



2026

TrailLink Unlimited 

Guides



**Middletown
Westlake Area
Bikeway**
Connecticut



Middletown Westlake Area Bikeway

Connecticut

Over 2 miles from start to finish, this U-shaped trail meets both the commuting and the recreational needs of local residents in



Over 2 miles from start to finish, this U-shaped trail meets both the commuting and the recreational needs of local residents in Middletown. The trail begins on Middle St, marked by a trailhead with a sign and a couple of benches. It then heads south to Smith Street, where it starts facing east, followed by a final northward leg on West Lake Drive. At about the halfway point of your journey (on Smith Street), you'll experience the trail slope upwards considerably up to Forest Glen Circle, followed by a steep descent to the end of the trail just short of West Lake's Drive intersection with Grandview Drive.



TrailLink
by Rails-to-Trails Conservancy

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Middletown Westlake Area Bikeway

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States: Connecticut

Counties: Middlesex

Length: 2.2miles

Trail end points: Middle St. at Bradley St. &
Aetna Dr. to West Lake Rd. near Grandview Dr.

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Walking, Wheelchair
Accessible

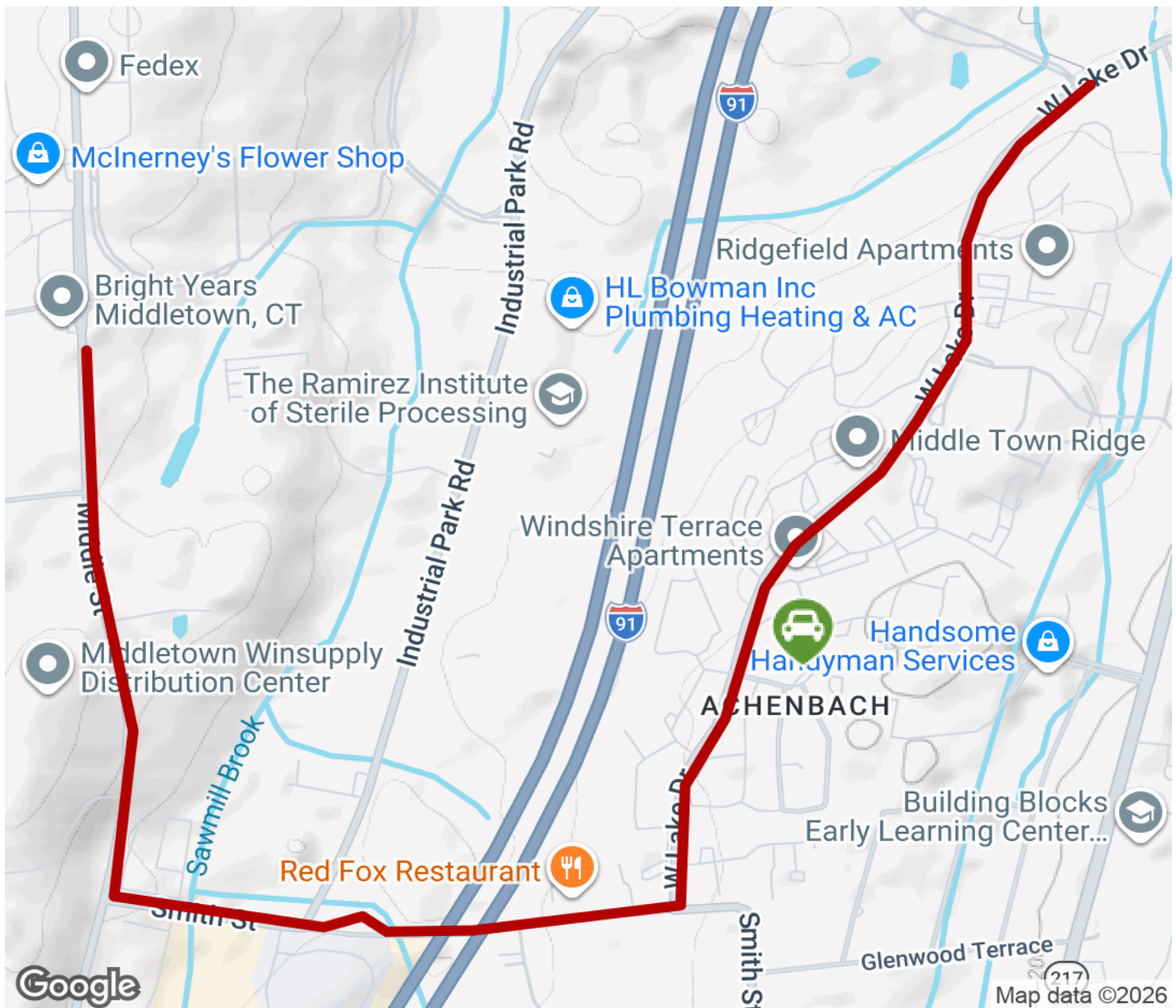
Parking & Trail Access

No designated parking.



Middletown Westlake Area Bikeway

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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