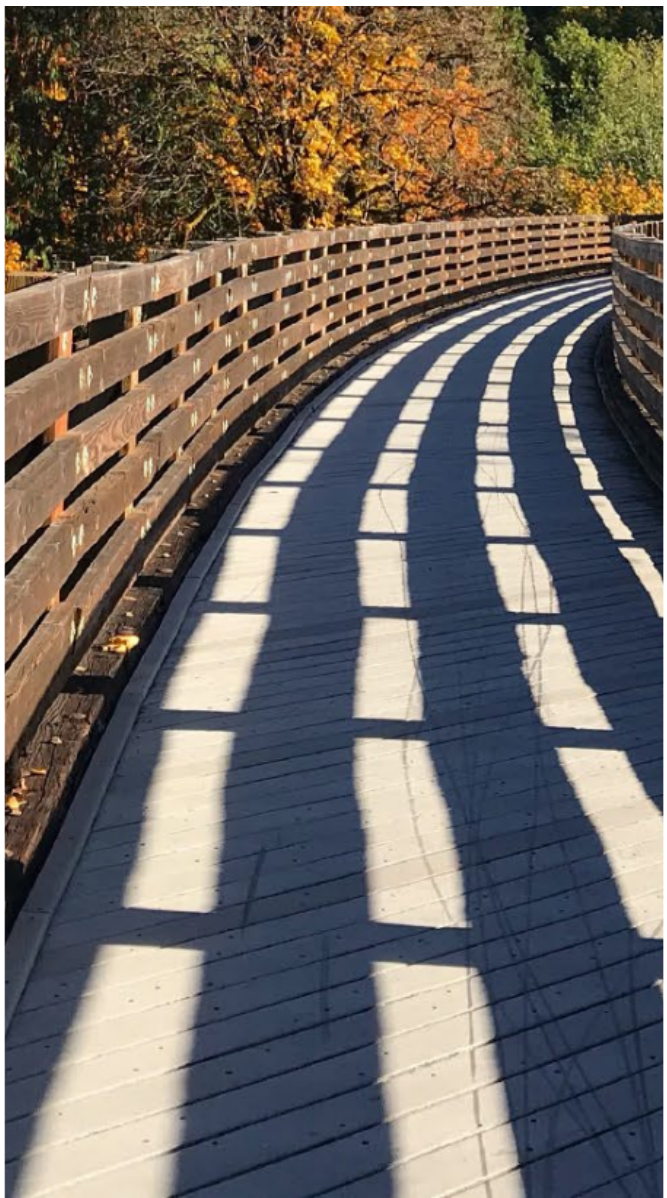
TrailLink
by Rails-to-Trails Conservancy

2025

TrailLink Unlimited

Guides



Jones Valley Trail

Alabama

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The Jones Valley Trail is a network of trails in Birmingham that are part of the Red Rock Trail System, a developing 750-mile network of multiuse trails in Jefferson County. The Red Rock Trail System connects important destinations throughout the region such as Red Mountain Park, which—at 1,500 acres—is one of the largest urban parks in the country.

The paved segments of the Jones Valley Trail include the Hugh Kaul Trail (1.9 mi), the Rotary Trail (0.4 mi), the Kiwanis Vulcan Trail (2.2 mi), the High Ore Line Trail (3.1 mi), and the Railroad Park Rail Trail (1.77 mi).

Jones Valley Trail

Alabama

States: Alabama
Counties: Jefferson
Length: 10miles
Trail end points: 2nd Ave South & 38th St (Birmingham) to 600 Doctor M.L.K. Jr. Dr (Midfield)
Trail surfaces: Asphalt,Concrete
Trail category: Rail-Trail
Trail activities: Bike,Wheelchair Accessible,Walking

Parking & Trail Access

Parking is available at a number of locations along the trail. Visit the TrailLink map for all options and detailed directions.

Birmingham's public transit system, BJCTA, provides convenient access to the trail. Visit the BJCTA website to plan your trip.

