



2025

TrailLink Unlimited 

Guides



**South
Hampton
Roads Trail**
Virginia



South Hampton Roads Trail

Virginia

The South Hampton Roads Trail is a 2.6-mile rail trail that runs through Portsmouth, Virginia. About the Route The trail runs a



The South Hampton Roads Trail is a 2.6-mile rail trail that runs through Portsmouth, Virginia.

About the Route

The trail runs a curved route throughout Portsmouth, mostly traveling through wooded neighborhoods. However, at the trail's midpoint, it crosses the busy High St. W and nearby shopping centers.



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com



South Hampton Roads Trail

Virginia

States: Virginia

Counties: Portsmouth

Length: 2.6miles

Trail end points: Dodson St. to Old Coast Gaurd Blvd.

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike, Wheelchair
Accessible, Walking

Parking & Trail Access

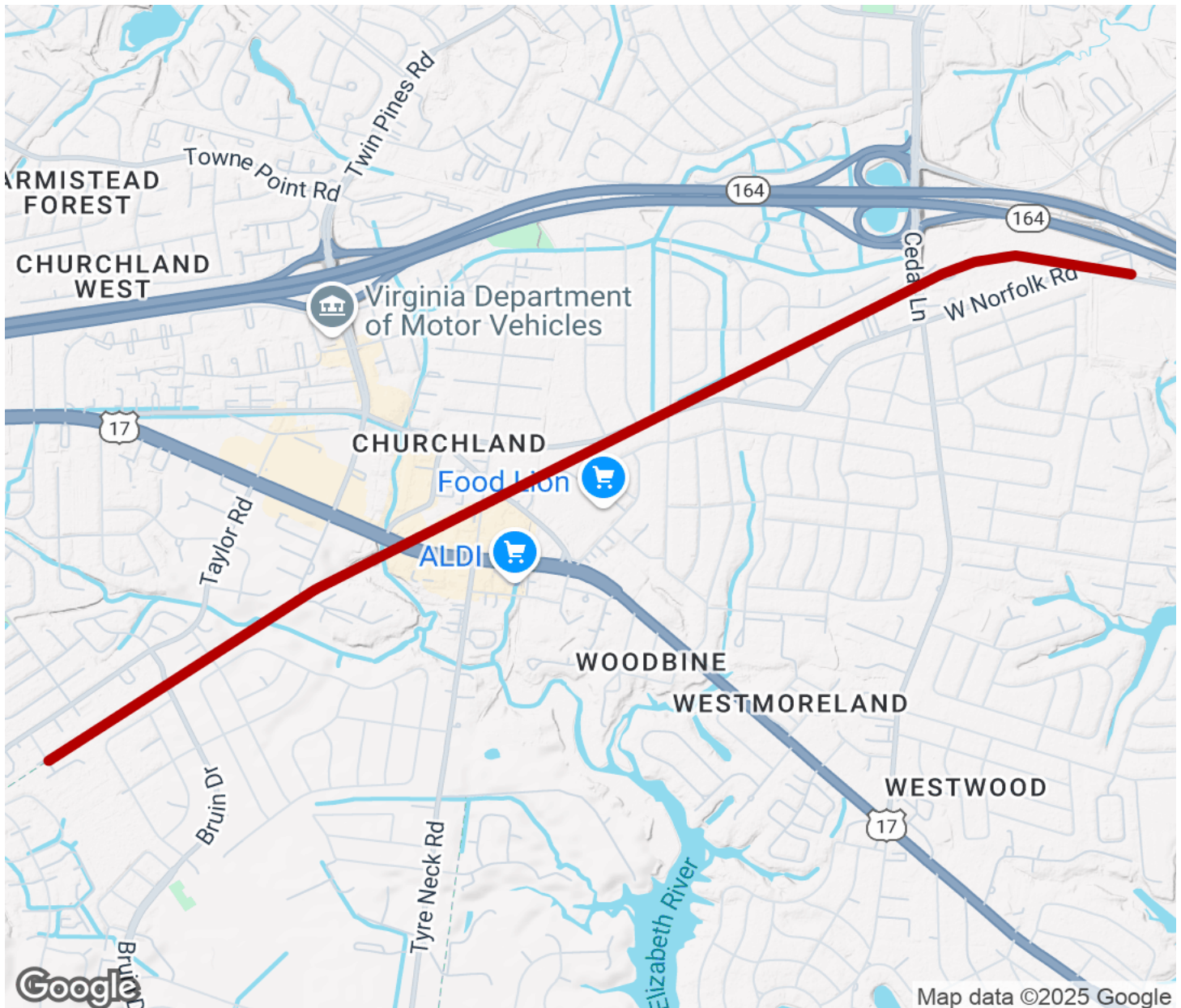
The South Hampton Roads Trail runs between Dodson St. and Old Coast Guard Blvd. There is no designated parking for this route.

Please see TrailLink Map for all parking options and detailed directions.



South Hampton Roads Trail

Virginia



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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