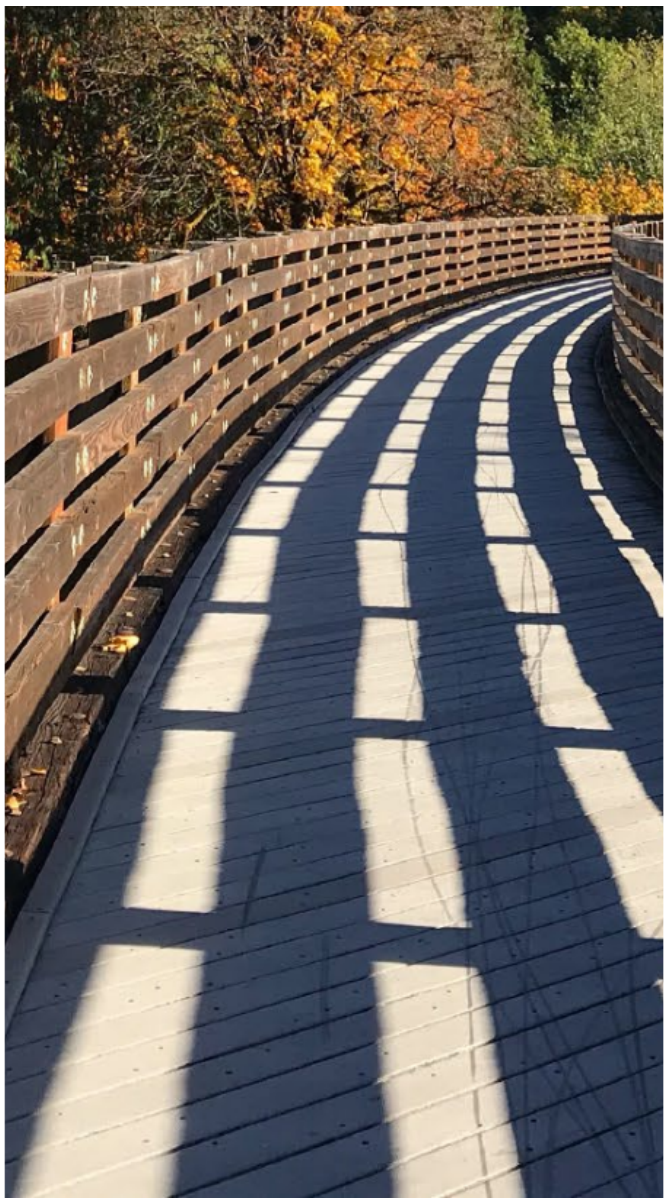
TrailLink
by Rails-to-Trails Conservancy

2025

TrailLink Unlimited

Guides



Windham Rail Trail

New Hampshire

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The Windham Rail Trail passes through the woodsy periphery of Windham in southern New Hampshire, but it sits in the heart of the future cross-state Granite State Rail Trail. The trail is 4.3 miles long and has a paved asphalt surface.

About the Route

At its northern endpoint, the trail connects seamlessly to the Derry Rail Trail. That paved trail continues north almost 4 miles into downtown Derry.

From its northern end, the Windham Rail Trail heads south. It passes between the old station and freight house and enters a wooded area that borders most of the path.

The trail passes two marshy areas as it follows Flatrock Brook and crosses over Mallard Road in the first mile. Mitchell Pond comes into view on the right in 0.8 mile. This area presented problems for the railroad builders as the railbed kept sinking into a meadow. Not far past the pond, the trail is in shade provided by the first pass through rock, which also slowed railroad construction.

Scottish immigrants began settling in the Windham area in 1719 and turned to farming. The trail passes the low stone walls that separated their fields as it heads south. Old stone cellars dug below the settlers' houses can also still be found in the woods. An old stone arch bridge, made of local granite, carries the trail across a stream at about mile 3. Not far past the bridge, the trail enters a rocky, 0.25-mile-long railroad cut through a nearly 30-foot hill. The effects of the shade, water seepage, and the cool breeze funneled through the cut—called the Rainforest Ledge—create a natural air-conditioning system in summer.

The only road crossing on the trail is at Roulston Road (no parking here), then the trail crosses SR 111 via a modern pedestrian bridge at mile 3.6. The trail ends in 0.4 mile on Range Road, where there is a bicycle shop. Cross Range Road to pick up the Salem Bike-Ped Corridor.

Connections

At its northern endpoint, the trail connects seamlessly to the Derry Rail Trail. At its northern trailhead (about 0.2 miles south of the trail's northern endpoint), there is parking available and the Windham Rail Trail connects to the Rockingham Recreational Rail Trail (Fremont Branch).

