



2026

TrailLink Unlimited 

Guides



Medfield Rail Trail

Massachusetts



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Built along the former Bay Colony Railroad line, the Medfield Rail Trail stretches between Ice House Road in the Town of Medfield to the town's border with Dover. Running primarily through woods, the 1.3-mile trail crosses the North Brook and is open for walking, running, biking, horseback riding, and cross-country skiing. Generally 10-feet-wide, the trail is flat and smooth with a surface of reclaimed asphalt topped by a layer of stone dust. Dogs on leashes are welcome.

The trail is part of a trail system called the Bay Colony Rail Trail. The [Needham Rail Trail](#) and the [Upper Falls Greenway](#) are also part of the Bay Colony Rail Trail.



TrailLink
by Rails-to-Trails Conservancy

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Medfield Rail Trail

Massachusetts

States: Massachusetts

Counties: Norfolk

Length: 1.3miles

Trail end points: Ice House Road to Dover town line

Trail surfaces: Asphalt,Crushed Stone

Trail category: Rail-Trail

Trail activities: Bike,Horseback Riding,Inline Skating,Walking,Wheelchair Accessible,Cross Country Skiing

Parking & Trail Access

Parking is available in a dirt lot across from the western entrance of the trail on Ice House Road, and along Farm Street near the eastern end of the trail.



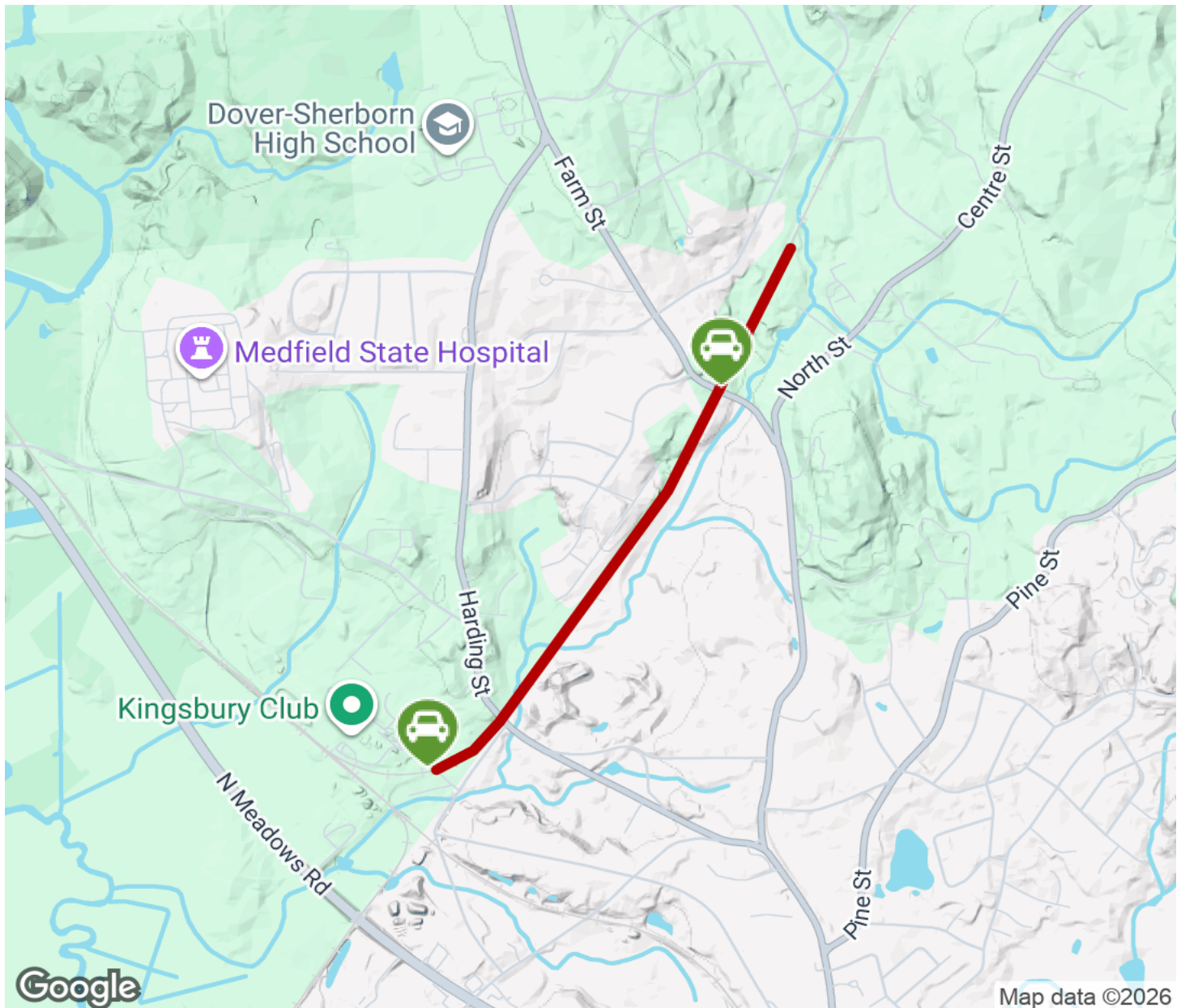
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Medfield Rail Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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