



2026

TrailLink Unlimited 

Guides   



**West
Medicine
Lake Trail**
Minnesota



West Medicine Lake Trail

Minnesota

The West Medicine Lake is a 2.7-mile paved non-motorized pathway connecting two major regional trails: the Medicine Lake



The West Medicine Lake is a 2.7-mile paved non-motorized pathway connecting two major regional trails: the [Medicine Lake Regional Trail](#) in Minneapolis and the [Luce Line Trail](#) in Plymouth. The trail starts where Medicine Lake Regional Trail meets Rockford Road. The trail follows Northwest Boulevard/ County Road 61 along the border of Clifton E Regional Park, then continues on West Medicine Lake Road to the park of the same name. The lower third of the trail is a real treat – it leaves the road and ventures into the park and right up to the beach. Even when the trail merges with the road later, it's right on the edge of Medicine Lake. The shared use trail comes to an end just before a railroad, which is paralleled by the Luce Line Trail.



West Medicine Lake Trail

Minnesota

States: Minnesota

Counties: Hennepin

Length: 2.7miles

Trail end points: Medicine Lake Regional Trail at Rockford Road (Minneapolis) to Luce Line

Trail (Plymouth)

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Walking, Wheelchair

Accessible

Parking & Trail Access

Park at West Medicine Lake Park (1920 W. Medicine Lake Drive, Plymouth). You can also park your bike there and venture out to the beach. There are picnic facilities, a playground, restrooms, drinking fountains, basketball and sand volleyball courts



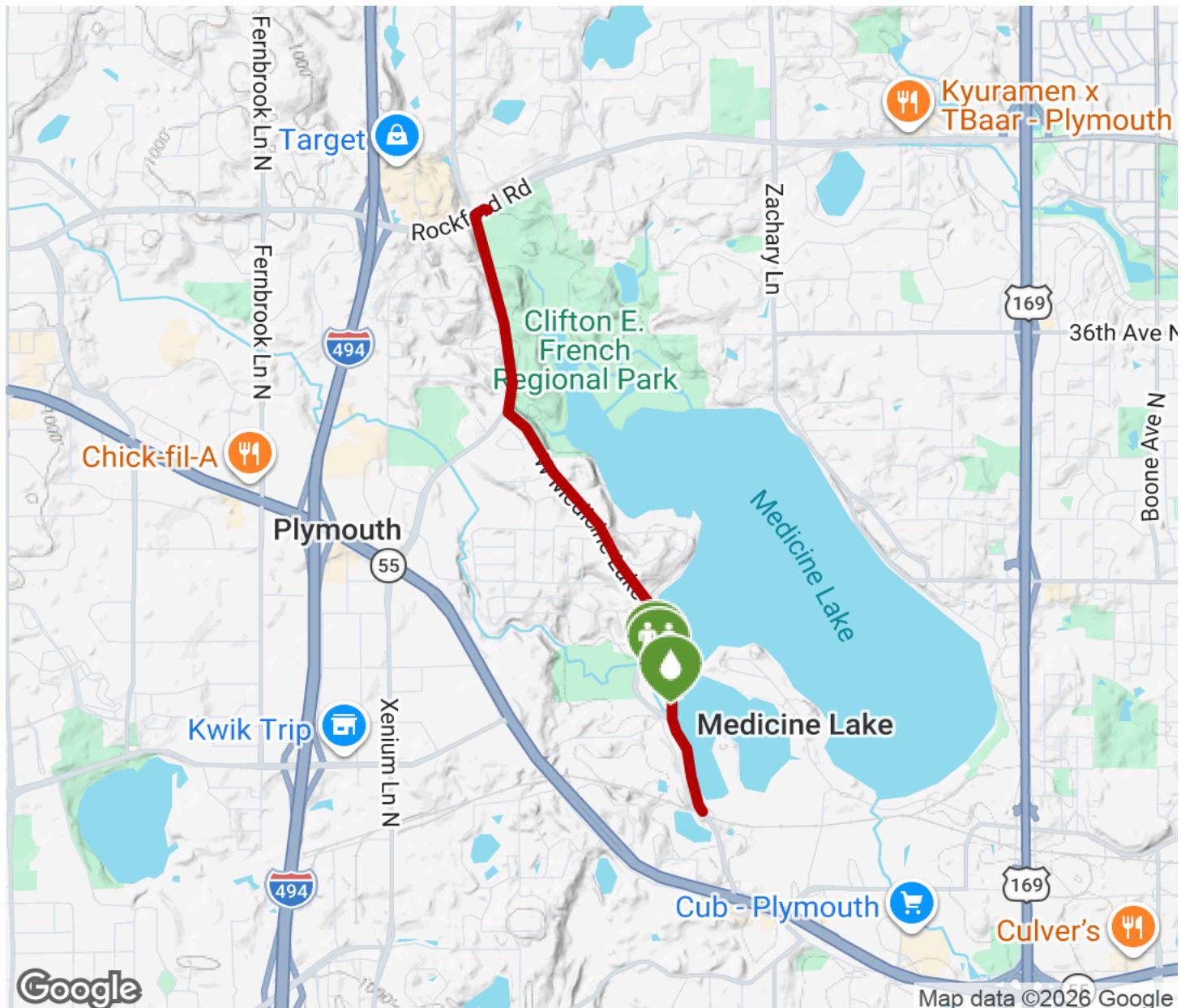
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West Medicine Lake Trail

Minnesota



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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