



2026

TrailLink Unlimited 

Guides



Trail of the Coeur d'Alenes

Idaho



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The Trail of the Coeur d'Alenes covers 73 paved miles through scenic mountains and valleys in Idaho's Panhandle. The area has rich mining, railroading, and Native American history, as well as plenty of places to stop to enjoy the scenery and visit local attractions. So take a few days and plan an outdoor adventure here, exploring the trail in segments.

Potable water is not available throughout much of the trail or at trailheads. Bike-friendly businesses along the way will happily refill your water bottles. The entire route is paved.

About the Route

Between Plummer and Harrison, the trail covers 15 miles

and skirts the shoreline of sparkling Lake Coeur d'Alene. Trail users can immerse themselves in this landscape of rolling foothills in the Palouse prairie, however, please note when traveling between Harrison and Plummer there is a significant trail incline. Cross the southern end of Lake Coeur d'Alene over the Chatcolet Bridge. This bridge has a stair-step ramp to ease the uphill climb and makes for an exhilarating ride downhill, rollercoaster-like.

At Heyburn State Park, trail users can stop for a refreshing swim. Between Harrison and Medimont the trail passes through Idaho's chain-of-lakes region, 15 small lakes and marshes linked by the river. Watch for wildlife, including coyotes, foxes, otters, beavers, river otters, turtles, muskrats, white-tailed deer, elk, moose, and even black bears. Birders will also have opportunities to see great blue herons, western pelicans, eagles, osprey, and other birds of prey. Fishing is allowed anywhere on the trail that is not private property.

From Medimont East, the trail travels in Idaho's Silver Valley, once one of the most productive silver-mining areas in the country. The Cataldo Mission State Park is nearby, and worth a visit, although there are a few miles of on-road riding off the trail to reach it.

From Cataldo, the trail follows the Coeur d'Alene River through the Silver Valley. The mountains are more forested here as you head toward Kellogg, the largest town along the trail. There are plenty of places to eat here. Further east, the trail reaches historic Wallace, jam-packed with restaurants and attractions, including the self-proclaimed Center of the Universe. From Wallace, the trail climbs 600ft to Mullan, marking the eastern end of the trail.

The Trail of the Coeur d'Alenes was inducted into Rails-to-Trails Conservancy's Rail-Trail Hall of Fame in 2010.

Connections



Trail of the Coeur d'Alenes

Idaho

States: Idaho

Counties: Benewah, Kootenai, Shoshone

Length: 73.2 miles

Trail end points: Coeur d'Alene Tribe Veterans Memorial Park (Plummer) to 115 2nd St. (Mullan)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike, Inline

Skating, Snowmobiling, Walking, Wheelchair

Accessible, Cross Country Skiing

Parking & Trail Access

The Trail of the Coeur d'Alenes runs between Coeur d'Alene Tribe Veterans Memorial Park (Plummer) and 115 2nd St. (Mullan).

Parking is available at:

- Cataldo Trailhead, 40052 Riverview Rd. (Cataldo)
- Mullan Trailhead, 115 Second St. (Mullan)

There are numerous parking options along the route, please see [TrailLink Map](#) for all parking options and detailed directions.



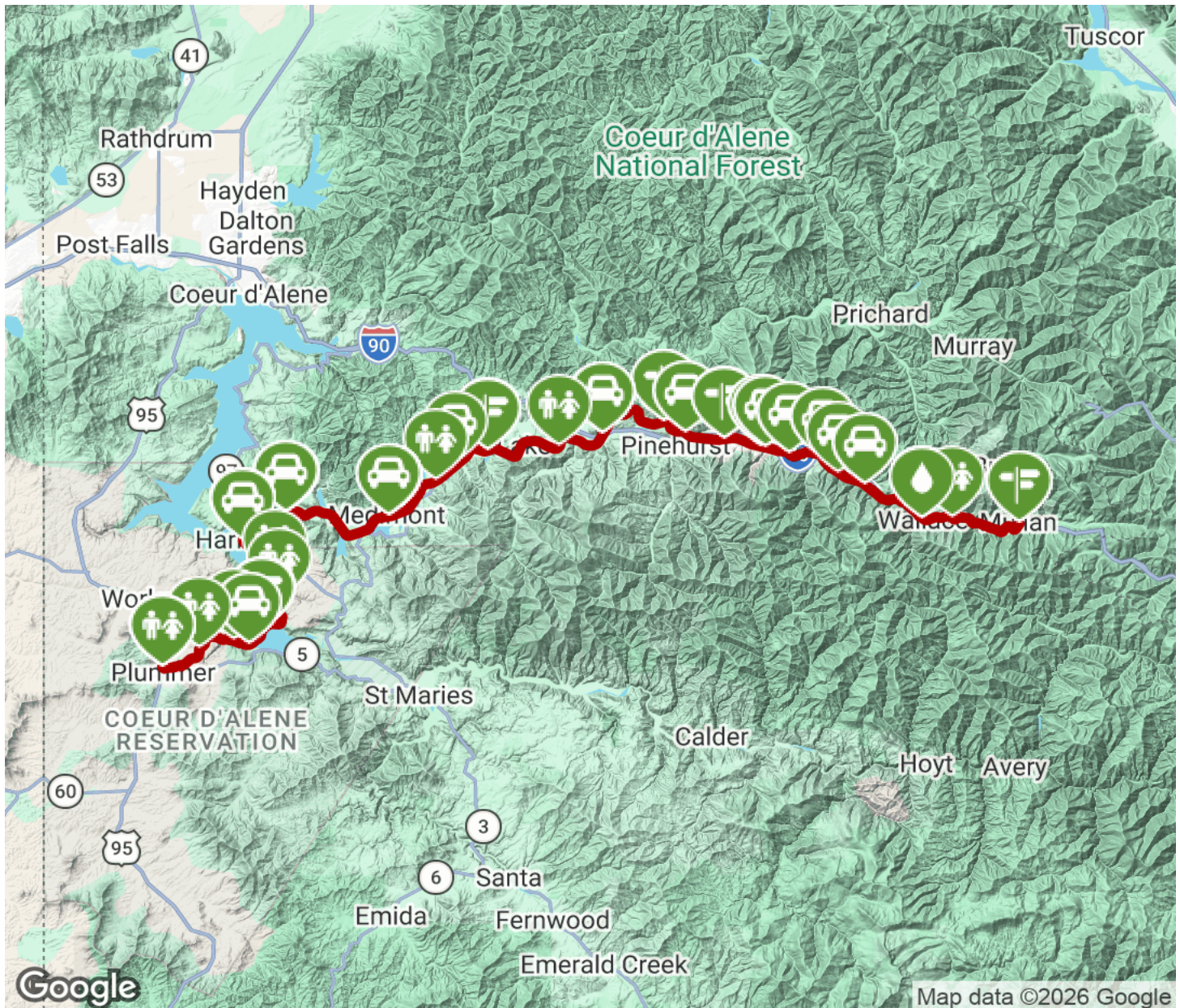
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Trail of the Coeur d'Alenes

Idaho



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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