



2026

TrailLink Unlimited



Guides



Ammonoosuc Rail Trail

New Hampshire



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The Ammonoosuc Rail Trail carries its users for 23.46 miles along the scenic river that shares the trail's name. The river itself is a destination for fishing, kayaking, and canoeing. The trail passes through a variety of landscapes and several small historic mill towns that are ideal for sightseeing, shopping, or relaxing. The trail draws ATV riders, hikers, snowmobilers, snowshoers, and cross-country skiers—and also permits dogsledding—but cyclists should note that parts are very rough and challenging, and would be best handled on fat tires.

The northern end of the trail is in the town of Littleton, which is the birthplace of author Eleanor H. Porter, who introduced the world to the inspiringly optimistic Pollyanna. A statue in front of the library at 92 Main Street, only a mile from the trailhead's parking area, and

an umbrella-draped gateway arch across the street honor the character.

The eastern end of the trail between Littleton and Oxbow Dr. is rougher, and trail users may encounter loose gravel more suitable for mountain bikes. Gates along this section of trail keep motorized vehicles off the trail surface and help maintain rideability.

About the Route

For the westernmost 4 miles from Woodsville, the trail crosses the river and offers bucolic views of forest and farmland on its way toward Lisbon.

Before reaching Lisbon the trail passes through Bath, which is known for its three covered bridges, one of which was built in 1832 and passes a scenic waterfall, and then crosses the river again on a former railroad trestle bridge.

Lisbon is a great midpoint along the trail, with a significant history including an 1868 railroad station that serves as the town's Historical Society Museum and rest area. Lisbon was chartered in the mid-1700s (at the time, wigwams were visible from the town's center) and has been home to the world's largest piano sounding board manufacturer, peg mills, and the state's first ski rope tow.

Between Littleton and Libson, the trail alternates between shady deciduous forests, wetlands, fields, and farmland. The trail comes to a stopping point in Littleton along Industrial Park Rd. and then picks back up along Cottage St.

This westernmost section of the trail, between Cottage St. and Oxbow Dr., is rougher and more suitable for mountain bikes but continues along the same scenic Ammonusuc River.



Ammonoosuc Rail Trail

New Hampshire

States: New Hampshire

Counties: Grafton

Length: 23.46miles

Trail end points: Highland St. (Woodsville) to
Oxbox Dr. (Littleton)

Trail surfaces: Ballast,Dirt,Gravel,Sand

Trail category: Rail-Trail

Trail activities: ATV,Fishing,Horseback
Riding,Mountain

Biking,Snowmobiling,Walking,Cross Country
Skiing

Parking & Trail Access

The Ammonoosuc Rail Trail runs between Highland St. (Woodsville) and Oxbox Dr. (Littleton).

Parking is available at:

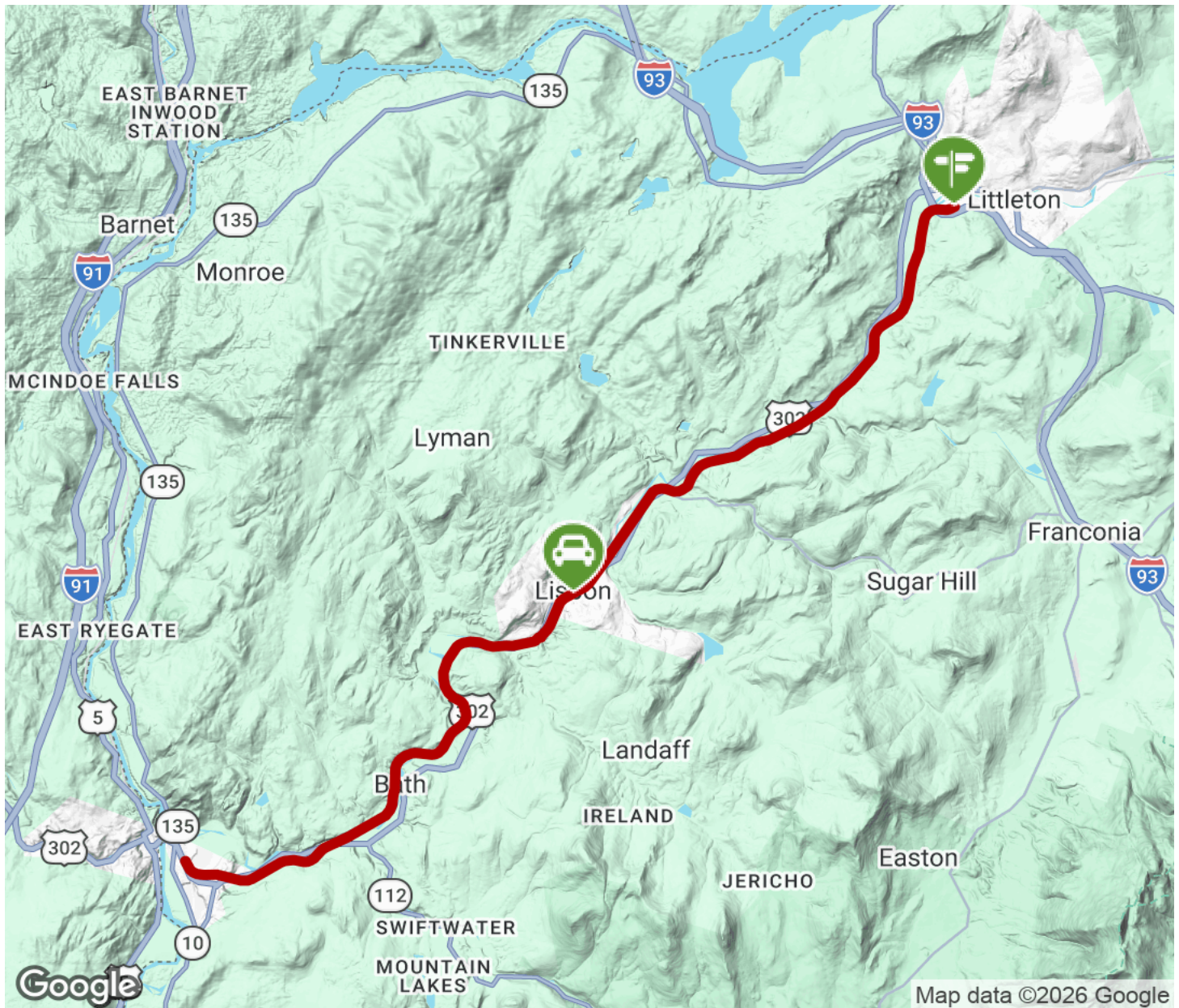
- 50 Landaff Rd (Lisbon)
- 167 Industrial Park Rd (Littleton)

Please see [TrailLink Map](#) for detailed directions.



Ammonoosuc Rail Trail

New Hampshire



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com