At its southern end, the trail connects to the Salem Bike-Ped Corridor. The trail's connections to the Derry Rail Trail in the north and the Salem Bike-Ped Corridor in the south make up the longest paved section—10 miles—of a future 125-mile route between Massachusetts and Vermont that will combine

Windham Rail Trail

New Hampshire

States: New Hampshire
Counties: Rockingham
Length: 4.3miles
Trail end points: Derry Rail Trail at N Lowell Rd/Windham Rd at Brown Rd to Salem Bike-Ped Corridor at Range Rd at SR 28/N Broadway (Windham)
Trail surfaces: Asphalt
Trail category: Rail-Trail
Trail activities: Bike,Fishing,Horseback Riding,Inline

Parking & Trail Access

The Windham Rail Trail runs between the Derry Rail Trail at N Lowell Rd/Windham Rd at Brown Rd (Windham) and the Salem Bike-Ped Corridor at Range Rd at SR 28/N Broadway (Windham), where parking is available.

Parking is available at:

- Windham Depot, on Depot Rd about 0.2 miles from northern endpoint (Windham)

Please note that parking is prohibited at Windham Depot from 30 minutes after sunset to 30 minutes before sunrise.

These are not official addresses, visit the TrailLink map for all parking options and detailed directions.

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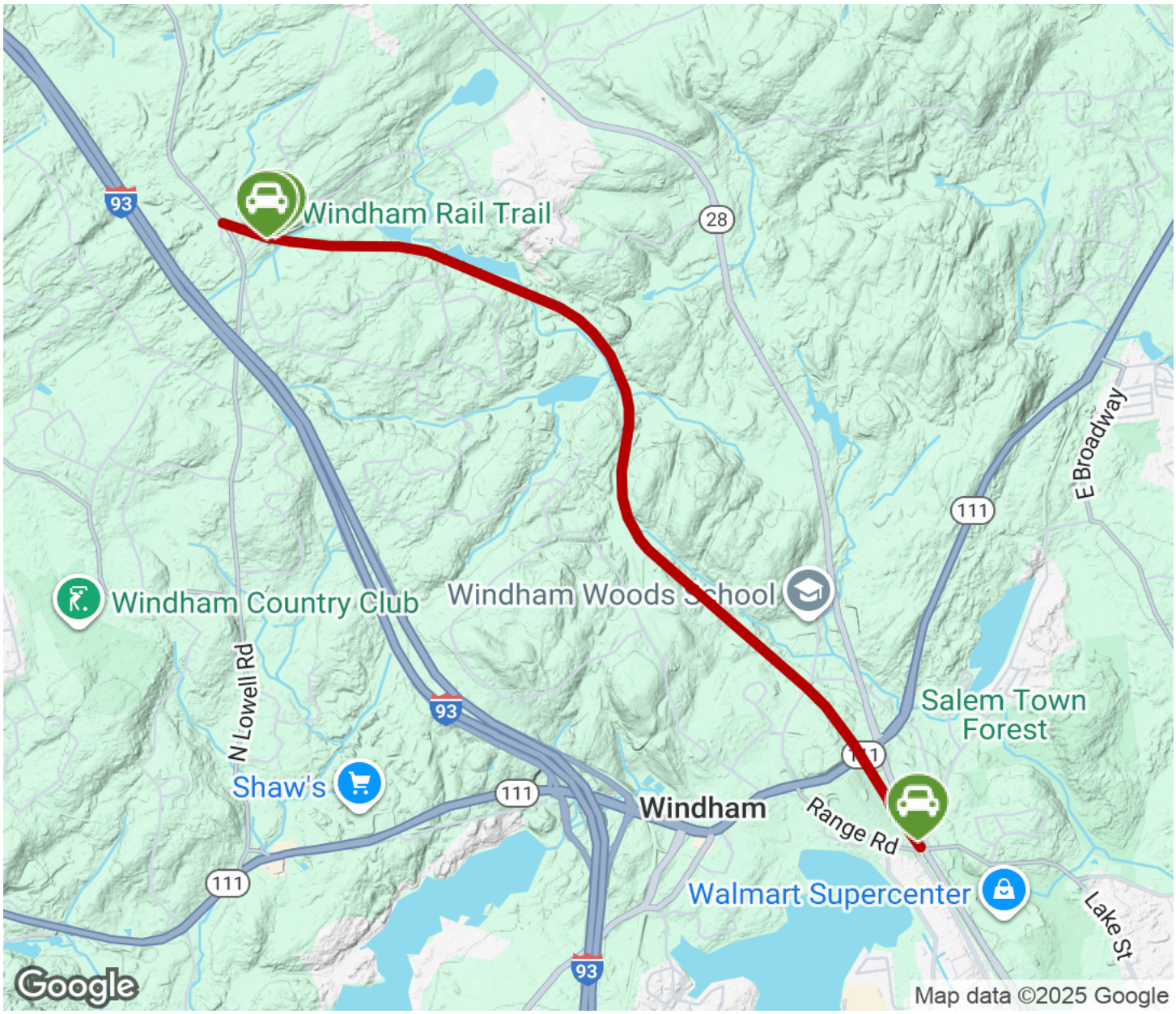

Trailhead Restroom Parking Water Fountain Tunnel

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