



2026

TrailLink Unlimited 

Guides



**Middlesex
Greenway**
New Jersey



Middlesex Greenway

New Jersey

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It's hard to believe that a noisy locomotive once ran through here, given that stillness is a defining characteristic of the Middlesex Greenway. Even when people pour onto the trail from the adjacent neighborhoods, it remains a tranquil escape shielded from the everyday hum of the suburbs and the hubbub of the industries nearby.

The 3.6-mile Middlesex Greenway is a great trail for a leisurely stroll with a dog (leashed, of course), an evening jog, or a bike ride. Because of its location, it's a natural draw for families, and trail users will see users of all ages enjoying a shady trip through history. Currently, the trail runs from Metuchen through Edison to Woodbridge.

About the Route

A good place to begin a trail ride is the Metuchen trailhead on the western end of the trail, with parking and a trail kiosk. A gateway with the trail's name signifies its start, and trail users will see this motif replicated at other trail entry points; seven of these entrances are wheelchair accessible. The path stretches out flat and wide, hemmed in by native plantings and giant trees. Mile-marker posts whiz by every 0.25 mile, along with a sign to let trail users know which of the three municipalities you are in at that time. Colorful and detailed interpretative signage can also be found strategically placed at access points, narrating the history of the railroad and the region.

In Edison, about 1 mile in, trail users may spot the logo of the East Coast Greenway; this portion of the trail is part of that developing effort to connect trails on a 3,000-mile route between Maine and Florida. Edison is also where trail users can find the lone pedestrian bridge on the trail; the rest of the crossings are either underneath vehicular traffic or at street level (The Woodbridge Avenue crossing is the widest of the on-road crossings, so approach with caution). The bridge arches over US 1 before depositing you safely on the other side of the highway.

In Woodbridge, more than 2.5 miles into your journey, on the right side of the trail there is a red brick wall with faded lettering looming above the bushes. A historical marker reveals this to be the old Ford Porcelain Works building, constructed in 1906. This factory produced bathroom fixtures, including sinks, bathtubs, and toilets, but shut down in the 1960s. The trail dead-ends unceremoniously shortly thereafter.

Connections

The Middlesex Greenway is part of the East Coast Greenway.

Trail History



Middlesex Greenway

New Jersey

States: New Jersey

Counties: Middlesex

Length: 3.6miles

Trail end points: Middlesex County Open Space, 691-707 Middlesex Ave. (Metuchen) to E. William St. (Fords)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike,Inline Skating,Walking,Wheelchair Accessible,Cross Country Skiing

Parking & Trail Access

The Middlesex Greenway runs between Middlesex County Open Space, 691-707 Middlesex Ave. (Metuchen) and E. William St. (Fords), with parking available at both ends.

Parking is also available at:

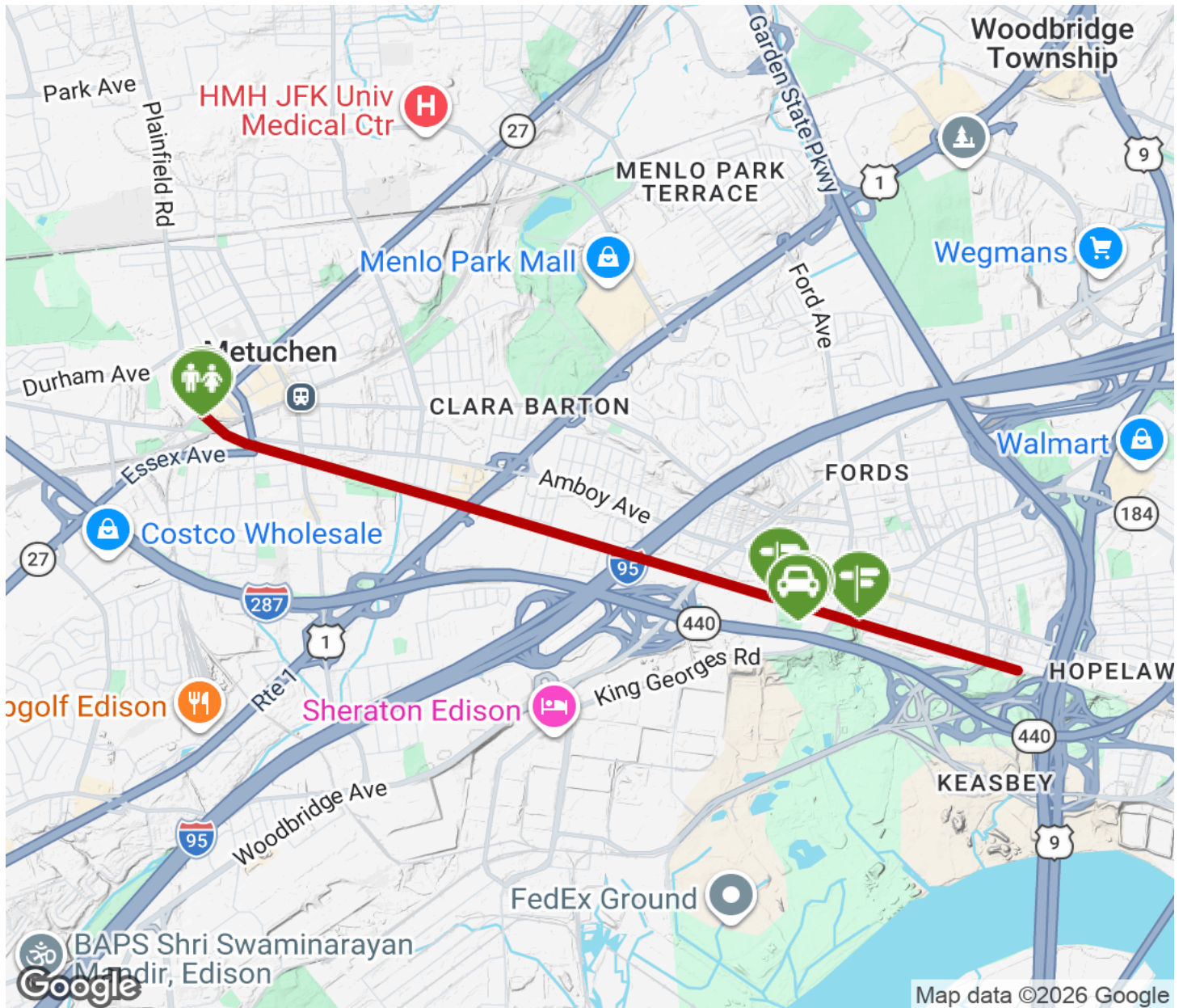
- Dudash Park, 52 May St. (Edison)

Please see [TrailLink Map](#) for all parking options and detailed directions.



Middlesex Greenway

New Jersey



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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