



2026

TrailLink Unlimited



Guides



**High Point  
Trail**  
*Virginia*



## High Point Trail

Virginia

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The southern end of the High Point Trail runs through Mason Neck State Park, and connects to the nearby hiking trails as well as the park's waterfront. The northern part of the route parallels High Point Rd. and connects to other recreation opportunities like the Pohick Bay Regional Park and Meadowood Recreation Area.



# High Point Trail

Virginia

**States:** Virginia

**Counties:** Fairfax

Length: 6.2miles

**Trail end points:** Mason Neck State Park to  
Pohick Bay Golf Course

**Trail surfaces:** Asphalt

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike, Walking, Wheelchair  
Accessible

## Parking & Trail Access

Parking is available at the southern end of the trail in Mason Neck State Park.