



2026

TrailLink Unlimited



Guides



**Standing Bear  
Lake and  
Recreation  
Area Trail**  
*Nebraska*



# Standing Bear Lake and Recreation Area Trail

Nebraska

*Extending north from the 144th Street Trail, the Standing Bear Lake and Recreation Area Trail spans over four miles around Standing*



Park.

Whether you're out for a family picnic, looking to retreat into nature, or just trying to get in some outdoor exercise, the Standing Bear Lake and Recreation Area Trail is a great option for those in the Omaha area.

Extending north from the [144th Street Trail](#), the Standing Bear Lake and Recreation Area Trail spans over four miles around Standing Bear Lake and the surrounding neighborhoods and parkland. A popular path for cyclists and runners, the concrete trail runs on mostly flat, shaded ground in this scenic corner of northwest Omaha.

The lake, which was built for flood control purposes and is now used as a fishing and boating site, is named for Standing Bear, a chief of the Ponca tribe who fought successfully to have Native Americans recognized as having civil rights under the law. Situated among quiet residential neighborhoods, the lake and park offer a tranquil recreation experience, with the trail taking users around nearly the entire perimeter of the water before leading off to the west, coming to an end in Saddlebrook



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**States:** Nebraska

**Counties:** Douglas

Length: 4.4 miles

**Trail end points:** 144th St. (144th Street Trail)  
to Nebraska Ave.

**Trail surfaces:** Concrete

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike, Fishing, Inline  
Skating, Walking

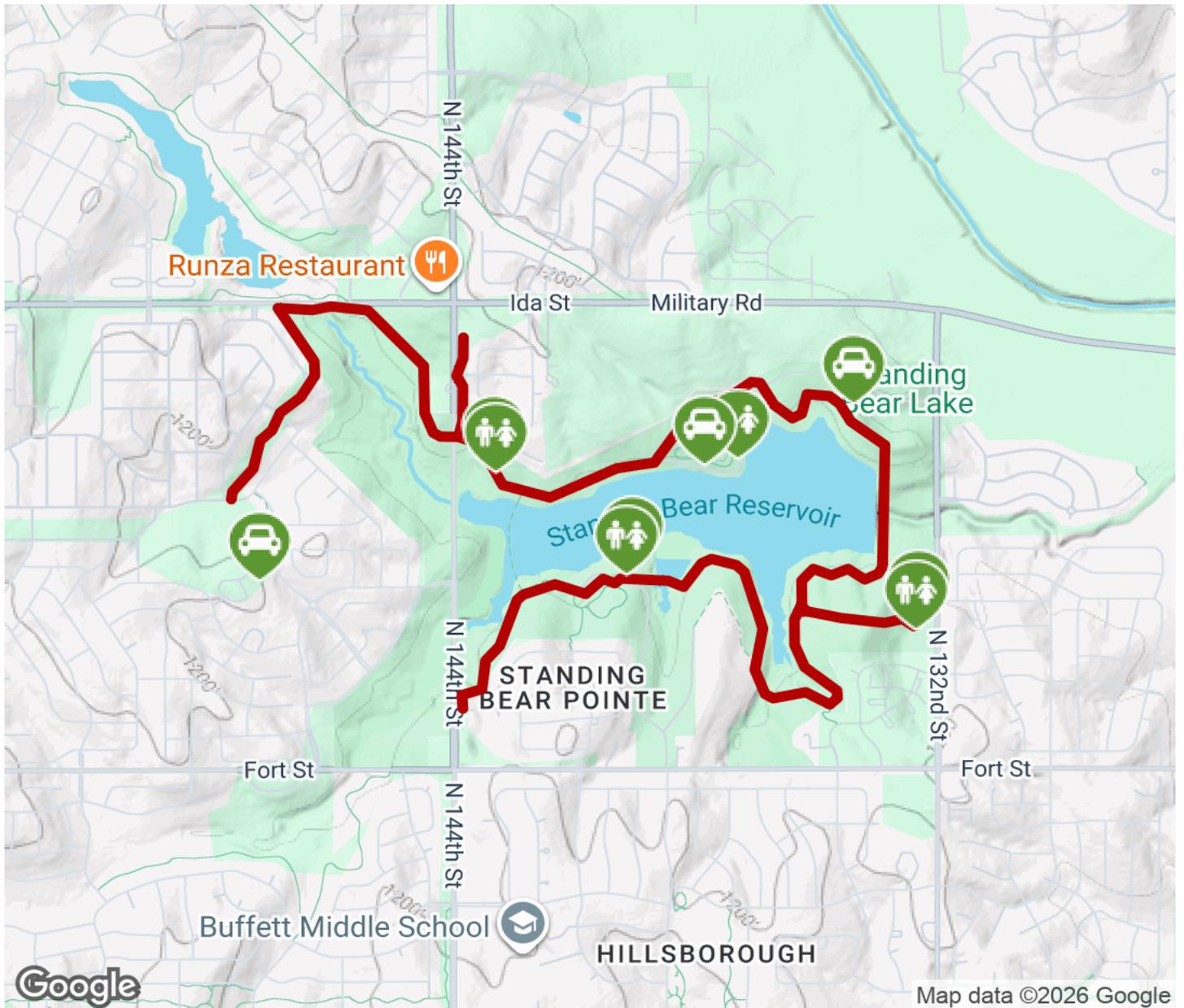
## Parking & Trail Access

Parking is available at the western end of the trail at the public library and community center just south of the end of the trail in Saddlebrook Park, located at 14850 Laurel Avenue in Omaha. Additional parking is available along the trail at several lots around the lake. Be sure to check the city of Omaha's official trail site for construction/closure notices before hitting the trail.



# Standing Bear Lake and Recreation Area Trail

Nebraska



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

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