



2026

TrailLink Unlimited



Guides



**Middlebury
Greenway**
Connecticut



Middlebury Greenway

Connecticut

The 4.5-mile Middlebury Greenway provides a paved, off-road option for a self-propelled journey across suburban Middlebury.



The 4.5-mile Middlebury Greenway provides a paved, off-road option for a self-propelled journey across suburban Middlebury. The trail touches on several business districts and parks, ending at an amusement park dating back more than 100 years, where visitors can still take thrilling rides or go swimming in the lake. Stone benches are placed along the trail for those who occasionally need to take a load off their feet.

About the Route

The Middlebury Greenway has a slight uphill slope when beginning at the eastern trailhead on CT 63, so trail users will finish heading downhill if when making an out-and-back trek. In 0.3 miles, the trail parallels CT 64/ Middlebury Road, which will be your companion for the

rest of the trip. The trail remains on the south side of the road. the trail also frequently crosses numerous side streets that feed into CT 64, especially in the first couple of miles, so always be aware of the crossings.

Almost immediately the trail passes through the heavily wooded Bristol Park across CT 64 from the Middlebury Greenway. Several trails and a stream go through the park. Although many homes line the path, the trail passes by several roadside business districts. The trail is never far from cafés, taverns, or small food stores.

At 1.1 miles, the trail passes the Vaszauskas Farm stand, where trail users can purchase fresh fruits and vegetables, as well as plants and flowers. In another 1.7 miles, the trail passes underneath Whittemore Road/West Street. Turning left here, heading off the trail, and traveling on-road for 0.2 miles along Whittemore Road, the trail enters the Middlebury Center Historic District, which is replete with white multistory homes and church steeples surrounding a village green. The Westover School, a girls' college-prep boarding school, has sat on the corner of Whittemore Road and South Street since 1909.

Back on the trail, the route passes Meadowview Park in 0.9 mile after the underpass, and the entrance to Quassy Amusement Park & Waterpark in another 0.8 mile. The park transformed from a summer resort to a full-blown amusement park after three businessmen bought it from the parent company of the trolley line in 1937. Over the years they kept adding attractions to the dance hall and beach areas. Today, the park features a roller coaster, kiddie rides, a water park, and more. Admission is free if trail wish to just look around or load up on fried dough and ice cream.

Trail History

The greenway follows the route of an electric trolley line that ran between Waterbury and Woodbury (Middlebury is in



Middlebury Greenway

Connecticut

States: Connecticut

Counties: New Haven

Length: 4.5miles

Trail end points: Woodside Ave. (Middlebury)
to Middlebury Rd. (Middlebury)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike, Walking, Wheelchair
Accessible, Cross Country Skiing

Parking & Trail Access

The Middlebury Greenway runs between Woodside Ave. (Middlebury) and Middlebury Rd. (Middlebury), with parking available at both ends.

Parking is also available at:

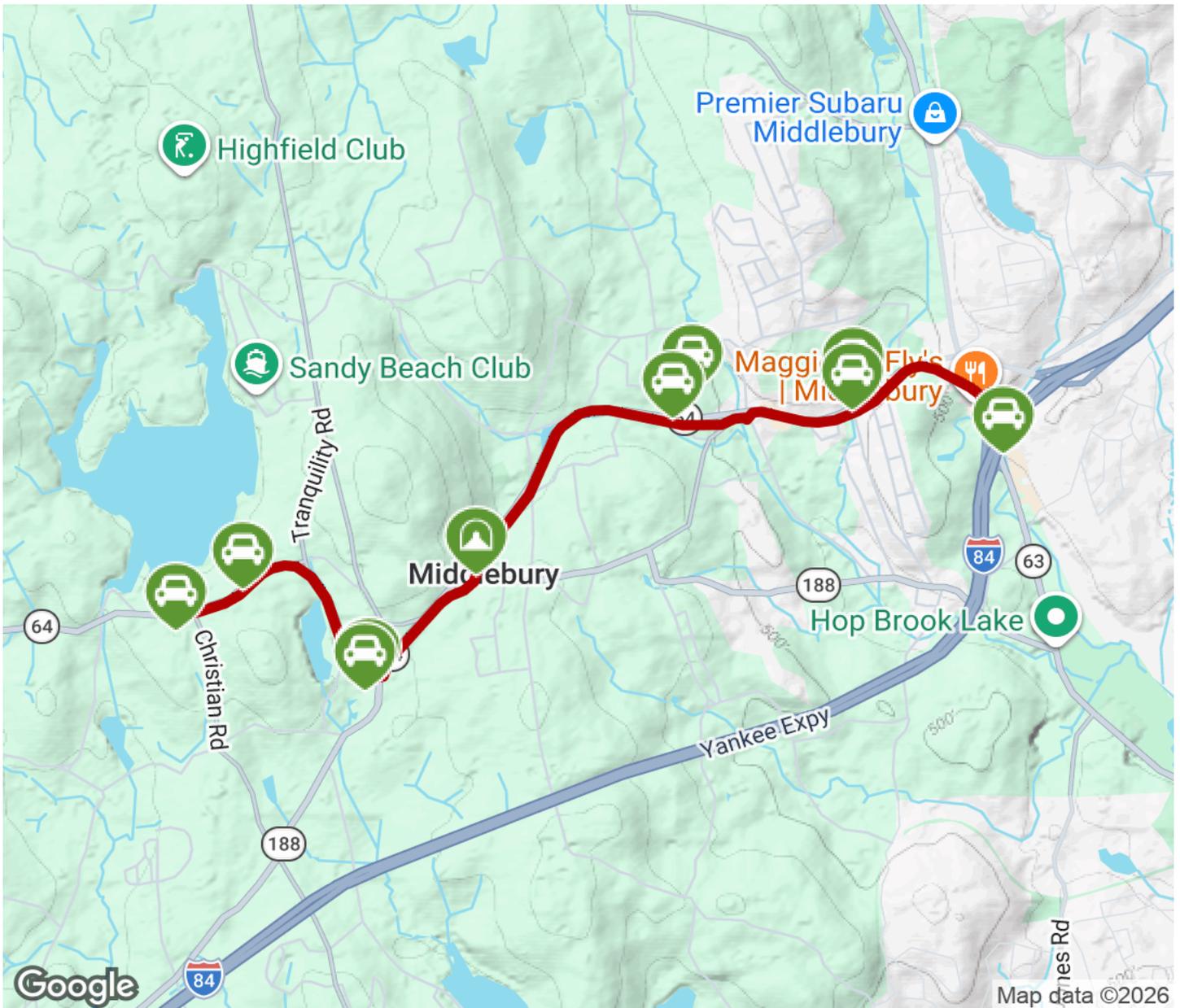
- Meadowview Park (190 Southford Rd, Middlebury)

Please see [TrailLink Map](#) for all parking options and detailed directions.



Middlebury Greenway

Connecticut



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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