



2026

TrailLink Unlimited



Guides



Lincoln Park West Nature Trail

New Jersey



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This restored wetlands trail meanders through Lincoln Park West on the shore of the Hackensack River. Split into east and west by the



a picturesque pedestrian bridge before meandering northwest towards the river with wetlands on side and a golf course on the other. At its northern end, the trail curves slightly inland as it passes the golf course and several Hudson County government buildings to end on Duncan Avenue.

Heading west from the West Park Drive parking lot, the trail runs along the north side of Jaroschak Field towards the river and forms a small loop. A very short and narrow footpath leads right to the river's edge, where a small paved area provides panoramic views of the river and opposite shoreline. Plans include connecting the trail with a walkway going under the bridge overpass to the south side of the highway.

The Lincoln Park West Nature Trail will be part of the Hackensack River Greenway, which will run 15 miles along the riverbank.

This restored wetlands trail meanders through Lincoln Park West on the shore of the Hackensack River. Split into east and west by the highway (US 1 & 9), Lincoln Park is one of Hudson County's largest and oldest parks. An urban oasis in NJ's second largest city, the park offers a wide variety of recreational activities and amenities.

As it winds through the park, the 1.7-mile trail offers scenic views of the marshes, the river, and the majestic Pulaski Skyway. The trail has a gravel-packed surface, is about 6-feet wide, and stays quite flat. Although weather may affect the surface of the trail, it is likely accessible for those using mobility devices.

From the Lincoln Park West parking lot, follow the trail north or west. Heading north, the trail crosses an inlet via



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States: New Jersey

Counties: Hudson

Length: 1.7miles

Trail end points: Duncan Ave by the Skyway Golf Course (515 Duncan Ave) to Parking lot at the end of West Park Drive, near Jaroschak Field

Trail surfaces: Crushed Stone, Gravel

Trail category: Greenway/Non-RT

Trail activities: Bike, Fishing, Walking, Wheelchair Accessible

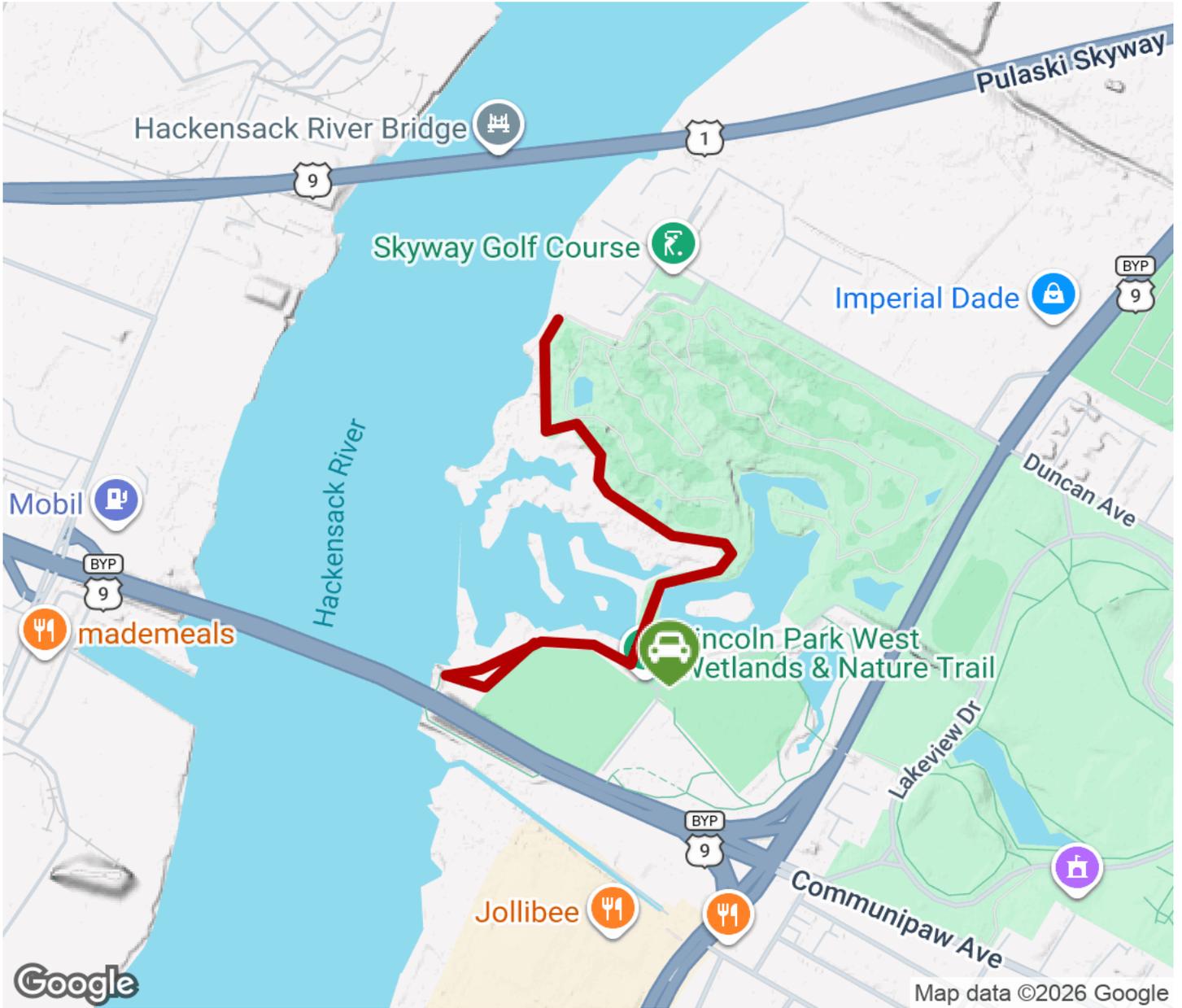
Parking & Trail Access

From Lincoln Park (1 County Rd 605, Jersey City), take Lakeview Drive to West Park Drive—crossing over the highway—to the parking lot at the end of the road. The parking lot is surrounded by Jaroschak Field, Lincoln Park Dog Run, and various sports fields.



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- Trailhead
- Restroom
- Parking
- Water Fountain
- Tunnel