



2026

TrailLink Unlimited 

Guides   



**Swift Creek
Greenway**
North Carolina



Swift Creek Greenway

North Carolina

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At first glance, Swift Creek Greenway fits neatly into the mold of Cary's impressive network of pathways - it's a paved, bike-ped facility along a watercourse, which connects people to parks and out into nature. The 10-ft wide trail stretches between Kildaire Farm Road and Regency Parkway and takes a shaded, scenic route along Swift Creek. It is sandwiched between the Hemlock Bluffs Nature Preserve and Ritter Park. At its west end, the trail provides a connection to the [Symphony Lake Greenway](#), another path circumscribing the lake of the same name.

But this unassuming trail is also a pioneer: it is the nation's first trail to be built entirely of recycled products. The trail surface is recycled asphalt but it doesn't stop there. All other amenities including stormwater pipes, signage, benches and more were built with recycled materials. No



Swift Creek Greenway

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States: North Carolina

Counties: Wake

Length: 1.2miles

Trail end points: Kildaire Farm Road to Regency Parkway

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike,Inline

Skating,Walking,Wheelchair Accessible

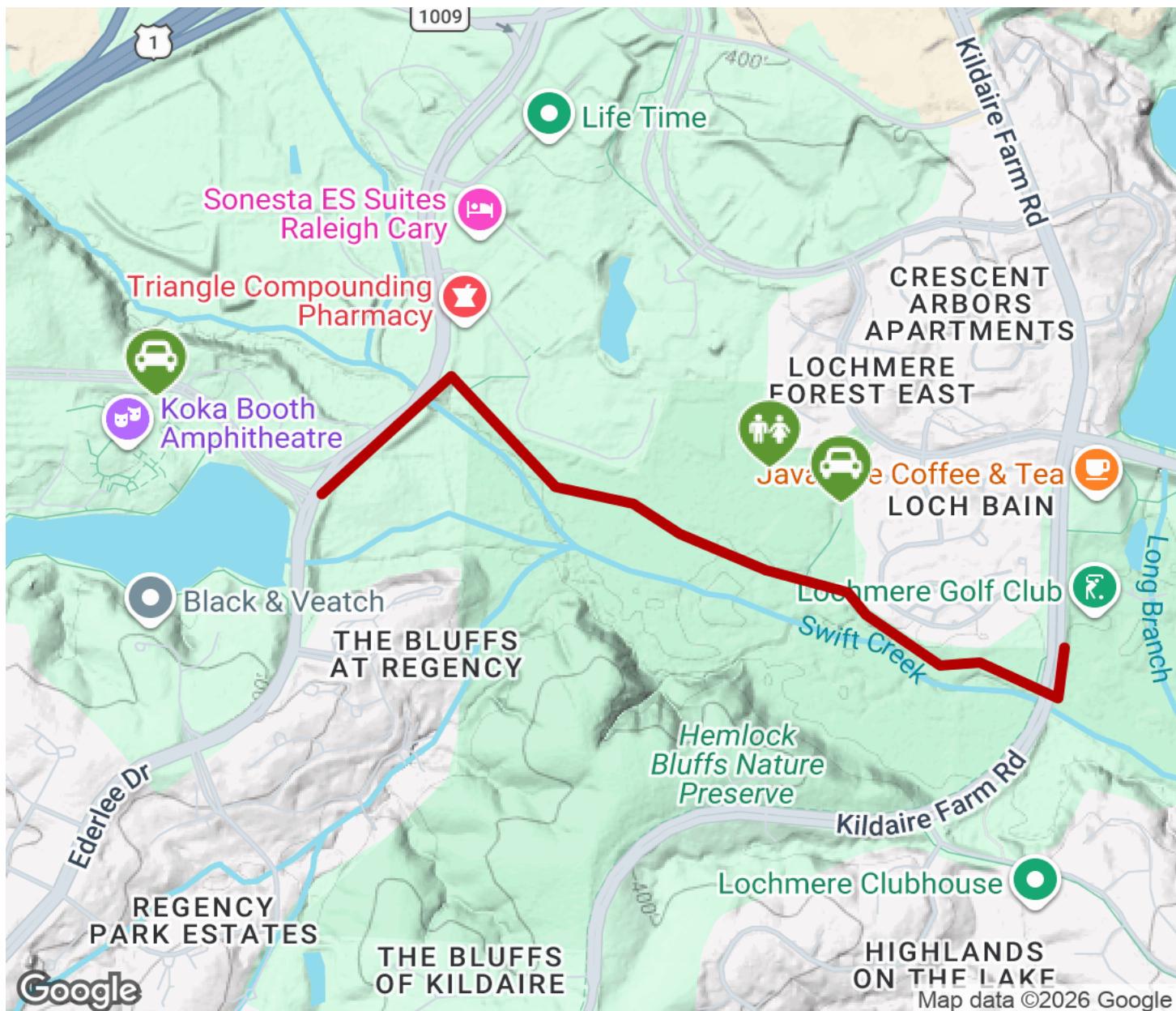
Parking & Trail Access

Parking is available at Harold D. Ritter Park (301 W Lochmere Dr, Cary). A spur connects to the main spine of the trail. Another option is to park at the parking area for the Koka Booth Amphitheater (8003 Regency Pkwy, Cary) and use the Symphony Lake Trail to connect to this one.



Swift Creek Greenway

North Carolina



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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