



2025

TrailLink Unlimited 

Guides



**West Milan
Trail**
New Hampshire



West Milan Trail

New Hampshire

The West Milan Trail follows a portion of the Upper Ammonoosuc River along State Route 110 northwest of Berlin. The multi-use trail



The West Milan Trail follows a portion of the Upper Ammonoosuc River along State Route 110 northwest of Berlin. The multi-use trail is relatively flat and follows a scenic mountain valley corridor.



TrailLink
by Rails-to-Trails Conservancy

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West Milan Trail

New Hampshire

States: New Hampshire

Counties: Coos

Length: 4.5miles

Trail end points: Hagar Rd. (Spruceville Rd.) to
York Pond Rd. (White Mountain National
Forest)

Trail surfaces: Gravel

Trail category: Rail-Trail

Trail activities: Fishing,Horseback

Riding,Mountain

Biking,Snowmobiling,Walking,Cross Country

Parking & Trail Access

There is trailhead parking at both ends of the trail. To access the north end, take SR 110 to Spruceville Road and head south. Continue to the end of Hagar Road. To reach the south end, take York Pond Road and head south. Just past the turnoff to 14-Mile Loop Road, you'll cross the river. The trailhead on the right.



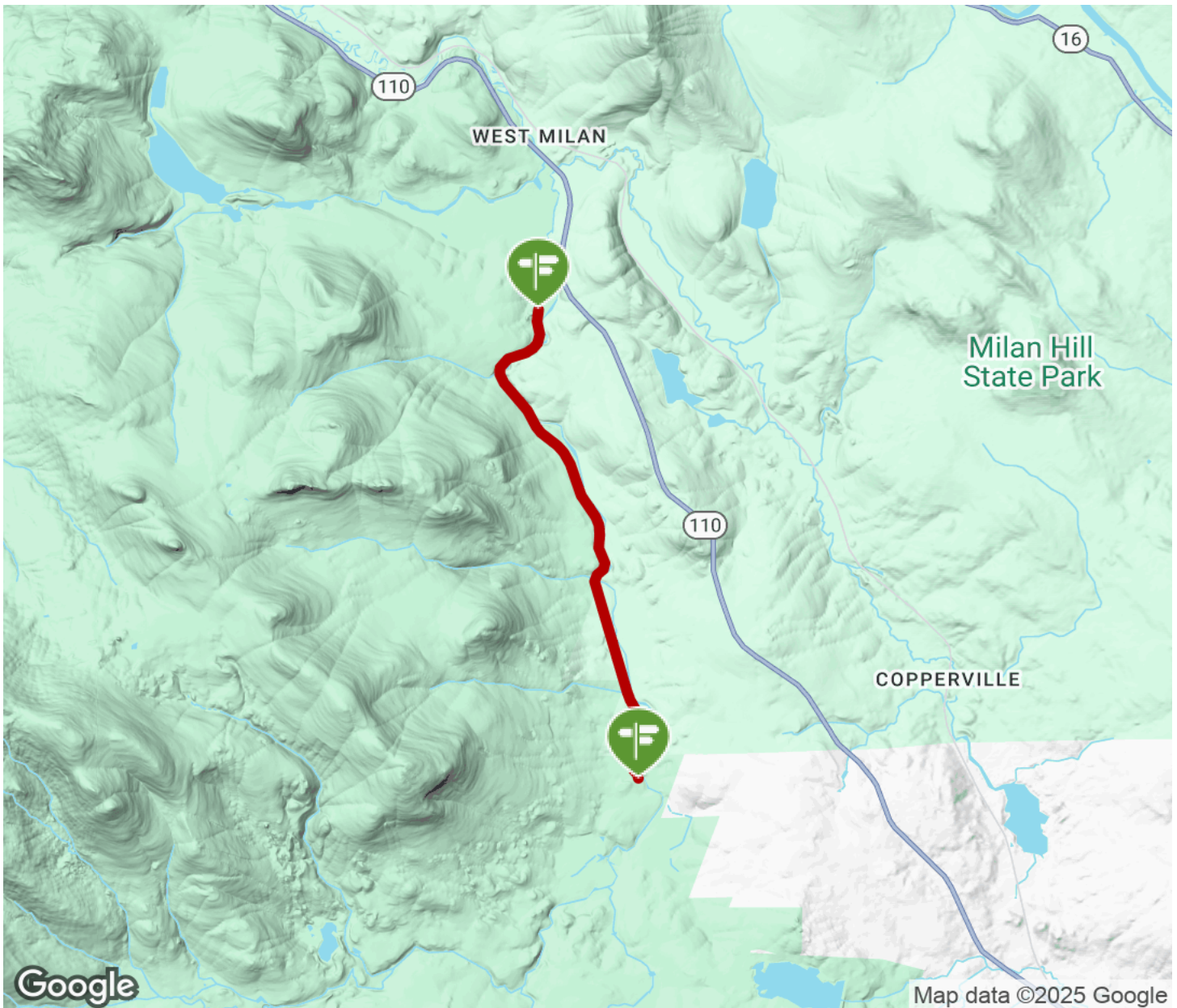
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West Milan Trail

New Hampshire



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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