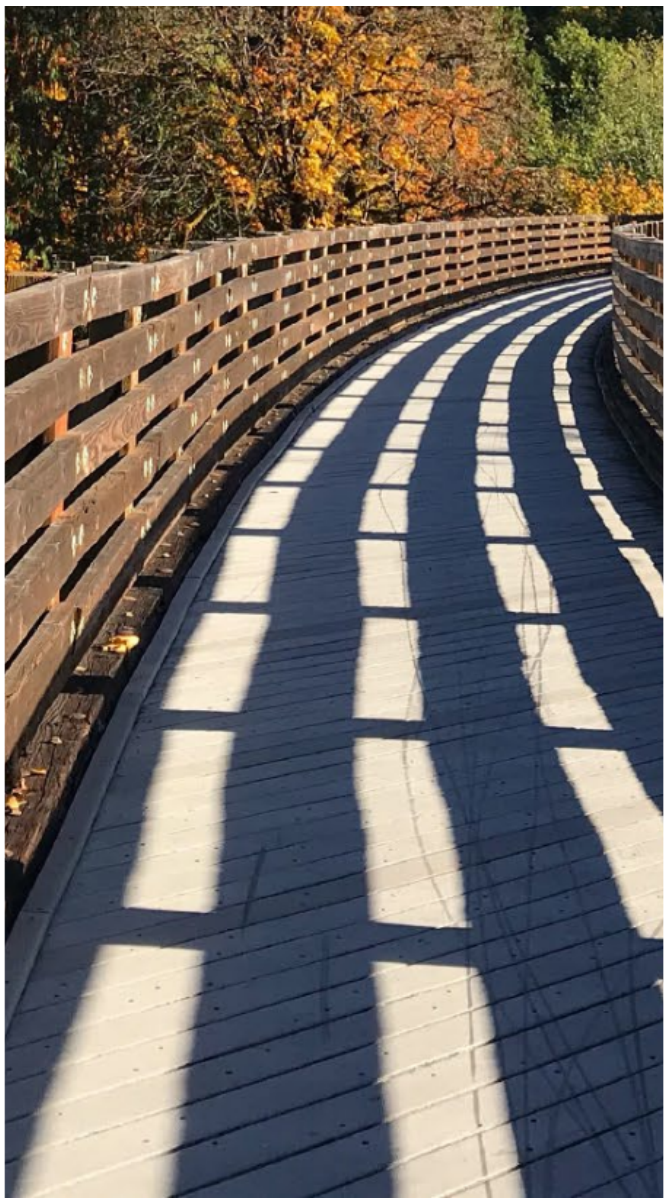
TrailLink
by Rails-to-Trails Conservancy

2025

TrailLink Unlimited

Guides



Mill Creek Fitness Trail

Iowa

Mill Creek Fitness Trail

Iowa

**Please note: Flooding in September 2018 resulted in damage to the section of trail that crosses Mill Creek. Please check with local*

Please note: Flooding in September 2018 resulted in damage to the section of trail that crosses Mill Creek. Please check with local officials for current trail conditions

Linking the small, rural community of Paullina with Mill Creek Park, a lovely recreation site and campground located on the outskirts of the city, the Mill Creek Fitness Trail provides a convenient means for residents to get to and from the park, as well as a way to get some outdoor exercise. The trail begins in Paullina at Maple Street, coursing east through the fields that surround the community. Crossing over Mill Creek and under the nearby roadway, the trail arrives at Mill Creek Park - the park gives trail users the opportunity for some fishing, swimming, bird-watching, and any number of recreational activities.

While it may not have the length or historical significance to draw visitors from afar, for the local community, the Mill Creek Fitness Trail is a fantastic asset that provides exercise and transportation right in the heart of town.

