



2026

TrailLink Unlimited



Guides



**Sunrise
Prairie Trail**
Minnesota



Sunrise Prairie Trail

Minnesota

The Sunrise Prairie Trail runs north-south atop an unused right-of-way along a Burlington Northern Railroad corridor, traversing



including parking, restrooms, and water. One mile south of the trail's crossing of the South Branch of the Sunrise River, the town of Wyoming has a toilet.

The trail becomes the Hardwood Creek Regional Trail once it reaches West Broadway Avenue in downtown Forest Lake. Combined, the two trails provide more than 24 miles of trails between North Branch and Hugo. The uncrowded, low-trafficked stretches between towns make the Sunrise Prairie Trail an excellent route for uninterrupted training rides.

The Sunrise Prairie Trail runs north-south atop an unused right-of-way along a Burlington Northern Railroad corridor, traversing residential neighborhoods in the towns and mostly farmland in its middle section. The trail also runs through hardwood forests and crosses several wetland areas. It crosses both the west and the south branch of the Sunrise River before changing to the Hardwood Creek Regional Trail in downtown Forest Lake. Wildlife is abundant, and you may see grouse, white-tailed deer, wild turkey, and waterfowl, in addition to native prairie and wildflowers.

The trailhead in North Branch, located at the intersection of MN 95 and Forest Boulevard/County Road 30, offers ample parking, restrooms, and a picnic area. More facilities are available at the midway trail access in Stacy,



Sunrise Prairie Trail

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States: Minnesota

Counties: Chisago

Length: 16.2miles

Trail end points: Maple Street (North Branch)
to 240th Street North (Forest Lake)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike, Horseback Riding, Inline
Skating, Snowmobiling, Walking, Wheelchair
Accessible

Parking & Trail Access

In North Branch, take I-35 to Exit 147. Go 0.6 mile east on MN 95 to Forest Blvd./County Road 30. Turn right, go south one block, and turn right onto Maple St. to reach the trailhead on the southwest corner of the intersection of Forest Blvd. and Maple St.

The Stacy trailhead is located just off the I-35 exit. Take I-35 to Exit 139. Head 0.3 mile east on Stacy Trail/CR 19 to Lions Park on the right.

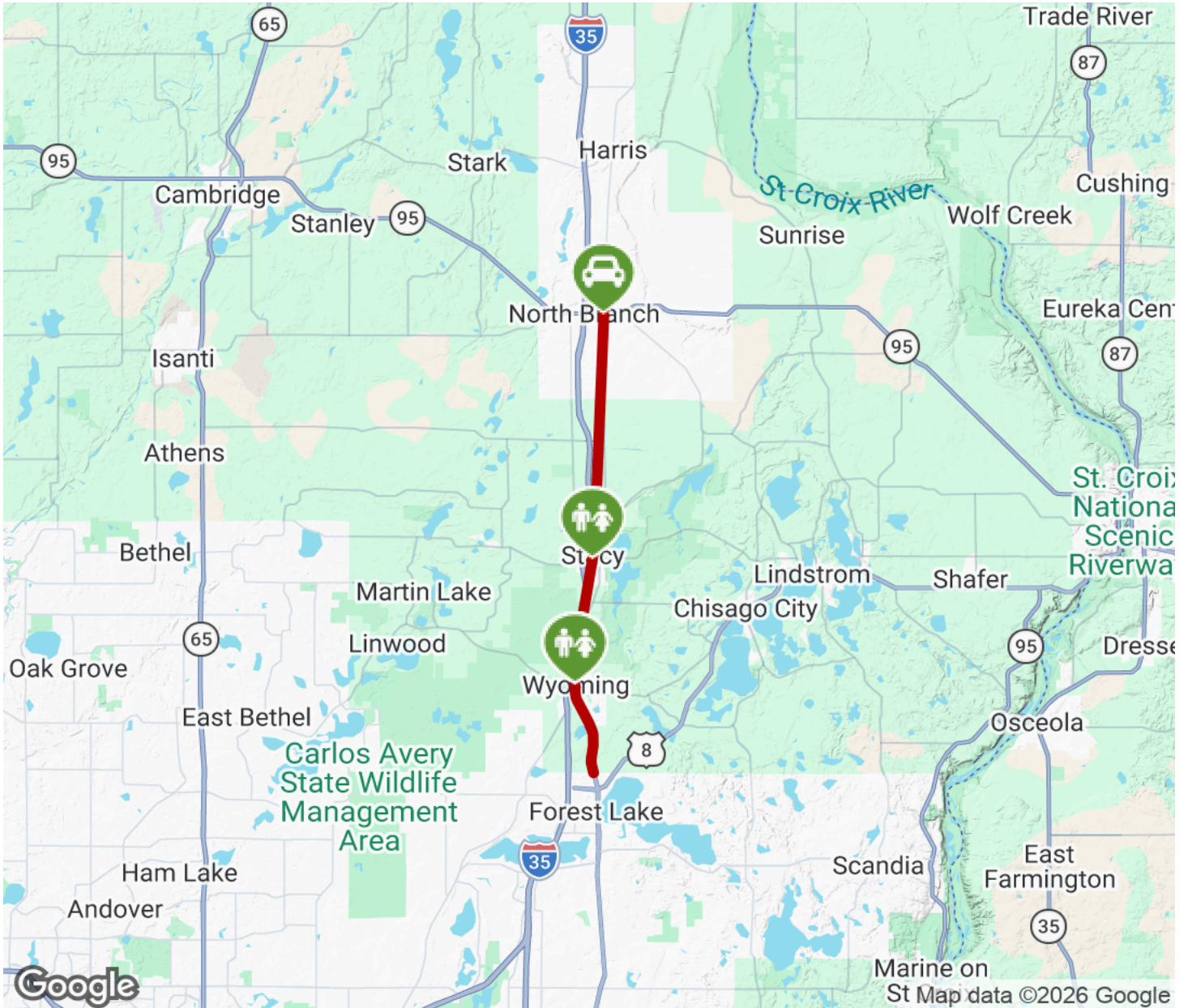
In Wyoming take I-35 to Exit 135 for US 61/Chisago County Road 22. Head 0.2 mile east on US 61/E. Viking Blvd. Turn left onto Forest Blvd., and go approximately 300 feet to the trailhead on the left. Public restrooms are available in the Giese Memorial Library across from the parking lot.

In Forest Lake, park at US 61 and Broadway Ave. Take I-35 to Exit 131. Head east 0.8 mile on W. Broadway Ave. Parking is on the left just after crossing US 61.



Sunrise Prairie Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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