



2026

TrailLink Unlimited 

Guides



**Orlando  
Southeast  
Trail**  
*Florida*



## Orlando Southeast Trail

Florida

*The Orlando Southeast Trail is a collection of multiuse pathways crisscrossing Lake Nona, a master-planned community southeast*



and features parking as well as restrooms, pavilions, playgrounds, and multipurpose fields that can be used day and night. The park sits across from the Veterans Affairs Hospital, part of Medical City.

North of Lake Nona Boulevard is mainly residential with some commercial uses. Points of interest include McCoy Community Park and Lake Nona YMCA in the Waters Edge neighborhood; East Lake Park and Randall Park communities. Across Narcoossee Road, on its east side, the trail follows Moss Park Road, ending about a mile short of Moss Park itself. Work on this connection is on-going.

The Orlando Southeast Trail is a collection of multiuse pathways crisscrossing Lake Nona, a master-planned community southeast of the City of Orlando. Narcoossee Road, running north-south, serves as the spine for the trails system, although it only features about 1.6 miles of off-street pathway in its own right-of-way (running from Lake Nona Boulevard to the Waters Edge neighborhood). The other trails stretch east-west, generally paralleling the streets. Bike share stations are sited strategically along the trails.

The trails on the west side of Narcoossee Road and south of Lake Nona Boulevard provide access to Lake Nona Medical City, a cluster of hospitals, universities and medical institutions. There are also nearby residential communities. Heroes Community Park acts as a trailhead,



# Orlando Southeast Trail

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**States:** Florida

**Counties:** Orange

Length: 13miles

**Trail end points:** Wyndham Lakes Blvd to De  
Haven Street

**Trail surfaces:** Asphalt, Concrete

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike, Walking, Wheelchair  
Accessible

## Parking & Trail Access

Heroes Community Park is located at 14086 Centerline Dr,  
Orlando, FL 32827.



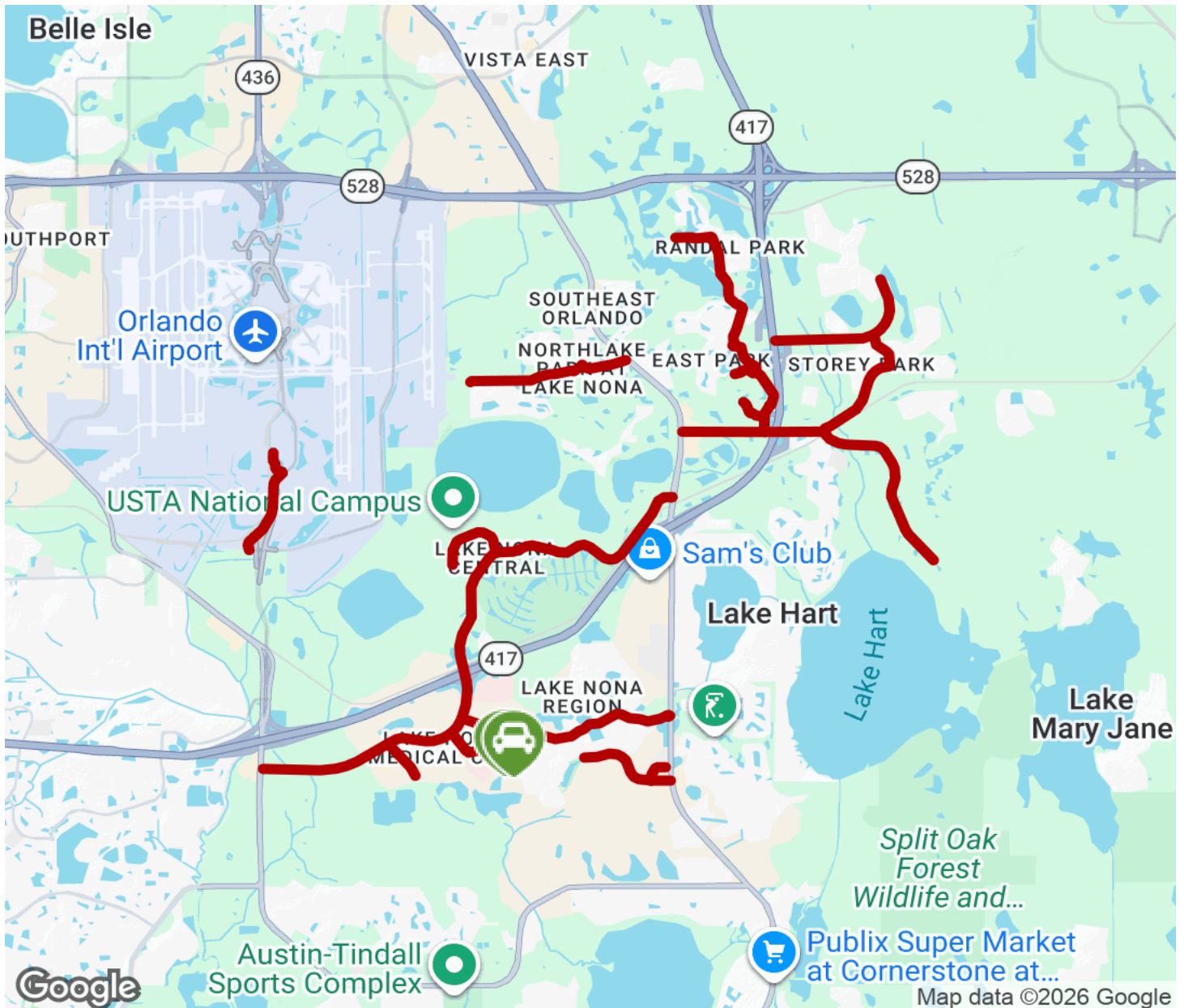
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# Orlando Southeast Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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