



2026

TrailLink Unlimited 

Guides   



KATY Trail
(Tulsa)
Oklahoma



KATY Trail (Tulsa)

Oklahoma

The KATY Trail runs between the northwest edge of downtown Tulsa and the suburb of Sand Springs. You can continue over the



restrooms and drinking fountains about every mile, and covered resting areas offer shade during summer.

The KATY Trail runs between the northwest edge of downtown Tulsa and the suburb of Sand Springs. You can continue over the bridge to Prattville just south of the Arkansas River. Mile markers appear every 0.5 mile and begin at the east end in Tulsa. The trail closely follows US 412/US 64 through neighborhoods, parks and shopping districts. Several spurs from these places link to the trail along the way.

Where US 412/US 64 crosses S. 25th W. Avenue, you can take the [Newblock Park Trail](#) south. Continuing toward Sand Springs the KATY Trail meets up with the [River City Trail](#) in River City Park.

The KATY follows an old corridor of the former Missouri-Kansas-Texas Railroad (a.k.a. the KATY). You'll find



KATY Trail (Tulsa)

Oklahoma

States: Oklahoma

Counties: Tulsa

Length: 8.1miles

Trail end points: Wilson Ave. at Canton Ave.
(Prattville) to Archer Ave. at Lawton Ave. (Tulsa)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike, Inline
Skating, Walking, Wheelchair Accessible

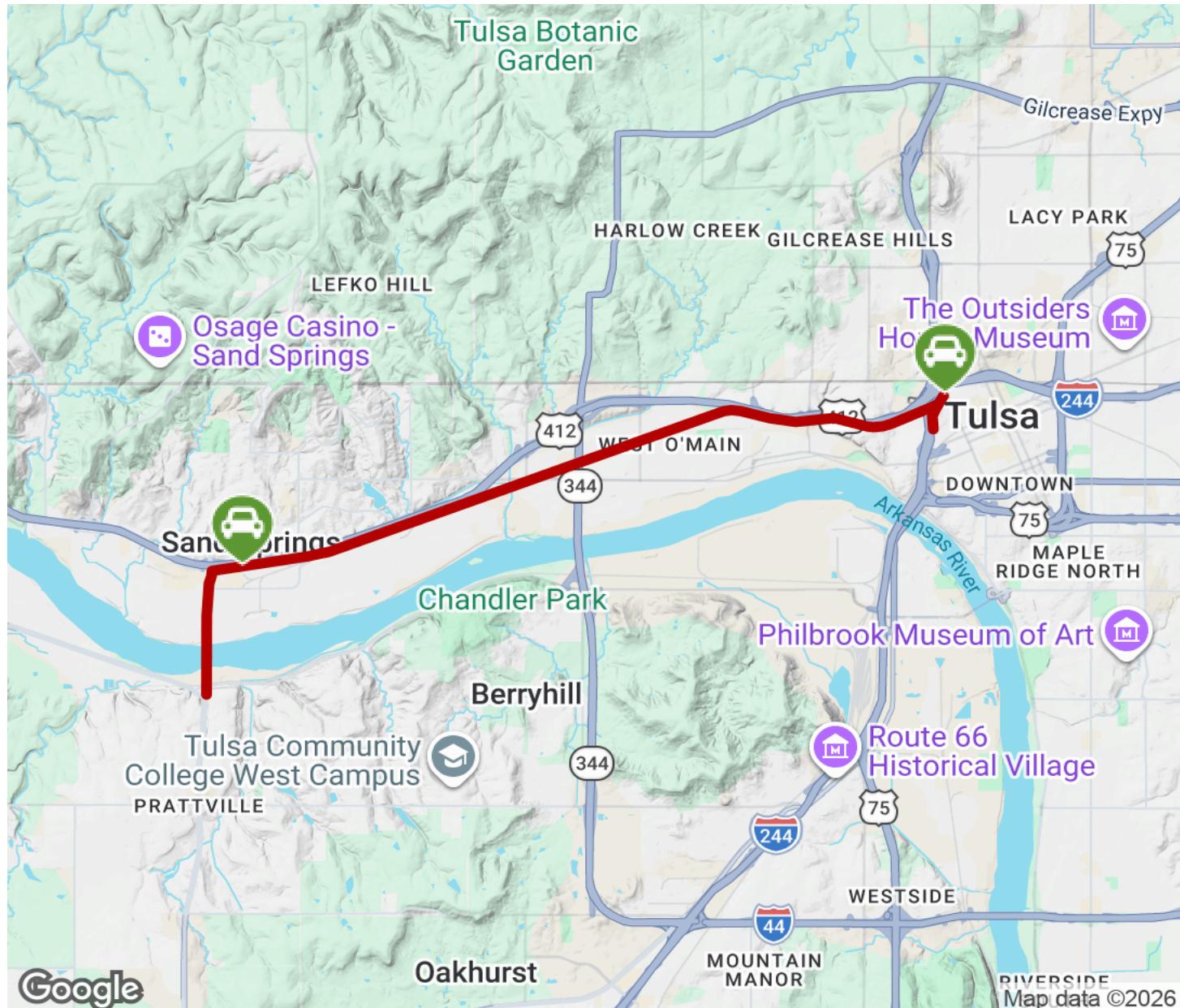
Parking & Trail Access

In downtown Sand Springs you'll find 9-hour parking near the trail crossing at Main Street and US-64/412 or at River City Park. In Tulsa, park behind the Tulsa County Jail off Denver Ave. by I-244.



KATY Trail (Tulsa)

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)