



2026

TrailLink Unlimited 

Guides



Tennessee Central Heritage Rail Trail

Tennessee



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The Tennessee Central Heritage Rail Trail, a rails-with-trail project, is envisioned to run 19 miles alongside refurbished



The Tennessee Central Heritage Rail Trail, a rails-with-trail project, is envisioned to run 19 miles alongside refurbished railroad tracks from Cookeville to Monterey, Tennessee.

Currently, a 4.23-mile segment runs between Cookeville and Algood, TN. It connects the downtown Cookeville area with Tennessee Tech University, residential areas, and ball fields in Algood. This trail segment is paved and the asphalt portion is 9ft wide.

In Cookeville, the southwest section of the trail utilizes concrete sidewalks before leaving roads behind at East 10th Street as it becomes a paved asphalt path. Continuing to parallel an active rail line, the trail curves northeast and is partially shaded by trees. Heading towards Algood, the

trail returns to a slightly busier environment until it comes to its northeast end at Walter L. Bilbrey Memorial Park/Algood Community Center.

The Cookeville Depot Museum (116 W. Broad St) has restrooms, drinking fountains, benches, trash receptacles, and public parking. Cinderella Park (700 Cinderella Ln, Cookeville) has restrooms, drinking fountains, picnic tables, benches, trash receptacles, public parking, and a playground. Walter L. Bilbrey Memorial Park/Algood Community Center (125 4th Ave, Algood) has restrooms, drinking fountains, trash receptacles, public parking, a playground, and a bike repair station.

Unconnected to the 4.23-mile segment, a 1.1-mile section is open in Monterey. This section of the trail runs between Oak Street and Crossville Street. For brief stretch north from Crossville Street, the trail surface resembles a wooden boardwalk as it crosses over Stamps Hollow Creek. The rest of the route is paved asphalt. Along the way, it passes the Monterey Depot Museum (101 E. Depot Ave), where there is a replica depot, a visitors center, and parking. The trail also passes by Monterey Parks & Rec, where there is a playground, several sports fields and courts, an outdoor pool, and parking. Across the street is Whitaker Park, which has a larger playground, picnic tables, benches, and plenty of shade. Although short, this section of the trail provides a safe and efficient connection between local businesses, parks and recreational spaces, the library, the post office, and the local middle school.

The remainder of the trail is expected to be built in phases toward the east and expansion is also anticipated toward the west to Baxter, Tennessee.

The corridor that the trail follows originally belonged to the Nashville and Knoxville Railroad, founded in 1884, which later became Tennessee Central Railroad. The trains primarily carried coal, as well as other natural resources and



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States: Tennessee

Counties: Putnam

Length: 5.33miles

Trail end points: Cookeville Depot Museum
(116 W Broad St, Cookeville) to Memorial Park/
Algood Community Center (125 4th Ave North,
Algood)

Trail surfaces: Asphalt, Concrete

Trail category: Rail-Trail

Trail activities: Bike, Inline
Skating, Walking, Wheelchair Accessible

Parking & Trail Access

Parking and trail access is available at the Cookeville Depot Museum (116 W. Broad St), at Cinderella Park (700 Cinderella Ln, Cookeville) and at Walter L. Bilbrey Memorial Park/ Algood Community Center (125 4th Ave, Algood).



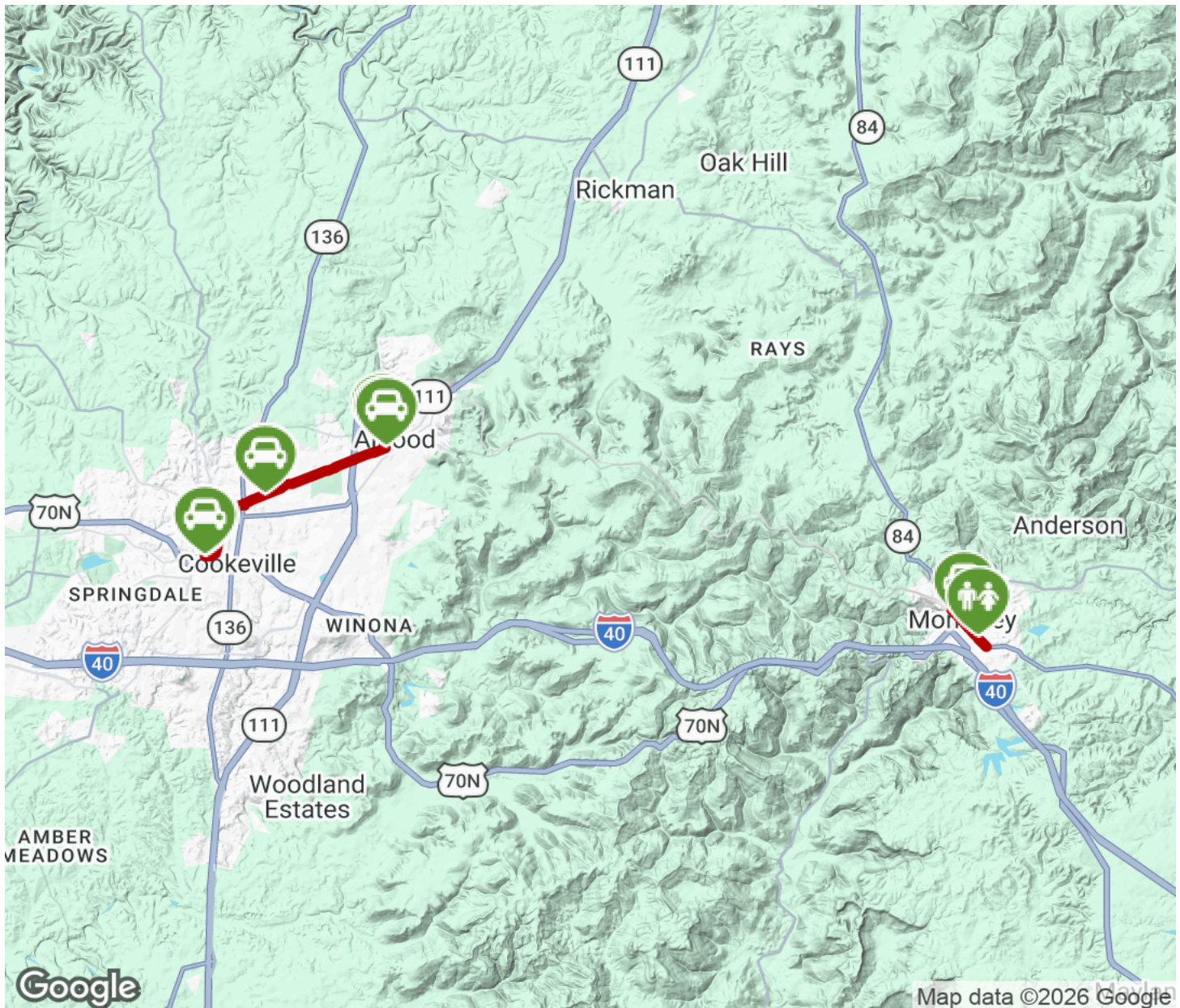
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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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