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Lifecore Trail *Virginia*



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Fishersville is a small community located between Staunton and Waynesboro in Augusta County. This pedestrian and cycling path was added as part of Fishersville's road improvements and useful for both recreation and commuting within the community. The paved, 8-10 foot trail begins at the Woodrow Wilson Workforce and Rehabilitation Center and heads south adjacent to Wilson Avenue, past Wilson Elementary. It continues along Lifecore Drive where users can access the Augusta Health medical complex, before meeting Tinkling Spring Road. The trail continues along the latter road, passing over Interstate-64 before ending a little past the Expo Road intersection.

The Lifecore Trail connects to the Supporting Therapeutic Access to Recreation Trail, or STAR Trail at



the Woodrow Wilson Rehabilitation Center. This wheelchairaccessible crushed stone trail travels half-a-mile through white pine forest and around a lake. There are benches and a picnic shelter along the trail. Bicycles are prohibited on the STAR Trail but it is open to pedestrians, including those with motorized or non-motorized wheelchairs.

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Parking & Trail Access

States: Virginia Counties: Augusta Length: 3.3miles Trail end points: Expo Road and Tinkling Spring Road to Wilson Complex Trail surfaces: Asphalt,Concrete Trail category: Greenway/Non-RT Trail activities: Bike,Wheelchair Accessible,Mountain Biking,Walking



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