



2026

TrailLink Unlimited 

Guides



**South
Portland
Greenbelt
Walkway**
Maine



South Portland Greenbelt Walkway

Maine

Meandering through South Portland, the Greenbelt Walkway connects the neighborhoods south of the Fore River. The paved,



continues northeast to the historic Bug Light Park, where Liberty Ships were built during World War II. Cushing's Point Museum, run by South Portland Historical Society, is near the south side of the park.

The trail ends by the Portland Breakwater Lighthouse at the northern tip of Bug Light Park. The park is a popular spot for picnicking, boating, kite flying, or saltwater fishing. Enjoy the stunning views of the Portland Harbor and the city's skyline.

The Greenbelt Walkway is the northern-most section of the [Eastern Trail](#), which connects the historic towns along Maine's southern coast from the woods near Kennebunk to South Portland's harbor lighthouse. The Eastern Trail itself is included in the East Coast Greenway, a 3000-mile-long trail project running between Maine and Key West, Florida.

Meandering through South Portland, the Greenbelt Walkway connects the neighborhoods south of the Fore River. The paved, multiuse trail offers three distinct vistas of the Portland waterfront and wildlife-watching opportunities as it runs through fields, wetlands, marshes, and woods. The 5.6-mile trail provides an off-road connection between local residences, schools, businesses, restaurants, parks, museums, community services, and a variety of cultural and recreational attractions.

From its southwest endpoint by the Wainwright Athletic Complex near the Scarborough town line, the trail heads northeast through woods and fields. As the trail runs along Barberry Creek and towards the Fore River, it's surroundings transition to a mix of residential and commercial areas. Curving to parallel the river, the trail



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by Rails-to-Trails Conservancy

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South Portland Greenbelt Walkway

Maine

States: Maine

Counties: Cumberland

Length: 5.6miles

Trail end points: Bug Light Park to
Wainwright Athletic Complex (125 Gary L
Maietta Way)

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Walking, Wheelchair
Accessible

Parking & Trail Access

Bug Light Park, Mill Creek Park, and Wainwright Athletic Fields provide the primary access points for the trail.

The City of South Portland's bus system provides easy access to the trail. Visit South Portland's [City Bus Service homepage](#) for more information.

For those driving, there is a large parking lot at Bug Light Park with accessible spaces and on-street parking is available around Mill Creek Park (50 Hinckley Dr).



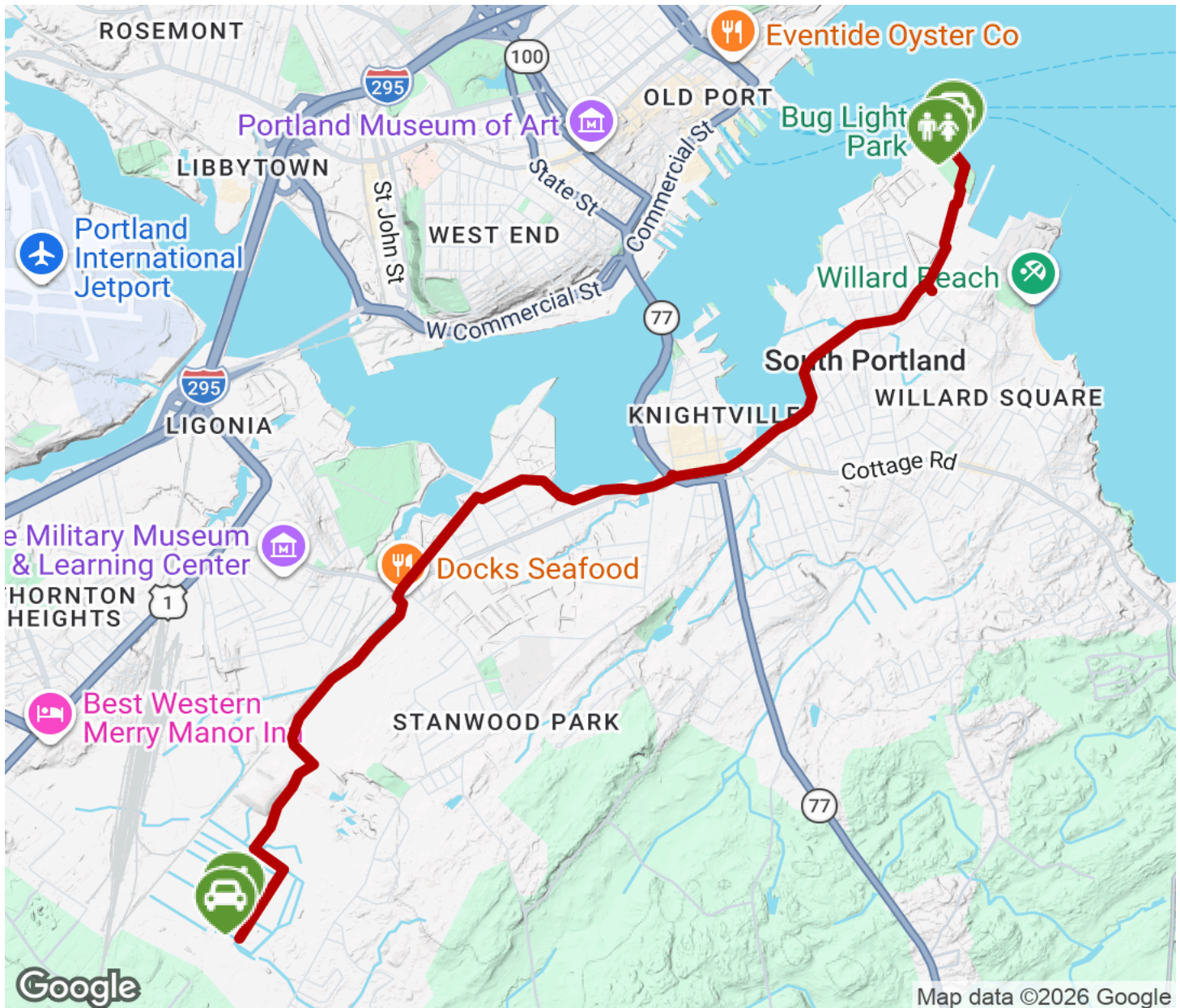
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South Portland Greenbelt Walkway

Maine



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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