



2026

TrailLink Unlimited



Guides



# The Gardens Trail

*Minnesota*



## The Gardens Trail

Minnesota

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Forming a circuit around a suburban development in southern Rochester, The Gardens Trail offers a dose of natural beauty and recreation just off of the busy nearby highway. The trail branches off from the [St. Bridgets Bike Path](#) along the road of the same name, and runs behind the community of townhouses along a tree-lined corridor that borders vast farmfields at the edge of the development. Even in such an auto-centric part of Rochester, The Gardens Trail helps to ensure that residents are able to get in some nice outdoor recreation and exercise.



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**States:** Minnesota

**Counties:** Olmsted

Length: 1.1miles

**Trail end points:** St. Bridgets Rd. SE to 45th St.  
SE

**Trail surfaces:** Asphalt

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike,Inline Skating,Walking

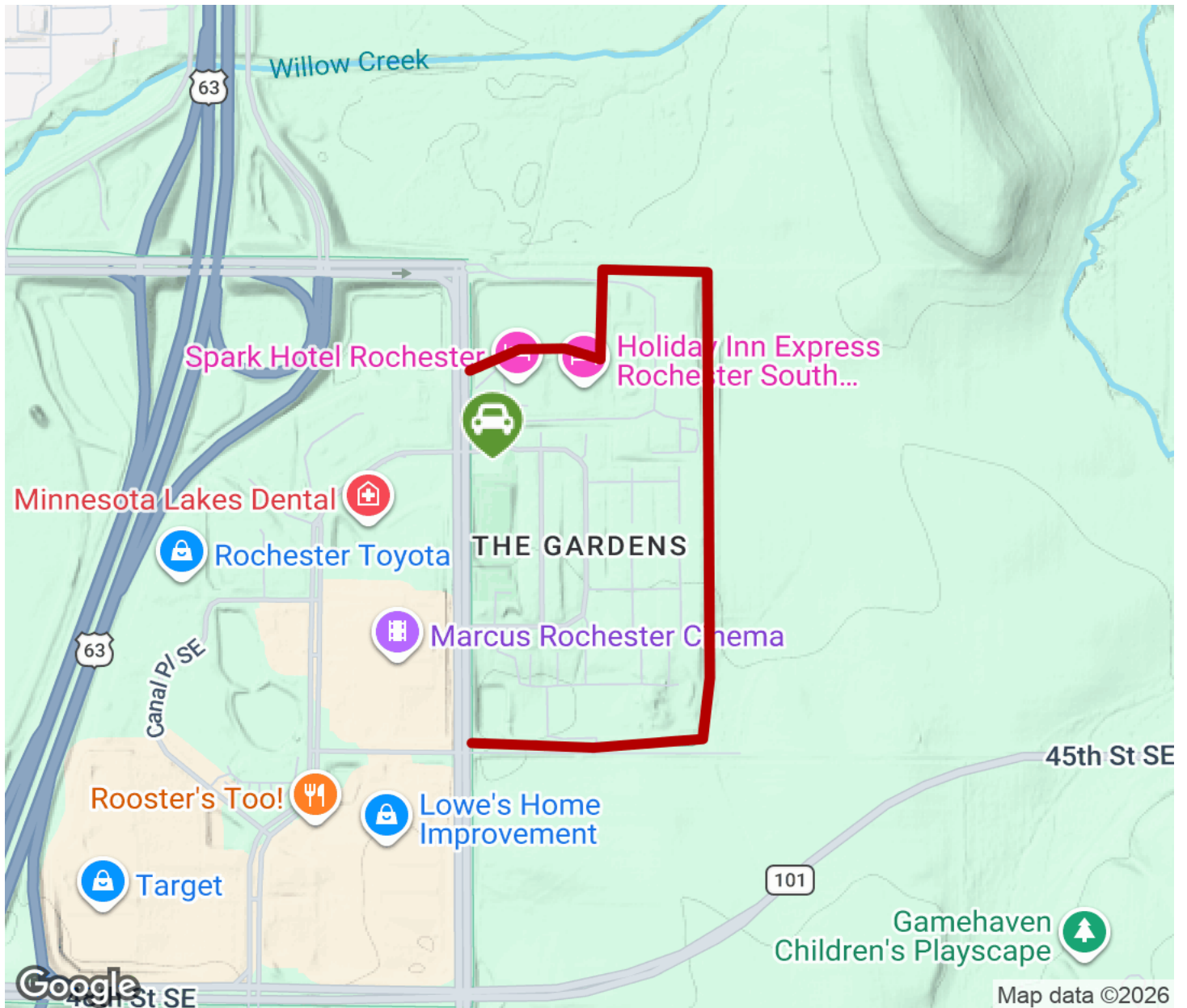
## Parking & Trail Access

Parking is available nearby at The Gardens Park, located at 4329 Garden Court SE.



# The Gardens Trail

Minnesota



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

**TrailLink.com**