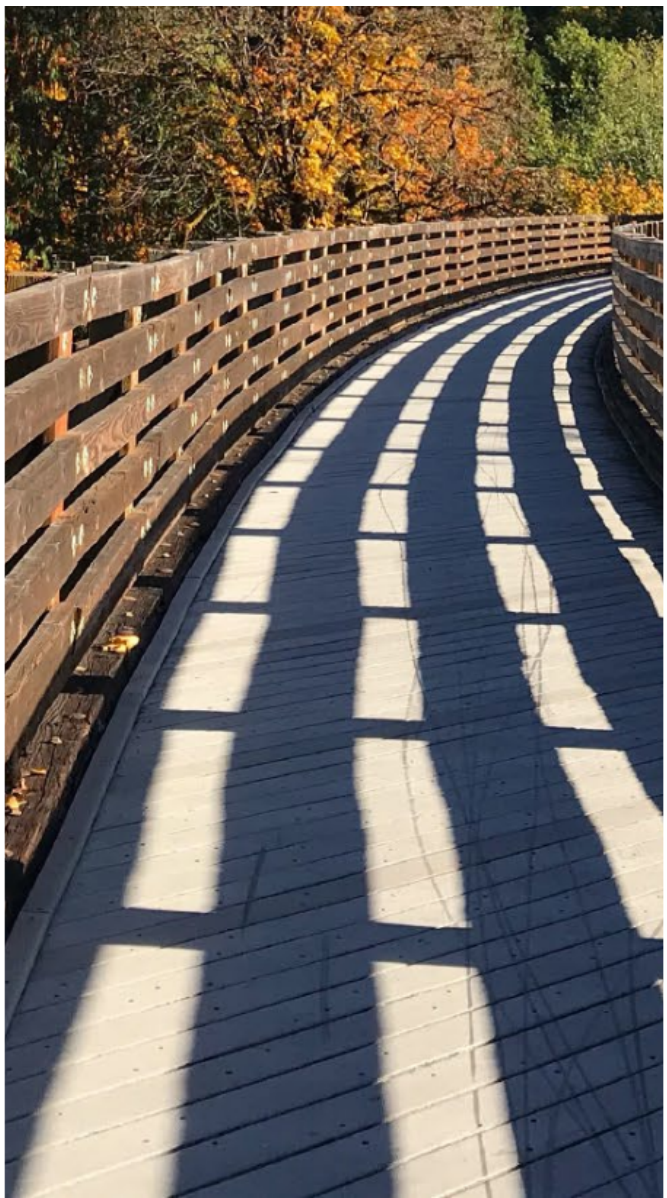
TrailLink
by Rails-to-Trails Conservancy

2026

TrailLink Unlimited

Guides



# Spirit Trail

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The Spirit Trail stretches 11 miles between the cities of Warrensburg and Knob Noster. Paralleling State Highway DD, the trail passes through Knob Noster State Park and offers a spur to the Whiteman Air Force Base through the Royal Oaks Golf Course.

The trail is 10-feet wide and open to users of all ages and abilities. The trail surface is 95% paved. In the state park, a short section of the trail has a gravel surface with steeper grades and switchbacks.

The Spirit Trail provides opportunities for recreation and alternative transportation in Johnson County, Missouri. The trail is an initiative of the Spirit Trail Coalition (previously known as the Johnson County Trail Coalition).

# Spirit Trail

*Missouri*

**States:** Missouri
**Counties:** Johnson
Length: 11miles
**Trail end points:** Hale Lake Road east of SR 13 (Warrensburg) to Knob Noster State Trail main gate (Knob Noster)
**Trail surfaces:** Asphalt,Concrete,Crushed Stone,Gravel
**Trail category:** Rail-Trail
**Trail activities:** Bike,Inline Skating,Walking,Wheelchair Accessible

## Parking & Trail Access

Parking is available in Knob Noster State Park at Clearfork Lake, WPA Day Use Area, McAdoo Trailhead and at the Royals Oaks Golf Course.

Limited trail parking is also available at the UCM South Sports Complex facilities located on DD highway in Warrensburg, compliments of the University of Central Missouri. Please note that parking may not be available during UCM scheduled events.

