



2026

TrailLink Unlimited 

Guides



**Stratton Brook
State Park
Trail**
Connecticut



Stratton Brook State Park Trail

Connecticut

The Stratton Brook State Park Trail presents a great way to work up an appetite for a picnic at Stratton Brook State Park, the first state



canopy creates a tunnel effect—especially beautiful in winter.

For another option, turn southwest from the covered bridge and cross Stratton Brook Road. From there, the old railroad grade is a paved, but seldom used, road for 1.7 miles, where it enters Massacoe State Forest. Crews once used this corridor to demonstrate fire-control techniques along rail lines.

Connections

At the intersection with Route 309, the trail connects to the 8-mile [Farmington River Trail](#).

The Stratton Brook State Park Trail presents a great way to work up an appetite for a picnic at Stratton Brook State Park, the first state park in Connecticut to be entirely wheelchair accessible. The park also offers picnic areas, as well as fishing and swimming on its lake, created by the Civilian Conservation Corps during the Great Depression when it dammed the brook. A covered bridge accesses the trail midpoint.

About the Route

From the covered bridge, the shaded rail-trail shoots northeast by southwest along the right-of-way of the former Connecticut Western Railroad. Head northeast to take in 1 mile of dense evergreen forest fragrant with pine and hemlock. Ferns carpet the forest floor, and the tree



Stratton Brook State Park Trail

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States: Connecticut

Counties: Hartford

Length: 1.2miles

Trail end points: Bushy Hill Rd. (Simsbury) to
Stratton Brook Rd. (Simsbury)

Trail surfaces: Asphalt,Cinder,Crushed Stone

Trail category: Rail-Trail

Trail activities: Bike,Mountain

Biking,Walking,Wheelchair Accessible,Cross
Country Skiing

Parking & Trail Access

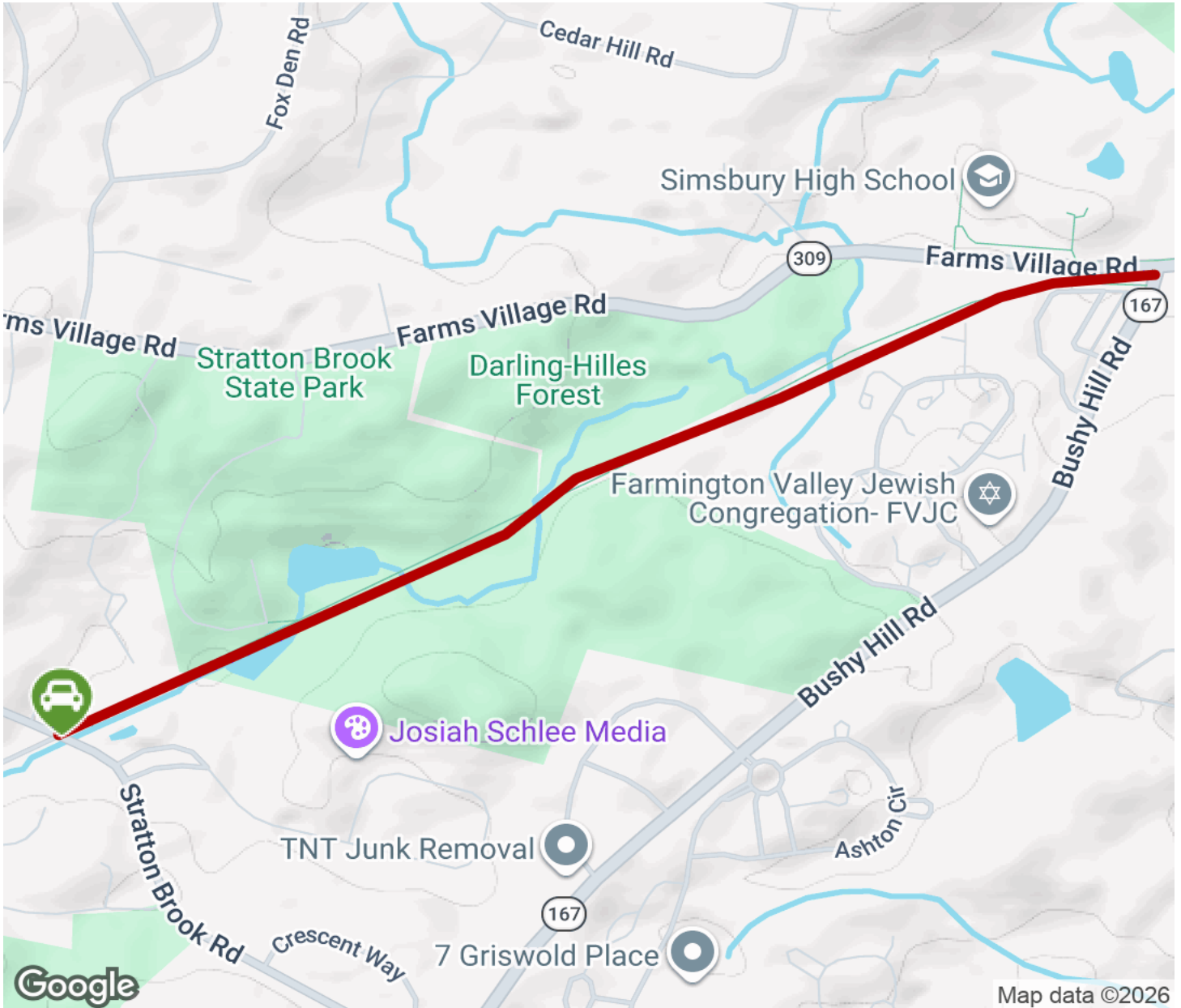
Parking for the Stratton Brook State Park Trail is available near the trail's midpoint.

Please see [TrailLink Map](#) for detailed directions.



Stratton Brook State Park Trail

Connecticut



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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