



2026

TrailLink Unlimited 

Guides   



**South County
Trailway**
New York



South County Trailway

New York

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The South County Trailway rolls 14.4 miles through one of the most dense parts of greater New York City, though its backcountry route through pocket woodlots, parks, and golf courses and along riverbanks make it easy to forget its populous surrounds. Along with its counterpart, the [North County Trailway](#), the trail serves as a north-south spine for car-free travel through Westchester County, as part of the statewide Empire State Trail. Plentiful tree cover provides generous shade in the summertime, though the tree roots have created ridges in the asphalt that can make for bumpy travel for trail-users on wheels.

About the Route

The South County Trailway's northern endpoint is at 415

Old Saw Mill River Road (Elmsford), where it connects with its sister trail, the [North County Trailway](#). Heading south, the trail follows near the eastern side of Saw River Mill Parkway, though tucked away and separated from the road by forest. Leaving the northern endpoint, trail passes behind industrial zones home to warehouses and the New York Knicks' training facility, and crosses under I-287 before reaching the denser, residential town center of Elmsford.

In Elmsford, at a street-level unmarked crossing at W Main St., the trail passes its only surviving railroad station from the "Old Put" days. It is home a restaurant today, one of many places to eat nearby. Continuing south, the trail surrounds quickly returns to forest on a stretch of wooded thicket tucked between Saw Mill Pky and I-87. The the trail passes Woodlands Lake in V.E. Macy Park, where the haunting Great Hunger Memorial across the lake memorializes the millions who died in the Irish potato famine.

Continuing south, the trail approaches clusters of small businesses, and two large indoor sports complexes as it reaches Chauncey. Further options for a snack or beverage are easily accessible just west of the trail, at its junction with Lawrence Street. Just south of here, the trail passes the sprawling Mount Hope and Westchester Hills Cemeteries on a mostly straight and forested stretch, with Saw Mill Parkway in earshot to its west, and the Saw Mill River to its east. After whisking underneath Ravensdale Road, and crossing Farragut Avenue at street level, the trail crosses over the Saw Mill River at a bridge.

Ahead, as the trail enters Yonkers, the environment remains tree-lined, though trailside businesses and residences become more dense. The trail crosses Saw Mill River Road on an exclusive bridge, before finding two trailside, wooded community parks, Henning Park and Welty Park. As the trail curves, an observation point, just north of the Palmer Road overpass, reveals a view of north Yonkers at the trail's highest point. The path then weaves through the suburban



South County Trailway

New York

States: New York

Counties: Westchester

Length: 14.4 miles

Trail end points: 415 Old Saw Mill River Rd.
(Elmsford) to Van Cortlandt Park (Yonkers)

Trail surfaces: Asphalt, Concrete

Trail category: Rail-Trail

Trail activities: Bike, Inline
Skating, Walking, Wheelchair Accessible, Cross
Country Skiing

Parking & Trail Access

The South County Trailway runs between 415 Old Saw Mill River Rd. (Elmsford) and Van Cortlandt Park (Yonkers), with parking available at the Elmsford endpoint.

The New York City Subway offers transit access to the trail via the 1 train at Van Cortlandt Park-242 Street Station. If taking a bike aboard a train, refer to the transit agency's policies. The trail is also accessible in several places via Westchester County's Bee-Line bus service.

Parking is also available at:

- 2 Lawrence St (Ardsley)
- H F Redmond Junior Memorial Park (Yonkers)
- Tibbets Brook Park at Teresa Ave (Yonkers)

There are numerous parking options along this route, see [TrailLink Map](#) for all parking options and detailed directions.



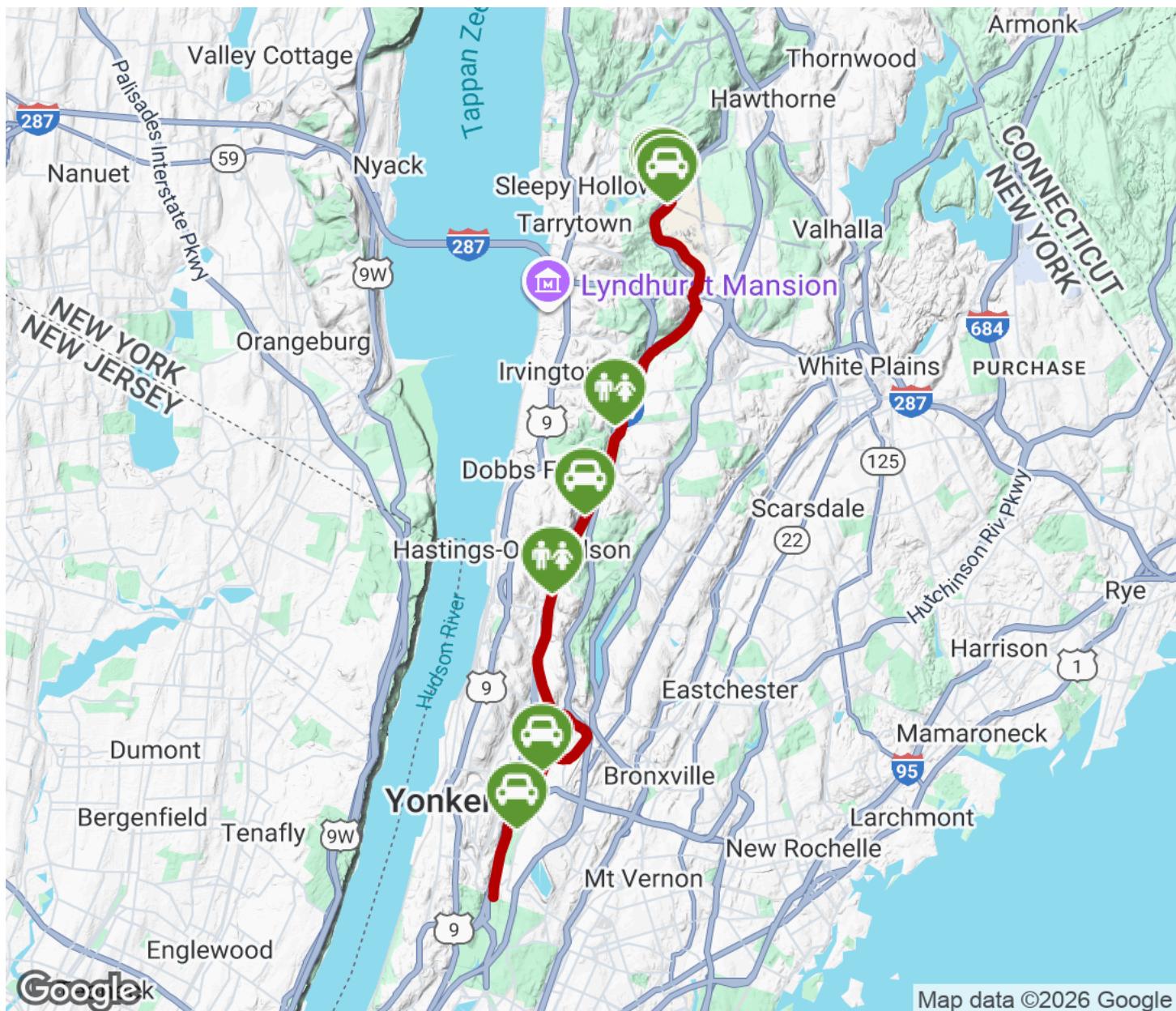
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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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