Mill Creek Fitness Trail

Iowa

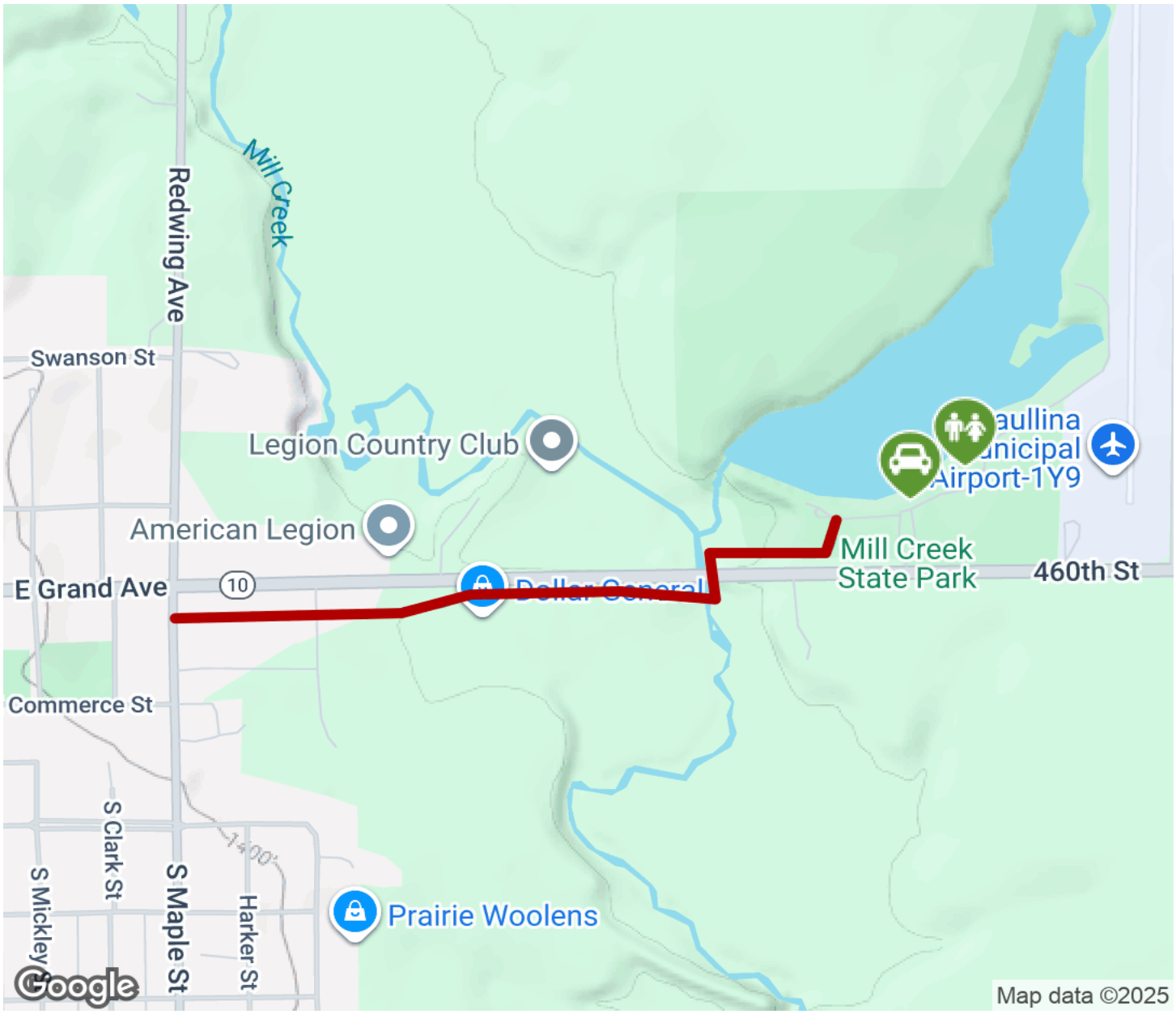
States: Iowa
Counties: O'Brien
Length: 0.8miles
Trail end points: Maple St. to Mill Creek Park
Trail surfaces: Concrete
Trail category: Greenway/Non-RT
Trail activities: Bike,Fishing,Inline Skating,Walking

Parking & Trail Access

Parking and restrooms are available in Mill Creek Park, located just north from 460th Street/County Route 10, east of Paullina.

Mill Creek Fitness Trail

Iowa



Trailhead Restroom Parking Water Fountain Tunnel

TrailLink
by Rails-to-Trails Conservancy

TrailLink.com