



2026

TrailLink Unlimited 

Guides   



**Mayowood  
Bike Path**  
*Minnesota*



## Mayowood Bike Path

Minnesota

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A neighborhood offshoot of the longer [Zumbro South Trail](#), the Mayowood Bike Path is an asphalt sidepath trail that parallels Mayowood Road in southern Rochester. The trail is relatively flat, running along the edge of suburban neighborhoods, with wooded expanses to the south providing some pleasant natural scenery. Cyclists and pedestrians can enjoy a quick stroll or ride along the trail, or use it as a connection to the local elementary school or the John Withers Sports Complex, which lies at the eastern end where the trail meets up with the Zumbro South Trail.



# Mayowood Bike Path

Minnesota

**States:** Minnesota

**Counties:** Olmsted

Length: 0.7miles

**Trail end points:** John Withers Sport Complex  
to Stonegate Ct. SW

**Trail surfaces:** Asphalt

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike,Inline  
Skating,Walking,Wheelchair Accessible

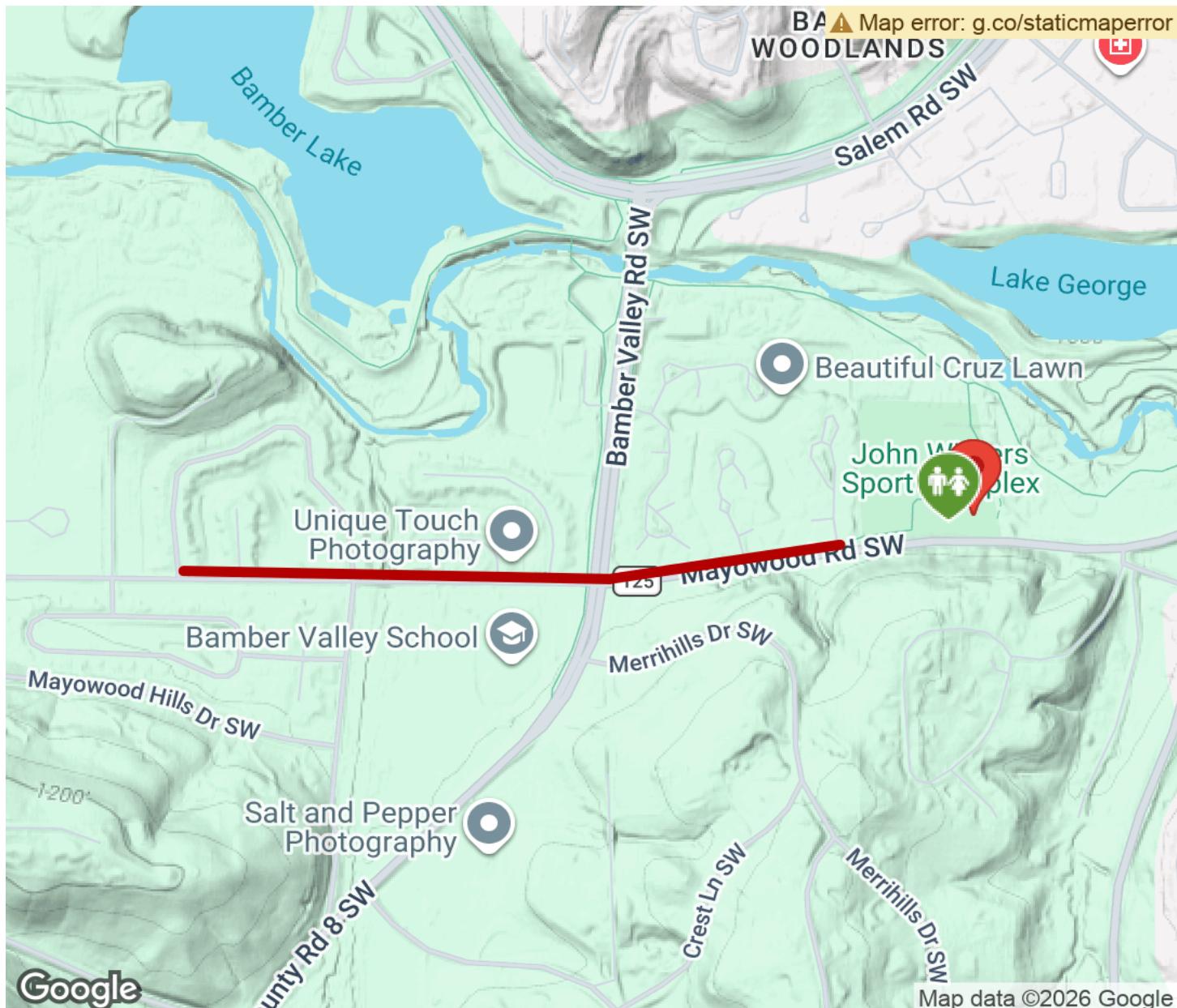
## Parking & Trail Access

Parking is available at the John Withers Sports Complex, located on Mayowood Road SW just east of Tiffany Cove SW.



# Mayowood Bike Path

Minnesota



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

[TrailLink.com](https://TrailLink.com)