



2026

TrailLink Unlimited 

Guides   



**Catharine
Valley Trail**
New York



Catharine Valley Trail

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The Catharine Valley Trail (CVT) is a scenic 13-mile nature trail stretching between the Watkins Glen Pier and the Huck Finn Road



The Catharine Valley Trail (CVT) is a scenic 13-mile nature trail stretching between the Watkins Glen Pier and the Huck Finn Road Trailhead in Horseheads. At the Huck Finn Trailhead, trail users can also experience the EK Birding Trail. CVT is a multi-use pathway that provides a comfortable, shaded biking and walking experience through Upstate New York. High points include two large waterfalls visible from the trail, as well as a small Cemetery for one of the founders of Montour Falls and a "Turtle Mound" tribute to Queen Catharine. There is an STQRY app (Called Catharine Valley Trail) that trail users can use to listen to the trail history along the trail, and it has an interactive Map. Please see the signs along the trail with instructions.

About the Route

Trail users can easily start the CVT from either endpoint. From the northern outskirts of Horseheads, the trail heads north through Pine Valley, Millport, Montour Falls, and downtown Watkins Glen. Most of the trail is wooded, with a solidly packed crushed-limestone surface; there are a few sections of the trail that run alongside roadways. Exercise caution and be mindful of vehicle traffic, particularly between Seneca Harbor Park and Fairgrounds Lane in Watkins Glen, NY, along N. Genesee Street, West Main Street, Montour Street, and Cook Street in Montour Falls, NY. From its southern end on Huck Finn Road, the trail is screened from the roadway by trees and brush as it heads north, paralleling Route 14. In about 3 miles, the route crosses the roadway on a pedestrian bridge and continues through the forest canopy and peaceful environs. A half mile after the bridge, the trail reaches Morris Hill Road and traverses Millport. The route utilizes village streets through Montour Falls, where trailheads are at South Genesee and Cook Street. After leaving Montour Falls, the trail skirts the Catharine Creek Wildlife Management Area. Two restrooms are spaced out along the trail, and quite a few historical landmarks are to be discovered. In Watkins Glen, turn west on Fairgrounds Lane and then north on Decatur Street. Continue following the roadway to the marina, which offers excellent views of beautiful Seneca Lake. Watkins Glen is the perfect ending to the trail journey. It's a lovely town and very walkable, with a harbor-side restaurant and many shops to browse. Other nearby attractions include Watkins Glen State Park, which has spectacular waterfalls, rocky cliffs, and a variety of recreational opportunities. CVT also crosses with the 548-mile Finger Lakes Trail right in Lafayette Park in Watkins Glen.

Trail History

Over 200 years ago, the hillsides surrounding Seneca Lake were home to vibrant Iroquois villages, a testament to the rich indigenous heritage of this region. The landscape was forever altered during the Revolutionary War when the Sullivan



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States: New York

Counties: Chemung, Schuyler

Length: 13.8 miles

Trail end points: N Decatur St (Watkins Glen)
to Huck Finn Rd (Horseheads)

Trail surfaces: Asphalt, Crushed Stone

Trail category: Rail-Trail

Trail activities: Bike, Walking, Wheelchair
Accessible, Cross Country Skiing

Parking & Trail Access

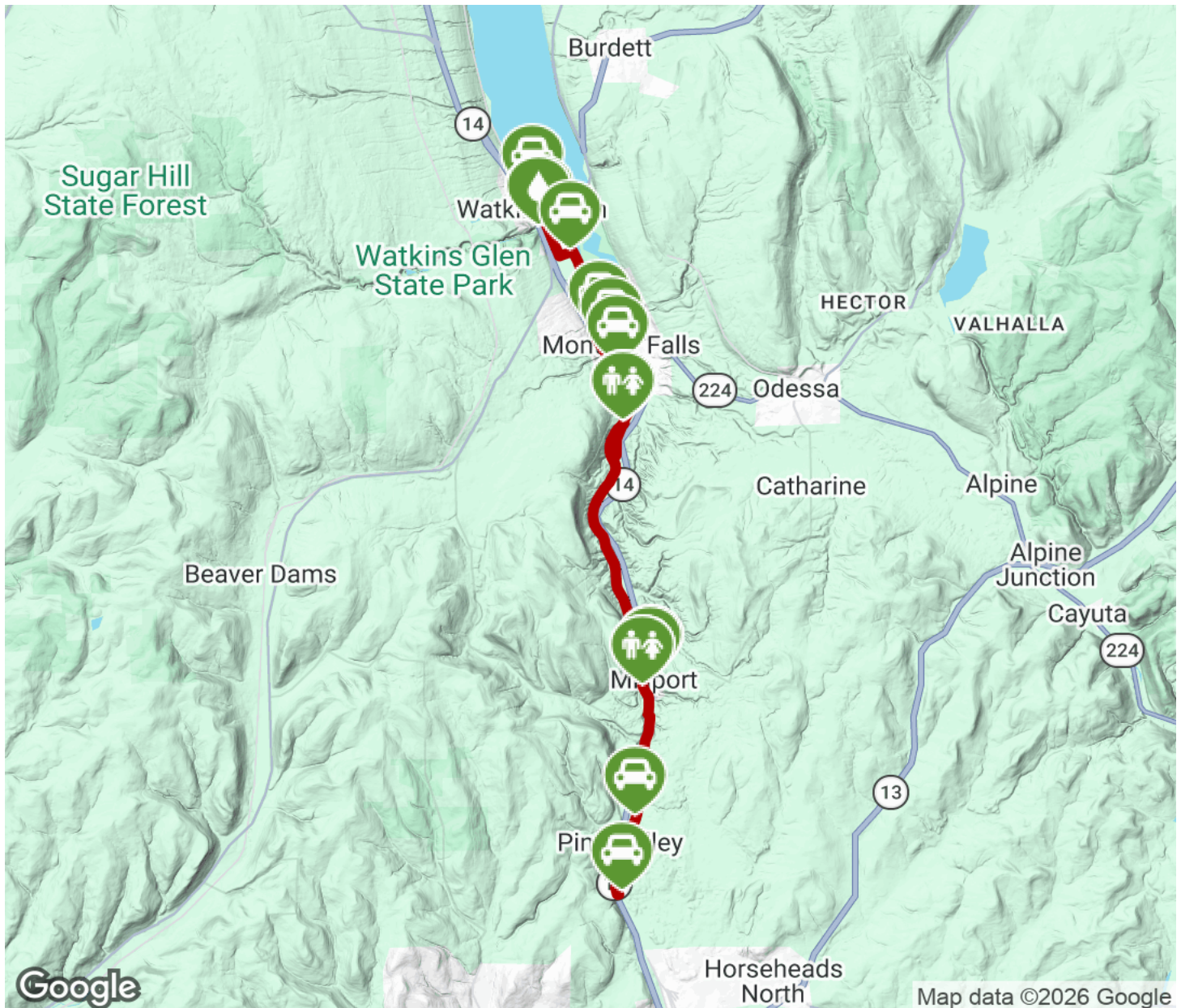
The Catharine Valley Trail runs between N Decatur St (Watkins Glen) and Huck Finn Rd (Horseheads), both of which offer parking.

Please see [TrailLink Map](#) for all parking options and detailed directions.



Catharine Valley Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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