TrailLink
by Rails-to-Trails Conservancy

2025

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Guides

Meduxnekeag River Trail
Maine

This 4.4-mile trail runs alongside the Meduxnekeag River and ends in a loop that meanders through fields and forests before rejoining

stone, and hardpacked dirt. The trail is flat and wide with a fairly even surface. The trail surface may feel a bit bumpy for those using a wheelchair or a stroller. There are a few benches near the start of the trail. Dogs are allowed.

From the park, the trail parallels the river with foliage on either side. There is a second trailhead with parking and trail access on Lincoln Street less than a mile (about 0.8 miles) from the park. The end of the trail is a loop with part of it continuing to follow the river and part of it curving through forests and fields.

The trail is owned by the Town of Houlton.

This 4.4-mile trail runs alongside the Meduxnekeag River and ends in a loop that meanders through fields and forests before rejoining the riverside portion of the route.

About the Route

The Meduxnekeag River Trail runs northeast from Riverfront Park and is an out-and-back trail with a loop. The park has picnic tables, accessible restrooms, and a paved parking lot. Enjoy scenic river views and easy access to shops, cafes, and more via the Gateway Crossing Bridge—a pedestrian bridge that crosses over the Meduxnekeag River to connect the park with downtown Houlton and its historic Market Square.

The trail is about 8ft wide with a surface of gravel, crushed

Meduxnekeag River Trail
Maine

States: Maine

Counties: Aroostook

Length: 4.4miles

Trail end points: Riverfront Park to Riverfront Park (Houlton)

Trail surfaces: Crushed Stone,Dirt,Gravel

Trail category: Greenway/Non-RT

Trail activities: Wheelchair Accessible,Mountain Biking,Walking,Cross Country Skiing
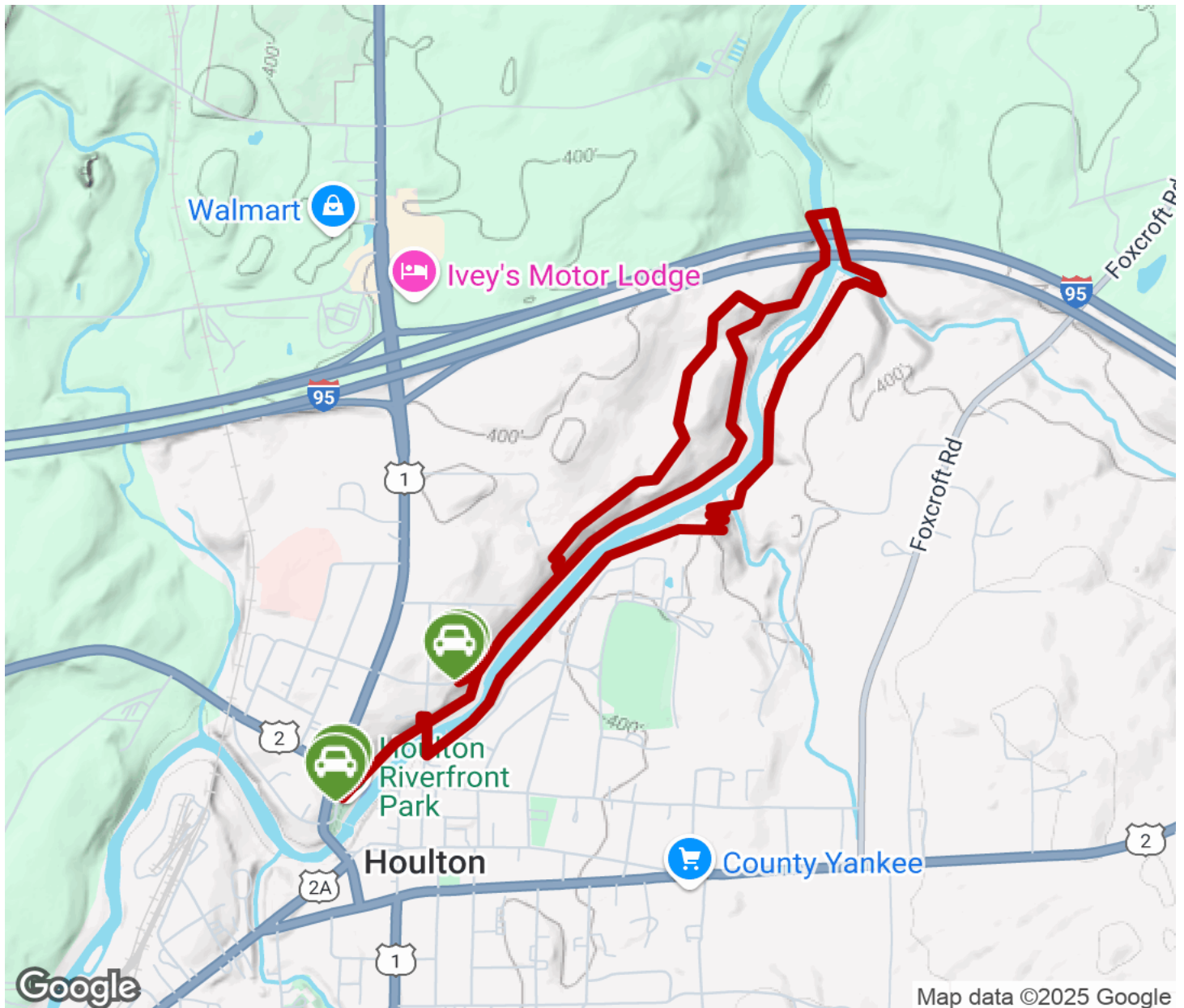
Parking & Trail Access

The Meduxnekeag River Trail runs northeast from Riverfront Park, where parking is available. The trailhead on Lincoln Street also has a small parking lot.

Visit the TrailLink map for detailed directions.

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Trailhead	**Restroom**	**Parking**	**Water Fountain**	**Tunnel**