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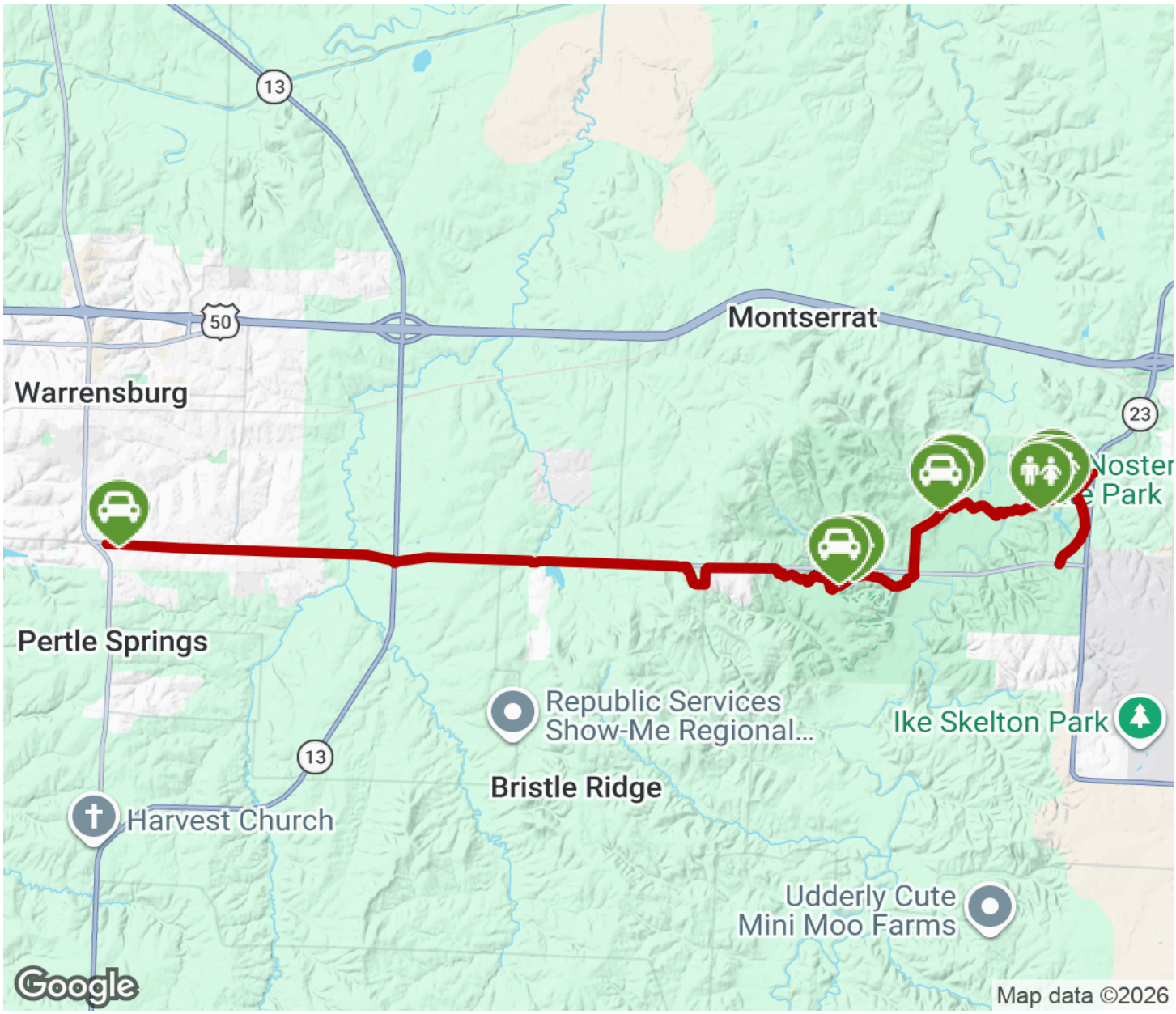


Trailhead Restroom Parking Water Fountain Tunnel

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TrailLink.com