



2026

TrailLink Unlimited



Guides



**Four Seasons
Adventure
Trail**
Maine



Four Seasons Adventure Trail

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The Four Seasons Adventure Trail skirts several scenic lakes as it passes through forests and farmland, linking Newport, Corinna, Dexter, and Dover-Foxcroft in central Maine. The trail experiences frequent ATV use on summer weekends, mountain bikers and horseback riders share the trail in warmer months, and snowmobilers and cross-country skiers appear when the snow flies. Snowshoeing and dogsledding are also permitted.

About the Route

The Four Season Adventure Trail heads south away from the northern endpoint in Dover-Foxcroft and crosses the old railroad bridge that spans the Piscataquis River. On its way to Newport, the trail winds through 11 miles of largely

interrupted woods dotted with infrequent farms.

Exiting the dense woods, the trail passes by Lake Wassookeag (which means "shining water") and trail users may be able to spot boaters and swimmers in the summertime. Soon after, the trail approaches Dexter, an old mill town and the former home of the shoe manufacturer of the same name, offering cafés, groceries, and shady parks for resting. It's easy to wander a couple of blocks east of the trail on Center Street to Water Street, where trail users can find the Historical Society museum housed in an old gristmill with a period home and schoolhouse nearby.

The next section of the trail plunges back into the woods following Dexter. The last, southernmost section of the trail offers a glimpse of a reservoir on the Sebasticook River and then heads into the old mill town of Corinna, where an antique shop, general store, and café offer distractions. The imposing brick building with a clock tower and belfry, a couple of blocks away, is the Free Library, built in 1898 and easily the most eye-catching landmark. 2.5 miles south, the trail crosses the 4,000-acre Sebasticook Lake. Although this area may seem remote, wooden stakes used in prehistoric fish traps discovered at the north end of the lake in the 1990s show that people lived here some 3,000 years ago. Today the lake is stocked with largemouth bass and crappie.

The southernmost section of the trail passes through the business district of Newport before coming to the trail's southern endpoint near Spring St.

Trail History

The Four Seasons Adventure Trail follows the old railbed of the Dexter and Newport Railroad, which blazed north in 1868. The Maine Central Railroad leased the line and then extended it northward to Foxcroft in 1889. A transporter of wood



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States: Maine

Counties: Penobscot, Piscataquis

Length: 29.9 miles

Trail end points: Fairview Ave. (Dover-Foxcroft) to 23 Spring St. (Newport)

Trail surfaces: Crushed Stone, Dirt, Sand

Trail category: Rail-Trail

Trail activities: ATV, Horseback

Riding, Mountain

Biking, Snowmobiling, Walking, Cross Country

Skiing

Parking & Trail Access

The Four Seasons Adventure Trail runs between Fairview Ave. (Dover-Foxcroft) and 23 Spring St. (Newport).

Parking is available at:

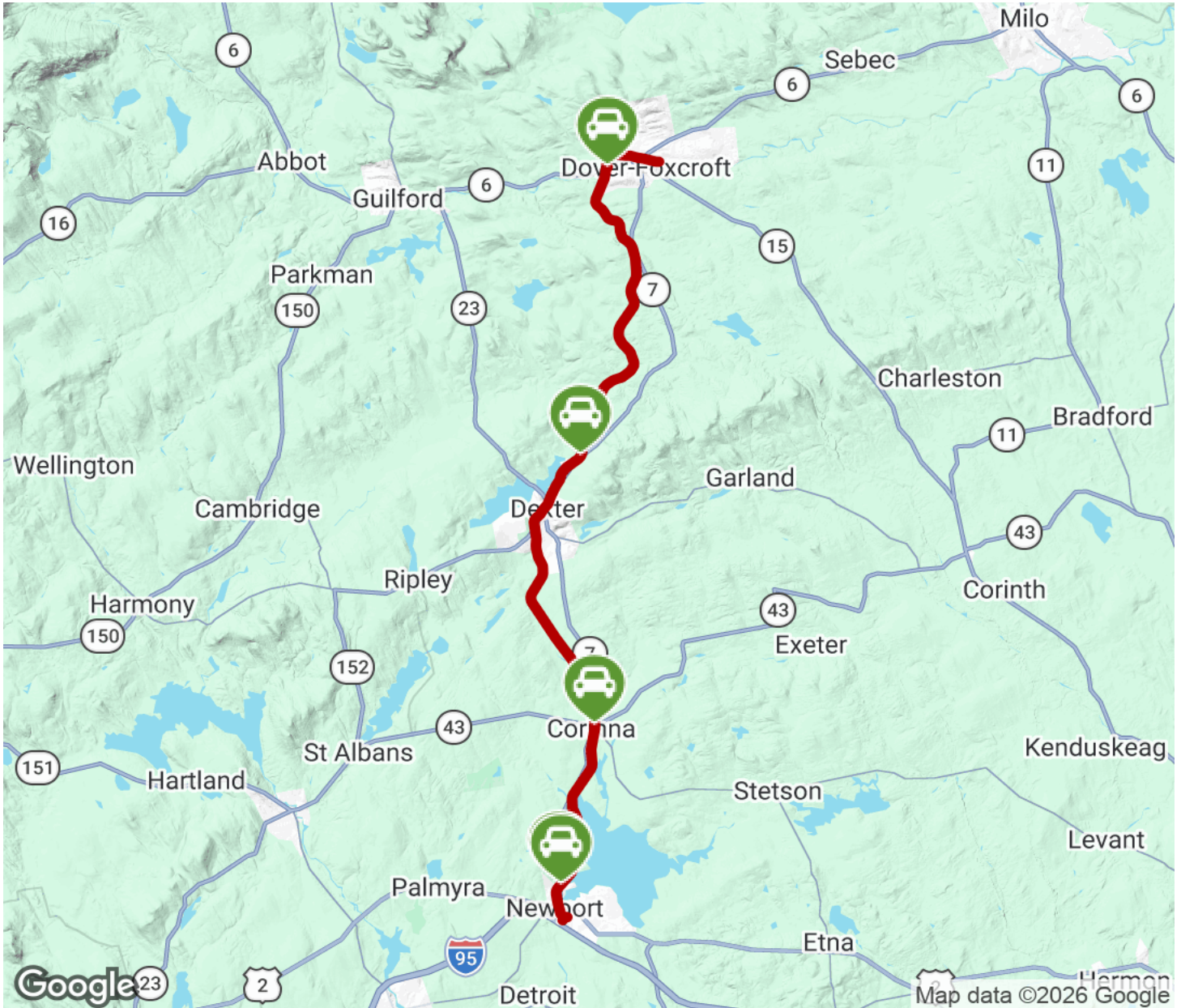
- 1001 W Main St. (Dover-Foxcroft)
- 177 Moosehead Trail (Moosehead)

See [TrailLink Map](#) for all parking options and detailed directions.



Four Seasons Adventure Trail

Maine



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)