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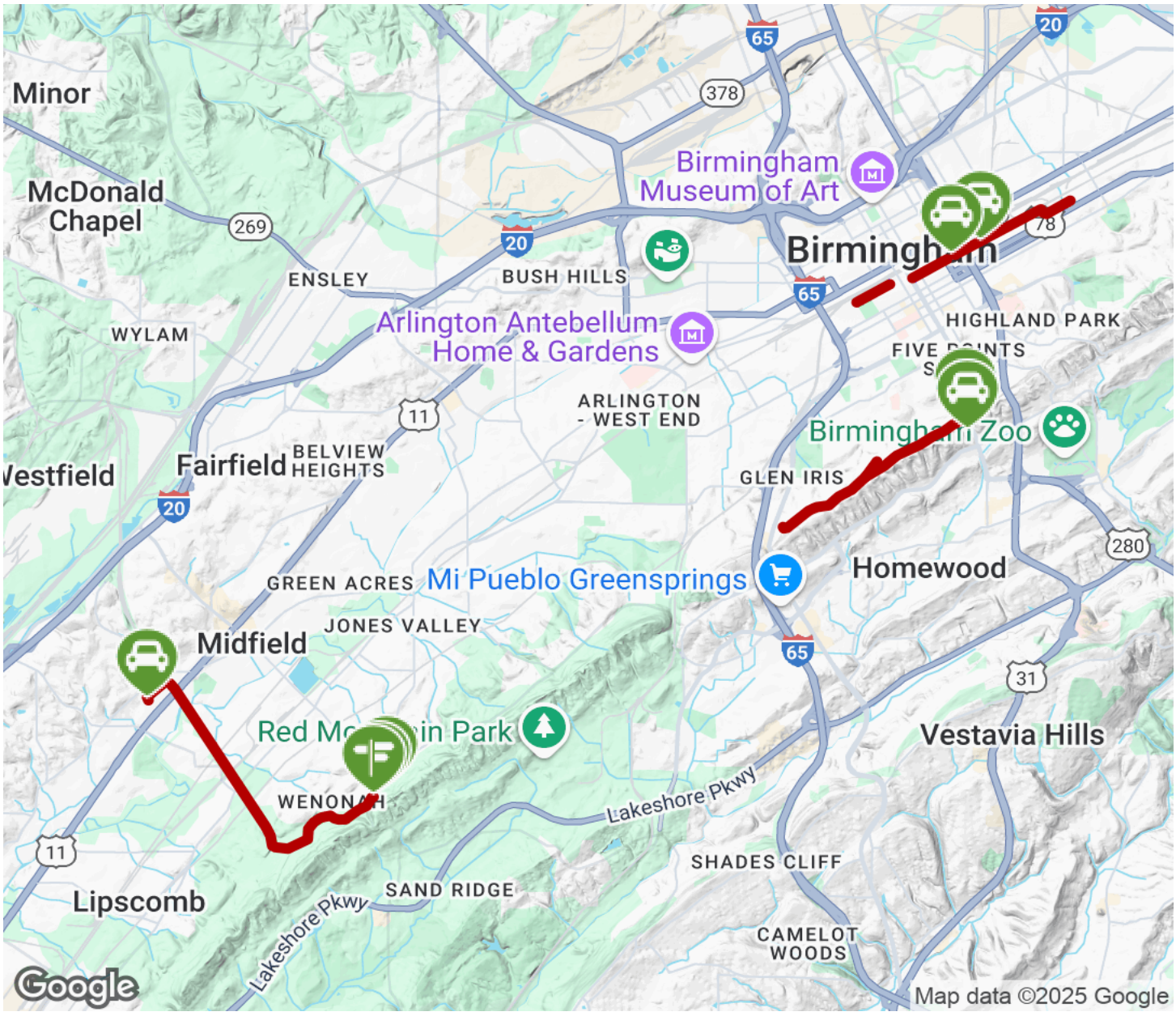

Trailhead Restroom Parking Water Fountain Tunnel

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TrailLink.com