



2026

TrailLink Unlimited



Guides



Middleton Bike Path

Idaho



Middleton Bike Path

Idaho

The Middleton Bike Path is a paved, 1.3-mile rail-trail connects parks, neighborhoods and downtown Middletown. About the Route



heads south past a few shops. There are a few fields and trees on either side of the trail until it reaches its southern end at the Middleton Rd and Sawtooth Lake Dr roundabout. There is a small section of trail south of the roundabout that ends at a dilapidated railroad trestle that hasn't yet been restored.

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About the Route

From its northern end at Middleton Place Park (75 Marjorie Ave, Middleton), the trail parallels Hwy 44/Star Blvd northwest to Roadside Park (421 E Main St, Middleton). Middletown Place Park has parking, restrooms, picnic shelters, tennis courts, sand volley, a baseball field and a playground. Roadside Park has parking, restrooms, a picnic shelter, a playground and horseshoe pits.

At Roadside Park, the trail crosses Hwy 44/Star Blvd and



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States: Idaho

Counties: Canyon

Length: 1.3miles

Trail end points: Middleton Place Park (75 Marjorie Ave, Middleton) to Middleton Rd & Sawtooth Lake Dr roundabout (Middleton)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike,Inline

Skating, Walking, Wheelchair Accessible

Parking & Trail Access

The Middleton Bike Path runs between Middleton Place Park (75 Marjorie Ave, Middleton), where parking is available, and the Middleton Rd & Sawtooth Lake Dr roundabout (Middleton).

Parking is also available at:

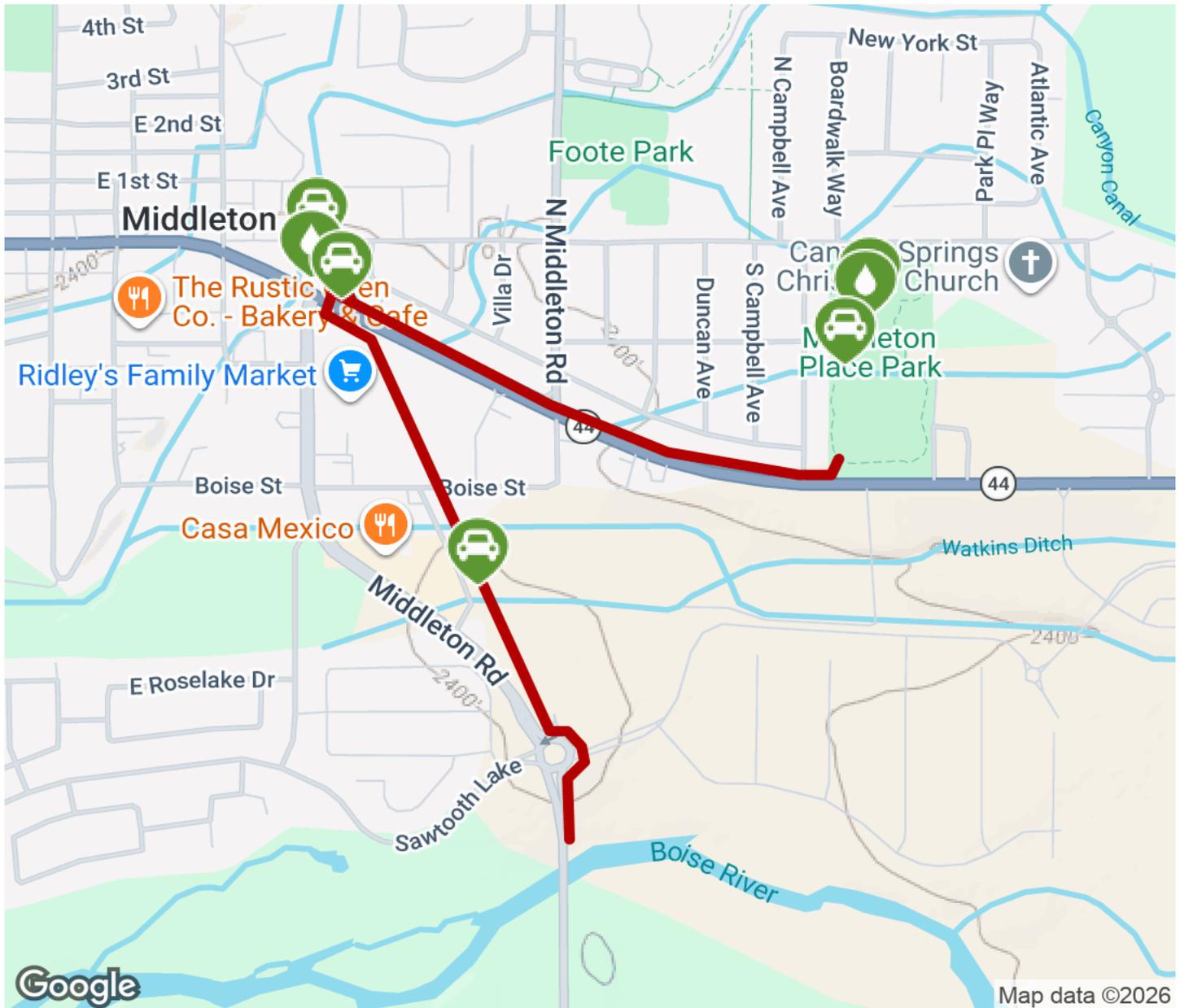
- Roadside Park, 421 E Main St (Middleton)

Visit the TrailLink map for all parking options and detailed directions.



Middleton Bike Path

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com