



2026

TrailLink Unlimited 

Guides   



**Heavin
Resaca Trail
Texas**



Heavin Resaca Trail

Texas

A resaca is a type of channel that through flooding and sediment deposits, was cut off from the Rio Grande. These channels are



A resaca is a type of channel that through flooding and sediment deposits, was cut off from the Rio Grande. These channels are unique to the southern part of Cameron County, and are recognized for both water management and recreation value.

In San Benito, an asphalt trail sits on both sides of the landscaped green verge of a section of the Resaca de los Fresnos. The park space is populated with amenities including fitness stations, picnic tables and shelters, swing sets, outdoor grills, basketball courts and more. It serves as the site of many local events from races to music festivals.

The Heavin Resaca Trail is also part of the [Caracara Trails](#) network in Lower Rio Grande Valley.



Heavin Resaca Trail

Texas

States: Texas

Counties: Cameron

Length: 2.6miles

Trail end points: US Bus. 77 to Expy 83

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

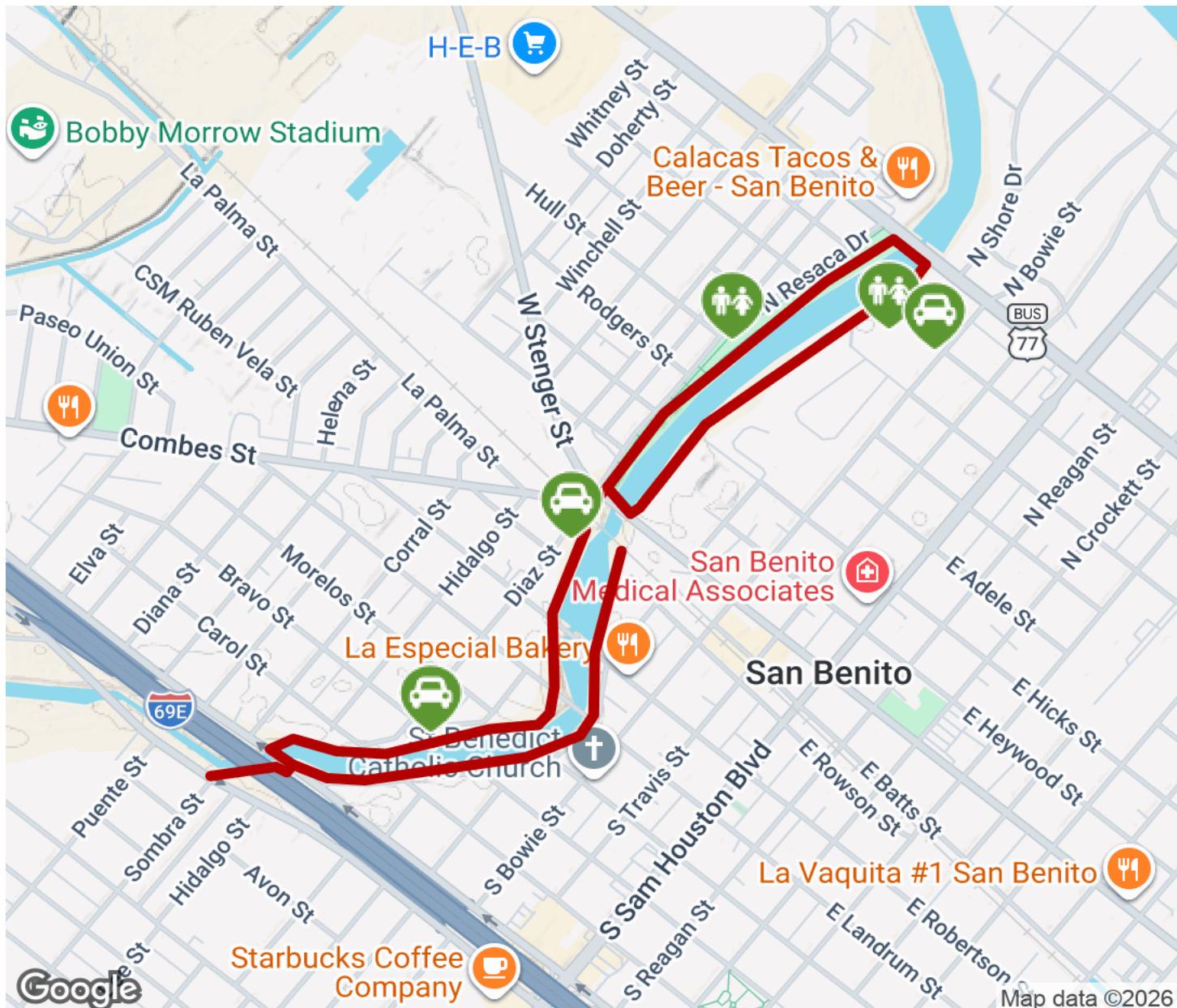
Parking & Trail Access

There's parking on Diaz Street at the Combes Street intersection.



Heavin Resaca Trail

Texas



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)