



2026

TrailLink Unlimited 

Guides   



**Big Hollow
Trail**
Kentucky



Big Hollow Trail

Kentucky

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The Big Hollow Trail in Mammoth Cave National Park offer 10.1 miles of single track mountain biking. The route is comprised of a 5.3-mile North Loop, 3.7-mile South Loop and 1-mile connector trail.



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com



Big Hollow Trail

Kentucky

States: Kentucky

Counties: Edmonson

Length: 10.1miles

Trail end points: Maple Springs Loop Rd. to
Maple Springs Loop Rd.

Trail surfaces: Dirt

Trail category: Greenway/Non-RT

Trail activities: Mountain Biking

Parking & Trail Access

Parking for the Big Hollow Trail is available along Maple Springs Loop Rd.