



2026

TrailLink Unlimited 

Guides   



**Old Fort King
Trail**
Florida



Old Fort King Trail

Florida

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The Old Fort King Trail is a 6.7-mile mixed-surface trail in west Central Florida. The trail consists of two parts: starting from John B. Sargeant Park, a 2.2 mile paved portion heads north, along the east side of US 301. This part is easy for users of all ages and abilities. At the end of the paved path, the trail crosses US 301 and heads into the forest, continuing north to Hillsborough River State Park along an unimproved path that can be a challenge on a regular day, and downright impassable during periods of heavy rain. This part is best for hiking (carry a walking stick) and mountain biking.



Old Fort King Trail

Florida

States: Florida

Counties: Hillsborough

Length: 6.7miles

Trail end points: John B. Sargeant Sr. Park to Hillsborough River State Park

Trail surfaces: Asphalt,Dirt,Grass

Trail category: Greenway/Non-RT

Trail activities: Bike,Mountain Biking,Inline Skating,Walking

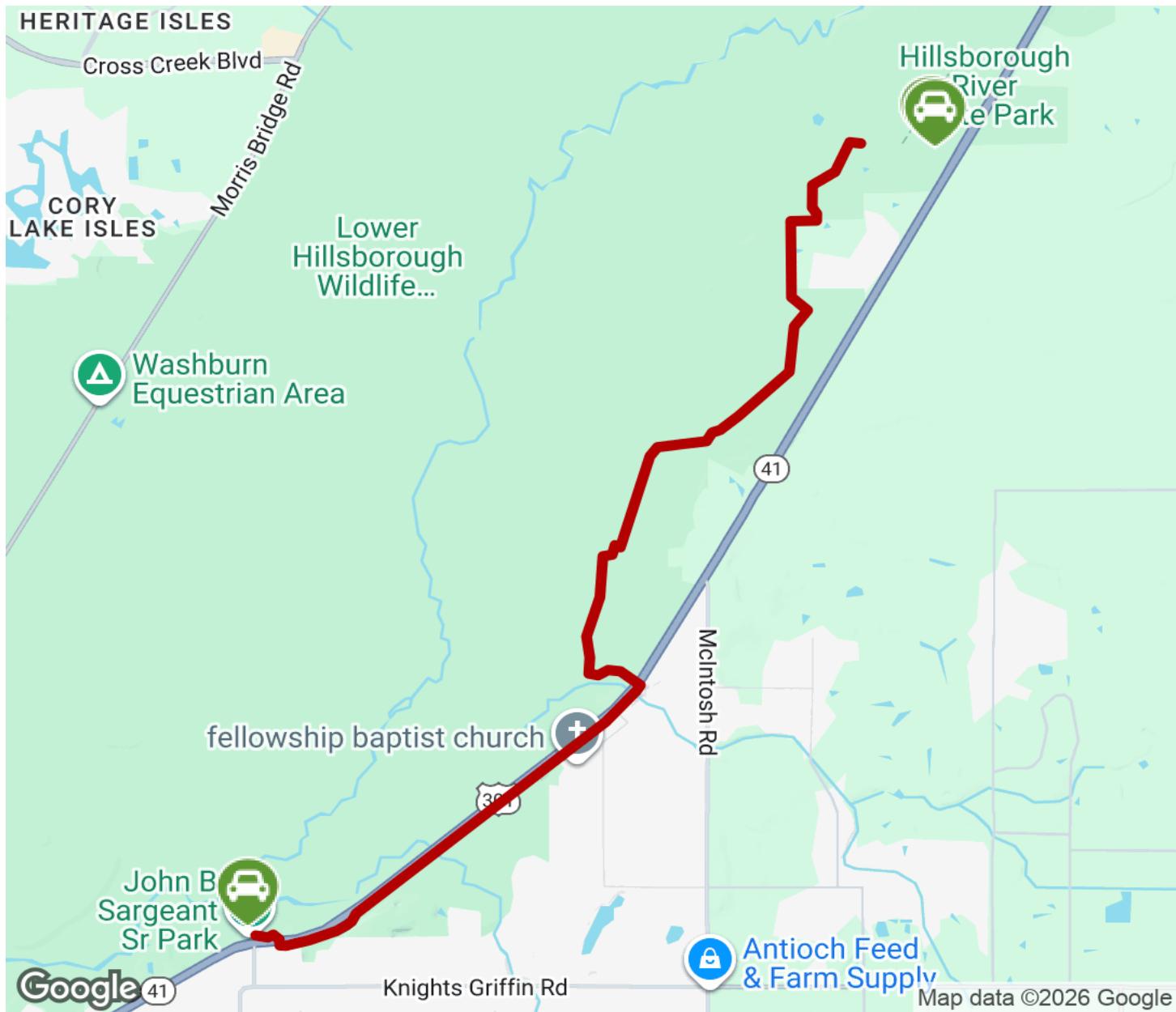
Parking & Trail Access

It's best to start at John B. Sargeant Park at the southern end so you can start with the paved portion of the trail. The park is located at 12702 US 301, Thonotosassa, Florida. There is a nominal parking fee to enter the park.



Old Fort King Trail

Florida



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)