



2026

TrailLink Unlimited 

Guides



**Jones Valley
Trail**
Alabama



Jones Valley Trail

Alabama

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The Jones Valley Trail is a network of trails in Birmingham that are part of the Red Rock Trail System, a developing 750-mile network of multiuse trails in Jefferson County. The Red Rock Trail System connects important destinations throughout the region such as Red Mountain Park, which—at 1,500 acres—is one of the largest urban parks in the country.

The paved segments of the Jones Valley Trail include the [Hugh Kaul Trail](#) (1.9 mi), the [Rotary Trail](#) (0.4 mi), the [Kiwanis Vulcan Trail](#) (2.2 mi), the [High Ore Line Trail](#) (3.1 mi), and the [Railroad Park Rail Trail](#) (1.77 mi).



Jones Valley Trail

Alabama

States: Alabama

Counties: Jefferson

Length: 10miles

Trail end points: 2nd Ave South & 38th St
(Birmingham) to 600 Doctor M.L.K. Jr. Dr
(Midfield)

Trail surfaces: Asphalt, Concrete

Trail category: Rail-Trail

Trail activities: Bike, Walking, Wheelchair
Accessible

Parking & Trail Access

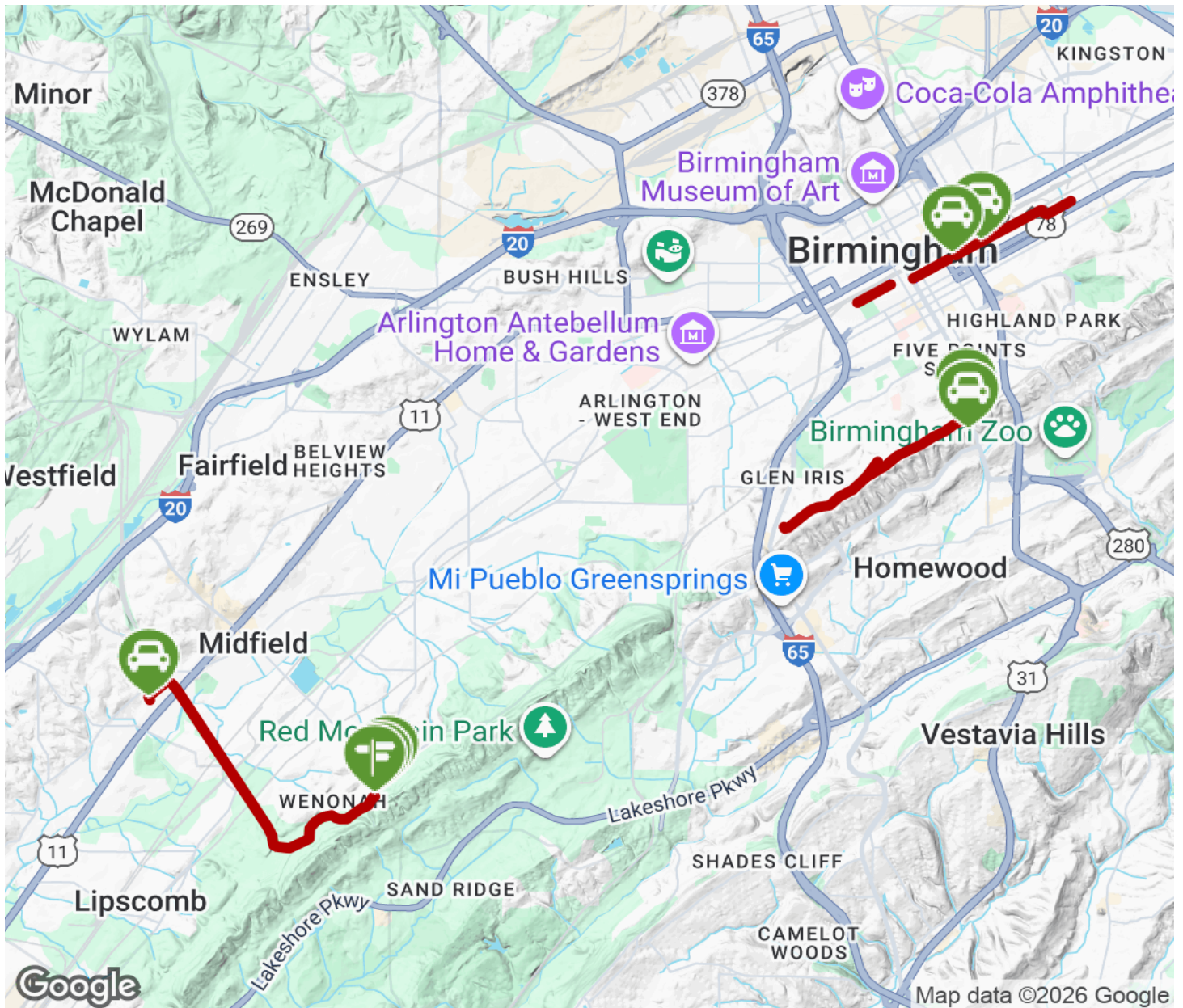
Parking is available at a number of locations along the trail. Visit the [TrailLink map](#) for all options and detailed directions.

Birmingham's public transit system, BJCTA, provides convenient access to the trail. Visit the [BJCTA website](#) to plan your trip.



Jones Valley Trail

Alabama



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com