



2024

TrailLink Unlimited



Guides



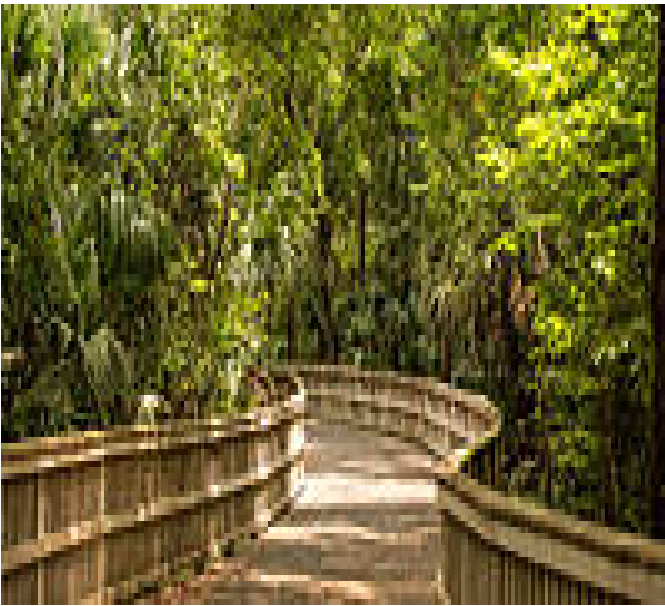
**Spring to
Spring Trail**
Florida



Spring to Spring Trail

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The Spring to Spring Trail connects a number of natural springs, parks, and friendly towns between De Leon Springs and Deltona in Central Florida. Although much of the trail is completed (25 of 27 miles), the trail is currently comprised of three disconnected segments, all of which are paved. Although the trail is not built on a former railroad bed, 5.8 miles of the pathway parallel an active CSX rail line between Lake Beresford Park and Blue Spring State Park, a configuration known as [rail-with-trail](#).

The most northern segment starts near the base of De Leon Springs State Park. Enjoy the park's lakes, creeks and marshes by canoe, kayak or paddleboat as you scout for alligators, deer, otters, egrets, bald eagles and other wildlife. From there, the trail travels south through the

well-shaded neighborhoods of De Leon Springs along Grand Avenue. To the west lies the Lake Woodruff National Wildlife Refuge, where freshwater marshes and swamps provide a critical habitat for nesting, migrating and wintering birds. This 6-mile segment ends at W. Minnesota Avenue.

After a short gap, the trail picks up with an 8.9-mile segment that begins on the southwestern outskirts of DeLand, the seat of Volusia County and home to Stetson University. Here, the trail sits not far from the banks of the 2-mile-long Lake Beresford, whose calm waters are a favorite of rowers. The trail travels south along Blue Spring State Park through an environment lush with hammock and magnolias trees. The park is a designated manatee refuge and trail-goers can learn more about this endangered animal through ranger programs and view them from an observation platform during the winter when manatees gather in the warm waters of the spring. Swimmers, snorkelers and even scuba divers can also enjoy the spring.

The trail continues through DeBary, soon paralleling the Donald E. Smith Boulevard through high-end neighborhoods. The city is known for its beautiful oak trees and they line the path as it makes its way to Rob Sullivan Park.

From there, following the closure of a 2.9 mile-gap in 2022, travelers can continue south seamlessly. This is one of the most scenic portions of the route as it traces the northwestern shoreline of Lake Monroe. Start at the trailhead outside the DeBary Hall Historic Site, an 8,000-square-foot estate that offers exhibits, multimedia programs and guided tours where you can learn about the history of the St. Johns River region and the individuals that worked at the house and grounds during the late 1800s and early 1900s.

From the historic site, make your way through a lovely tree-filled area to Dirksen Drive, where you can choose to go west or east on the trail once you cross the street. Choose west and you'll parallel the roadway for 1.7 miles to Gemini Springs



Spring to Spring Trail

Florida

States: Florida

Counties: Volusia

Length: 25miles

Trail end points: W Baxter St, between Cortex Ave & Desoto Ave (De Leon Springs) to Green Springs Park (Deltona)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike,Inline Skating,Fishing,Wheelchair Accessible,Walking

