



2026

TrailLink Unlimited 

Guides   



**Redstone Rail
Trail**
Massachusetts



Redstone Rail Trail

Massachusetts

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The Redstone Rail Trail is built on the former New York, New Haven & Hartford Armory Branch, which in turn is a former branch line of the New York & New England RR. Its name comes from the numerous red sandstone quarries in the area that gave the town its industrial beginnings.

On its northern end, trail-goers can view the historic Old East Longmeadow Rail Station, as well as a modern point of interest, the East Longmeadow rotary, an intersection where seven streets come together with no traffic signals, giving the spot the notorious reputation as one of the most dangerous stretches of roadway in the world.



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States: Massachusetts

Counties: Hampden

Length: 1.4 miles

Trail end points: Denslow Road, East Longmeadow, MA to Maple Street, East Longmeadow, MA

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike, Mountain Biking, Inline Skating, Walking, Wheelchair Accessible

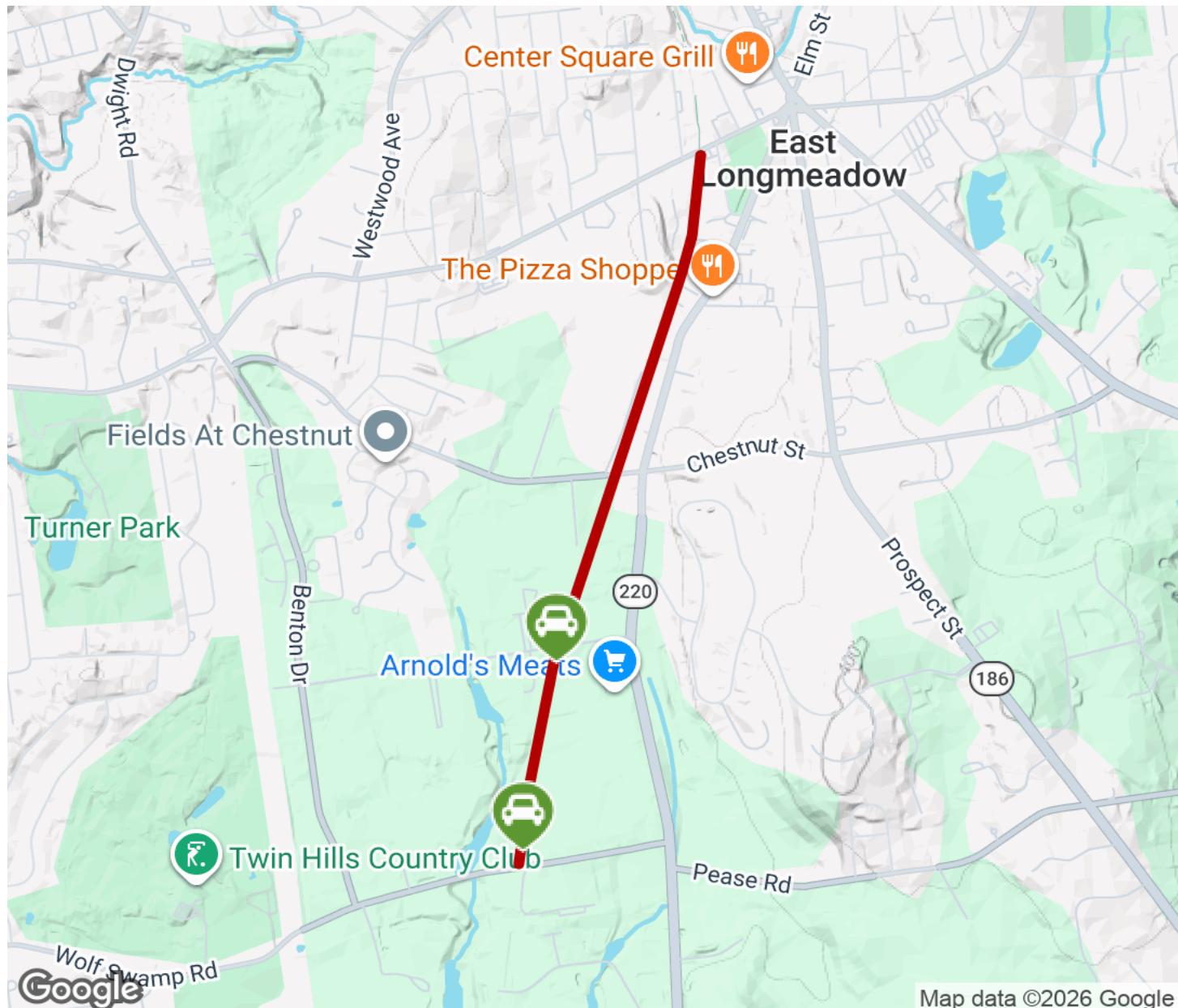
Parking & Trail Access

Access to the trail and parking can be found in three locations: on the northern end along Maple Street near the East Longmeadow Rotary; mid-trail off Chesnut Street and west of 220; and on the southern end at Denslow Street just west of 220.



Redstone Rail Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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