



2026

TrailLink Unlimited 

Guides



**Capital City
Trail**
Delaware



Capital City Trail

Delaware

The Capital City Trail forms an important leg in the evolving Saint Jones River Greenway trail system in the Dover area, creating a



Highway 13. This last stretch of trail is not exactly scenic, but it does offer a connection at the end to the Isaac Branch Greenway Trail, which follows a more wooded path closer to the river for part of its route.

The Capital City Trail provides a little something for everyone, whether you're a visitor looking to stroll through some of Dover's parks and historic sites on a nice summer day, or a resident looking for a convenient commuter path.

The Capital City Trail forms an important leg in the evolving Saint Jones River Greenway trail system in the Dover area, creating a link between the three-mile [Isaac Branch Greenway Trail](#) and the city's lovely Silver Lake Park, home to its own short [trail](#). The trail runs through a portion of the heart of Dover, starting in the north at the park entrance and running south, sandwiched between Park Drive and the St. Jones River.

The concrete path shifts to brick as it crosses over the river and runs along the edge of the historic state capitol campus, which hosts the First State Heritage Park visitor center for out-of-towners looking to learn more about Delaware's rich history. Heading east from the capitol building, the trail switches back to concrete and then to asphalt as it turns south to follow the western side of



Capital City Trail

Delaware

States: Delaware

Counties: Kent

Length: 1.5miles

Trail end points: River Rd & Highway 13 to Park Dr (Silver Lake Park Trail)

Trail surfaces: Asphalt, Brick, Concrete

Trail category: Greenway/Non-RT

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

Parking & Trail Access

Parking is available in Silver Lake Park, on Lewis Mill Drive off of Kings Highway NE. Free parking is also available at the First State Heritage Park center, located at 121 M.L.K. Jr Boulevard. Dover's DART buses also have several stops along the trail route; consult their site for exact routes and schedules.



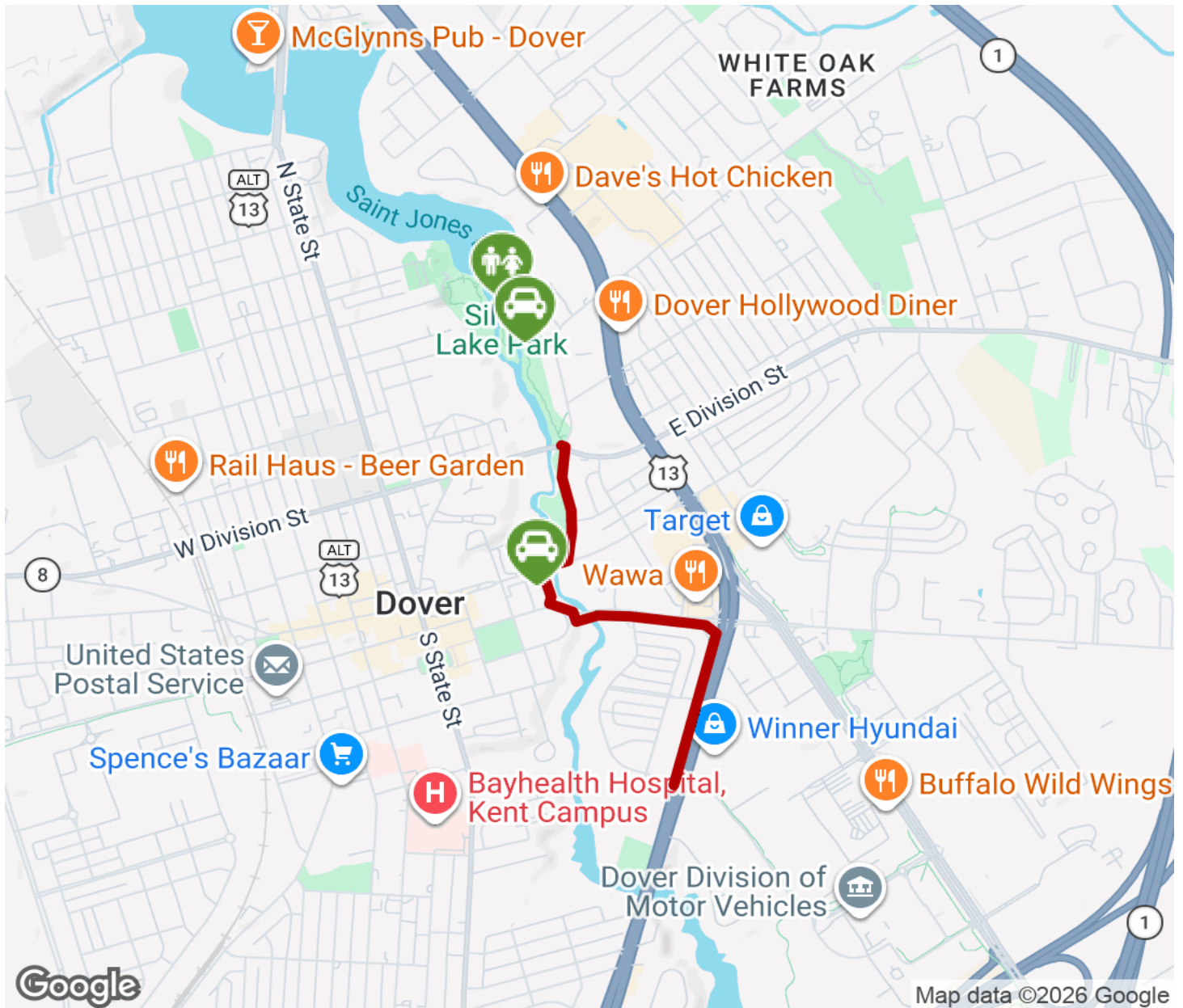
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Capital City Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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