Parking & Trail Access

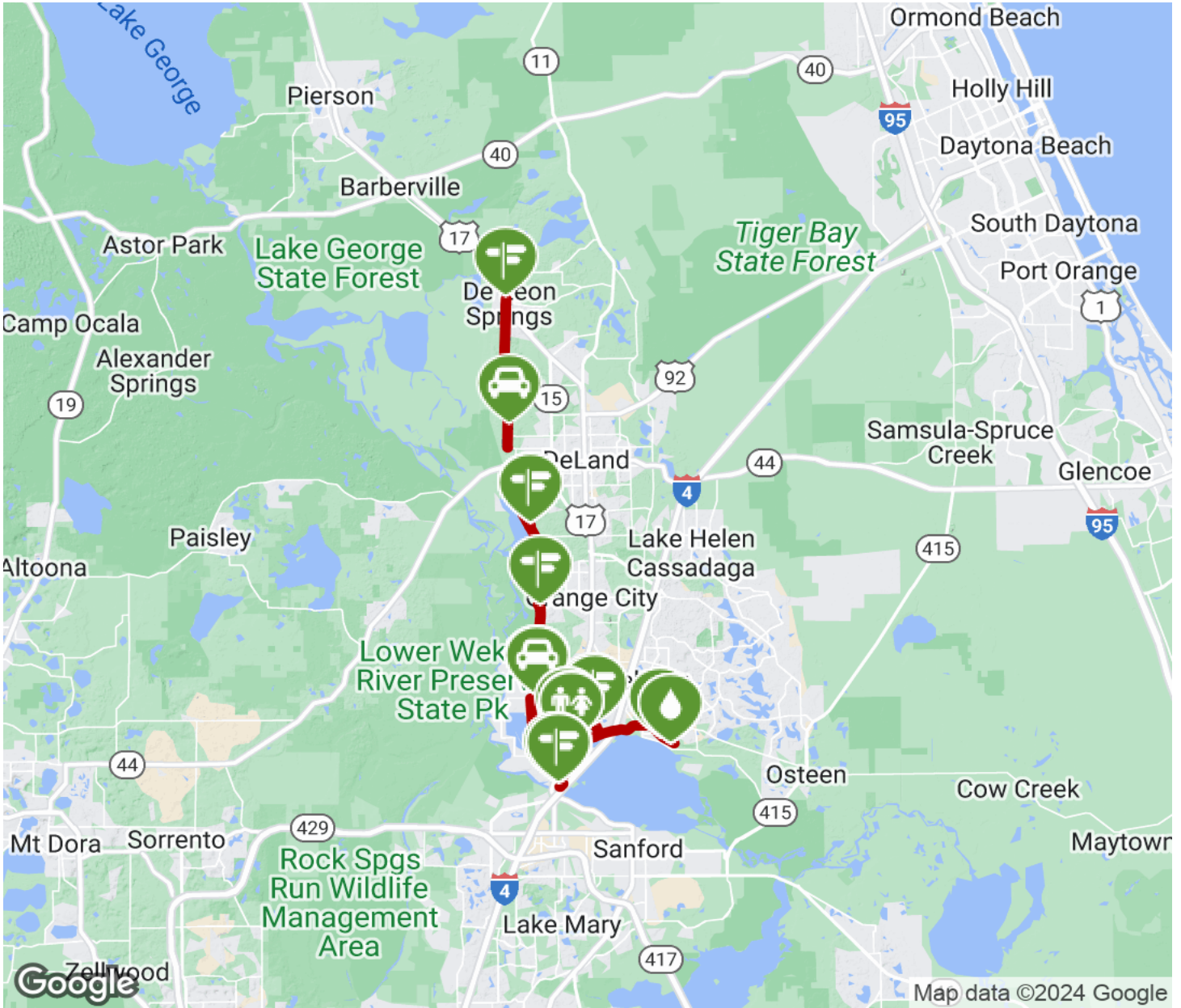
Parking can be found in Lake Beresford Park (2100 Fatio Road, DeLand), Blue Spring State Park (2100 W French Avenue, Orange City), and Rob Sullivan Park (200 W Highbanks Road, DeBary). Parking is available at a number of locations along the trail. View the [TrailLink map](#) for all options and detailed directions. Parking locations along the Lake Monroe segment include:

- Historic DeBary Hall (210 Sunrise Boulevard, DeBary)
- Gemini Springs Park (37 Dirksen Drive, DeBary)
- Lake Monroe Park (975 US Highway 17, DeBary)
- Green Springs Park (994 Enterprise Osteen Road, Deltona)



Spring to Spring Trail

Florida



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink

by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)