



2025

TrailLink Unlimited 

Guides



**Catharine  
Valley Trail**  
*New York*



# Catharine Valley Trail

New York

*Overview The Catharine Valley Trail is an almost 14-mile multiuse pathway that provides a comfortable and shaded trail experience*



## Overview

The Catharine Valley Trail is an almost 14-mile multiuse pathway that provides a comfortable and shaded trail experience through Upstate New York. The rail-trail runs between Seneca Harbor Park in Watkins Glen and Mark Twain State Park in Horseheads. High points include the historical town of Montour Falls, with its incredible downtown vista featuring several striking civic buildings complemented by a waterfall backdrop, and the scenic views as the trail enters the Watkins Glen marina.

## About the Route

From the northern outskirts of Horseheads, the trail heads north through Pine Valley, Millport, Montour Falls,

and downtown Watkins Glen. The majority of the trail is wooded, with a solidly packed crushed-limestone surface.

The majority of the route (12 miles) is off-road, but there are a few sections in Montour Falls and in Watkins Glen where the route utilizes sidewalks and runs alongside roadways. Exercise caution and be mindful of vehicle traffic, particularly between Seneca Harbor Park and Fairgrounds Lane in Watkins Glen, and along N Genesee Street, West Main Street, Montour Street and Cook Street in Montour Falls.

From its southern end on Huck Finn Road, the trail is screened from the roadway by trees and brush as it heads north, paralleling Route 14. In about 3 miles, the route crosses the roadway on a pedestrian bridge and continues through the forest canopy and peaceful environs. A half mile after the bridge, the trail reaches Morris Hill Road and traverses Millport.

The route utilizes village streets through Montour Falls, where there are trailheads at South Genesee Street and Cook Street. After leaving Montour Falls, the trail skirts the Catharine Creek Wildlife Management Area. There are two restrooms spaced out along the trail and quite a few historical landmarks.

In Watkins Glen, turn west on Fairgrounds Lane and then north on Decatur Street. Continue following the roadway to the marina, which offers excellent views of beautiful Seneca Lake. Watkins Glen is the perfect ending to the trail journey. It's a lovely town and very walkable, with a harborside restaurant and many shops to browse.

Other nearby attractions include Watkins Glen State Park, which has spectacular waterfalls, rocky cliffs, and a variety of recreational opportunities.

## Trail History



**TrailLink**  
by Rails-to-Trails Conservancy

**TrailLink.com**



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**States:** New York

**Counties:** Chemung, Schuyler

Length: 13.8 miles

**Trail end points:** N Decatur St (Watkins Glen)  
to Huck Finn Rd (Horseheads)

**Trail surfaces:** Asphalt, Crushed Stone

**Trail category:** Rail-Trail

**Trail activities:** Bike, Wheelchair

Accessible, Walking, Cross Country Skiing

## Parking & Trail Access

The Catharine Valley Trail runs between N Decatur St (Watkins Glen) and Huck Finn Rd (Horseheads), both of which offer parking.

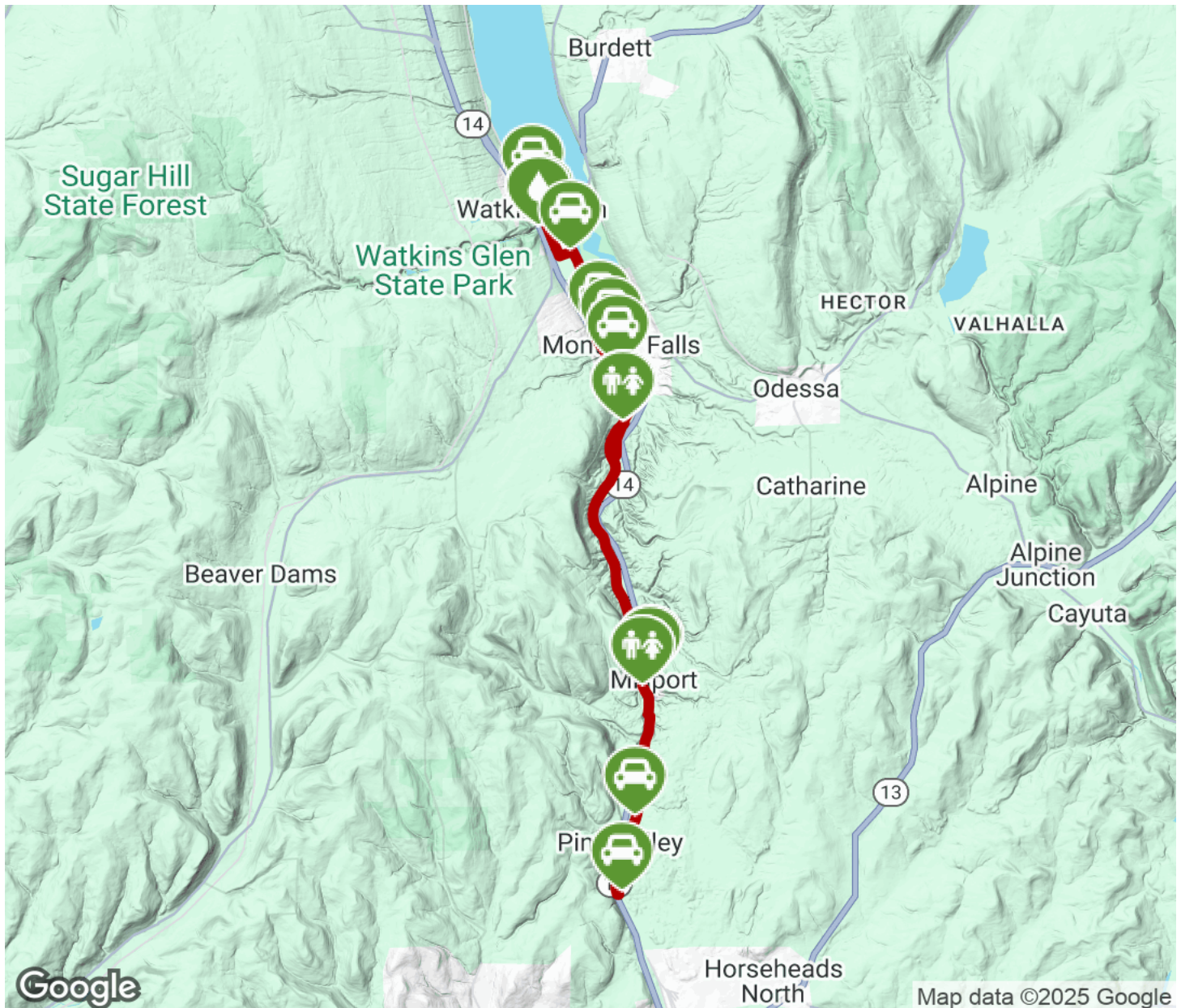
Visit the [TrailLink map](#) for all parking options and detailed directions.





# Catharine Valley Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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