



2025

TrailLink Unlimited 

Guides   



**Harlem Valley
Rail Trail**
New York



Harlem Valley Rail Trail

New York

Overview Paralleling the Connecticut and Massachusetts borders, which lie only a few miles away, the Harlem Valley Rail Trail is a



Overall, the trail is bucolic and easygoing throughout. The asphalt pavement is well maintained and mostly flat. Scenery is generally wooded, though the path passes through a variety of landscapes, including wetlands, creeks, some open grasslands, tree farms, and farmland. The trail features numerous parking lots and access points, mileposts, signage, and benches.

The southern end of the 24.7-mile southern section begins just south of Wassaic Station, the northern terminus of the Metro-North Railroad Harlem Line, a commuter route. Because the Metro-North line ends here, the trail parallels the active rail line only a short distance. The northern endpoint of this trail section is just north of Taconic State Park at Orphan Farm Road in the hamlet of Copake Falls.

After a gap of 0.7 mile, the southern end of the northern section of trail picks up at Black Grocery Road and continues north to Anthony Street in a residential area of Hillsdale. Currently this segment is only 1.5 miles long and is difficult to access. However, pleasant views along the way include vast fields of Christmas trees and other active farmland.

Overview

Paralleling the Connecticut and Massachusetts borders, which lie only a few miles away, the Harlem Valley Rail Trail is a beautiful 26.2-mile wooded pathway along the former New York & Harlem Railroad corridor that is accessible to users of many types and abilities.

Trail advocates ultimately envision a 46-mile trail from Wassaic in Dutchess County to Chatham in Columbia County. Currently, the trail is over halfway complete. For now, trail users can ride uninterrupted from Wassaic to Taconic State Park.

About the Route



Harlem Valley Rail Trail

New York

States: New York

Counties: Columbia, Dutchess

Length: 26.2 miles

Trail end points: Anthony St (Hillsdale) to
Furnace Bank Rd (Wassaic)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike, Inline

Skating, Wheelchair Accessible, Walking, Cross
Country Skiing

Parking & Trail Access

The Harlem Valley Rail Trail runs between Anthony St (Hillsdale) and Furnace Bank Rd (Wassaic).

Parking is available at several locations along the trail, including:

- Wassaic MTA Station
- Mechanic St & Railroad Ave (Amenia)
- Coleman Station Rd (Millerton)
- former Millerton Station (14 Main St, Millerton)
- Miles Rd & NY-344 (Copake Falls)

Visit the [TrailLink map](#) for all options and detailed directions.



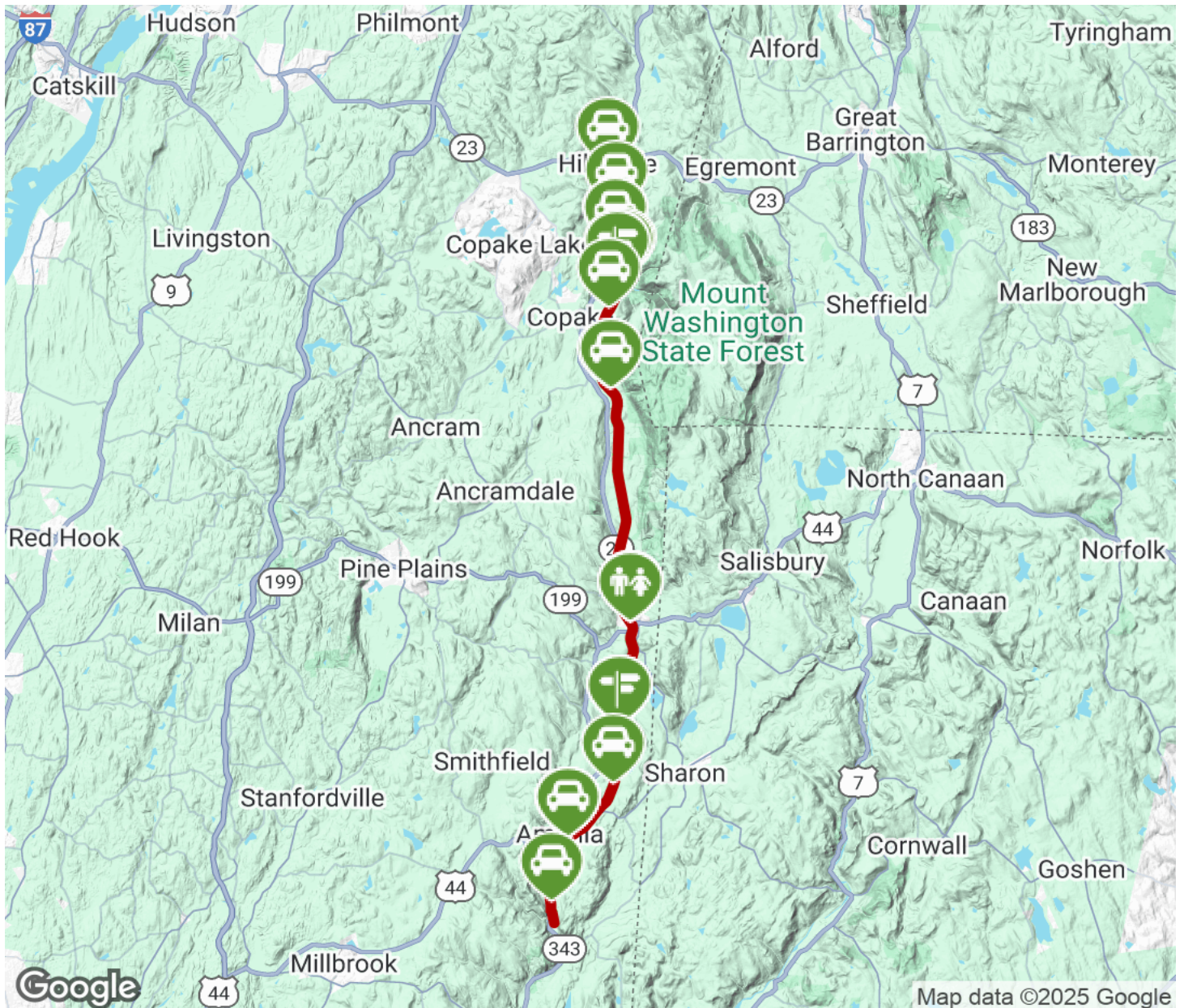
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Harlem Valley Rail Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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