



2026

TrailLink Unlimited



Guides



Prisma Health Swamp Rabbit Trail

South Carolina



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With the perfect mix of cityscapes and natural views, the Prisma Health Swamp Rabbit Trail is a Southern gem. The trail was named for the former Greenville and Northern Railroad, nicknamed the Swamp Rabbit because its route took it through the wetlands of the upper Reedy River.

To date, the 28.2-mile rail trail has three short, disconnected segments in Clinton, Fountain Inn, and Simpsonville; a 5.7-mile segment connecting Conestee Nature Preserve to Greenville's Cleveland Park; a 0.6-mile segment through Hampton Station; and one 17.7-mile continuous segment. The trail is segmented into Green, Orange, and Blue Lines, which will be like subway lines as the trail system expands, creating a community-wide transportation element.

About the Route

To travel the 17.7-mile continuous trail segment from Greenville to Travelers Rest, trail users can start at Greenville Technical College and head northwest to East Faris Road. Use caution as you continue along the Reedy River toward Travelers Rest, as this section of the trail is subject to flooding. As the trail reaches Cleveland Park Drive, trail users may either continue toward downtown Greenville by turning left or explore the Cleveland Park Spur, which wraps around the park. The spur marks the beginning of the 4-mile Green Line Extension, which features two bridges over multilane roads and South Carolina's first diagonal pedestrian crossing with a bike signal. The freshly paved trail heads through lush greenery and passes Holland Park, where trail users can find ropes courses and good food. The extension reaches its southern end at Verdae Boulevard.

If you decide to forgo the new extension and continue toward downtown Greenville, this portion of the trail passes Cancer Survivors Park and the beautiful Falls Park on the Reedy, featuring a pedestrian bridge over the Reedy River. The next section of the paved trail includes rubberized asphalt for runners. Continuing, you will turn left at Linky Stone Park under US 123/South Academy Street and follow signage through downtown to Unity Park, featuring eateries, a huge playground, and a splash pad.

The remainder of the trail is quiet and scenic as you continue north along the Reedy River under a canopy of trees and past Furman University. At the northern end of the trail, trail users will find themselves in the growing town of Travelers Rest, where a bicycle shop offers rentals and repairs.

Connections

In the heart of Greenville, the trail connects to the [Cleveland Park Spur](#).



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South Carolina

States: South Carolina

Counties: Greenville

Length: 28miles

Trail end points: Tate Rd south of White Horse Rd/CR 59 (Travelers Rest) to Cleveland St & S Pleasantburg Dr/SC-291 (Greenville)

Trail surfaces: Asphalt, Boardwalk

Trail category: Rail-Trail

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

Parking & Trail Access

The Prisma Health Swamp Rabbit Trail runs between Verdae Blvd. (Greenville) and White Horse Rd. Ext. (Travelers Rest), where parking is available, with several other disconnected segments.

Parking is also available at:

- Gateway Park, 115 Henderson Dr (Travelers Rest)
- Furman University, 3300 Poinsett Hwy (Greenville)
- 150 Cleveland Park Dr (Greenville)

See [TrailLink Map](#) for all parking options and detailed directions.

