



2025

TrailLink Unlimited 

Guides



North Cedar Lake Regional Trail/Cedar Lake Trail

Minnesota



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This paved trail links Minneapolis's Warehouse District to both the Minnesota River Bluffs LRT Regional Trail and the Cedar Lake LRT



Lake Regional Trail.

A part of the trail actually consists of three separate paths: two unidirectional paths for bicyclists and a multidirectional trail for pedestrians. Near the trail's midpoint, bikers and runners will pass the trail's namesake lake. Just east of Cedar Lake, the Kenilworth Trail begins, which takes trail users through the ritzy Kenwood neighborhood to the Cedar Lake LRT Regional Trail. Some consider this to be the nicest part of the trail.

You can also pick up the Luce Line Trail where the North Cedar Lake Regional Trail passes Bryn Mawr Meadows Park to continue on a much longer journey westward. This eastern section of the Luce Line Trail opened in 2002.

In Minneapolis, the trail, often referred to as the bike freeway, runs under Target Field—home to the Minnesota Twins—and immediately next to its rail station. At the trail's terminus in north Minneapolis, connect to the West River Parkway Trail for a pleasant ride or run along the Mississippi River.

This paved trail links Minneapolis's Warehouse District to both the Minnesota River Bluffs LRT Regional Trail and the Cedar Lake LRT Regional Trail in Hopkins. It also intersects the Kenilworth Trail as part of the Cedar Lake Loop and a trail spur of the Luce Line State Trail coming down south from Theodore Wirth Regional Park along the Bassett Creek Regional Trail.

The trail is mostly urban at the eastern terminus at its junction with the West River Parkway, where the City of Minneapolis segment is most often called the Cedar Lake Trail. As it heads southwest, it passes a more serene landscape through Minneapolis's wooded suburbs. The trail also links many neighborhood parks along the way. From St. Louis Park, where the trail crosses MN 100, to Hopkins, the trail is officially named the North Cedar



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States: Minnesota

Counties: Hennepin

Length: 9miles

Trail end points: Excelsior Blvd. just east of US 169 (Hopkins) to West River Pkwy. north of Hennepin Avenue Bridge (Minneapolis)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike,Inline

Skating, Wheelchair Accessible, Walking

Parking & Trail Access

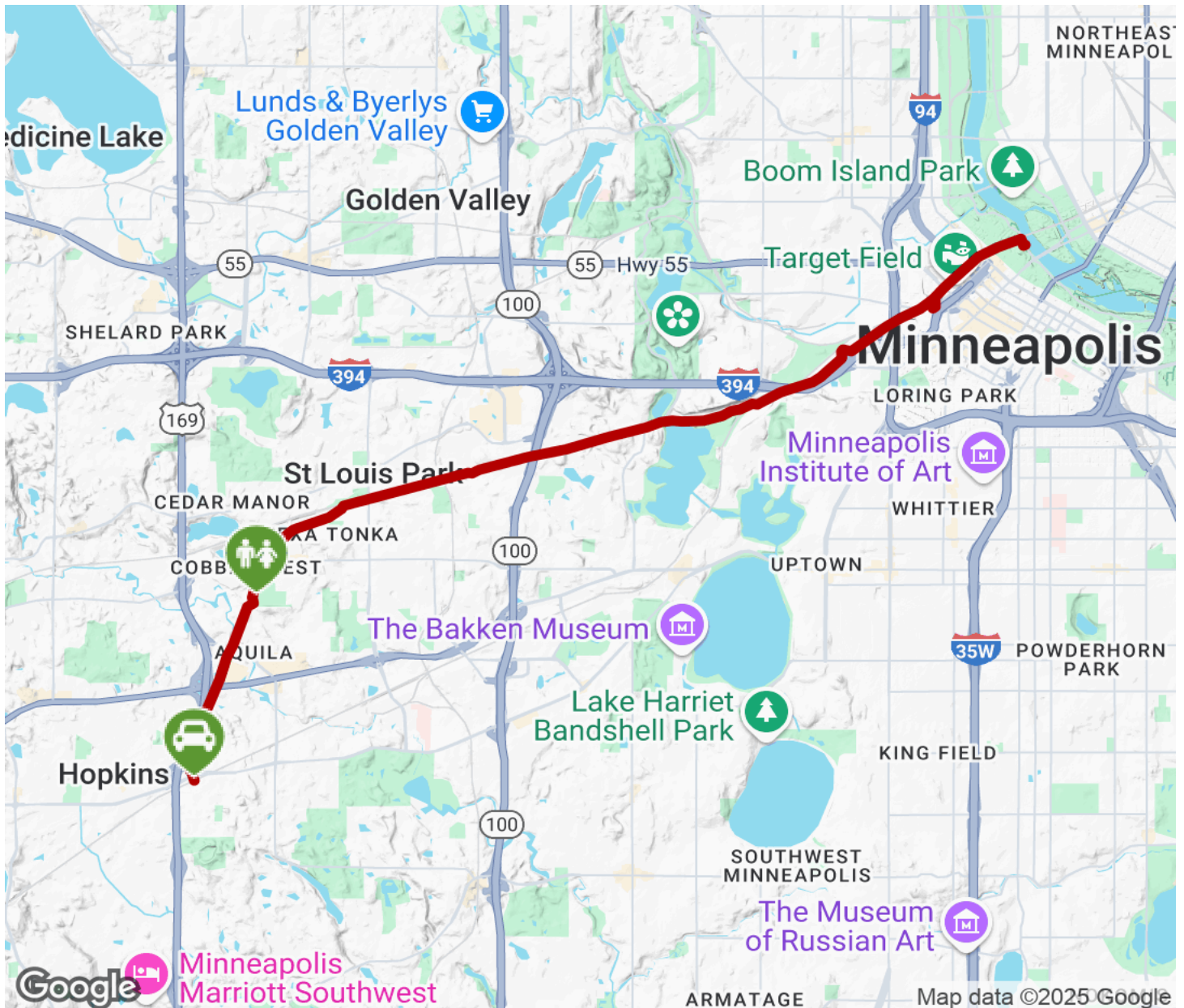
In Hopkins park in the lot at the Depot Coffee House. Take I-394 to Exit 3, and follow US 169 4.2 miles south. Take the Excelsior Blvd./County Road 3 exit. Turn left onto Excelsior Blvd. The coffee house will be on your right in 0.2 mile.

Unofficial parking areas for trail access can be found in Aquila Park on W. 31st St. near Aquila Ave.; just off Virginia Ave. S. at Victoria Lake; St. Louis Park at Nelson and Dakota Parks on W. 26th St. near Dakota Ave.; and at the eastern terminus just south of N. Fourth Ave. near First Bridge Park.



North Cedar Lake Regional Trail/Cedar Lake Trail

Minnesota



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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