is available on the side of the road.



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