



2026

TrailLink Unlimited



Guides



**Old Frisco
Trail**
Oklahoma



Old Frisco Trail

Oklahoma

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The Old Frisco Trail begins on the south end of Poteau, the county seat of eastern Oklahoma's Le Flore County, not far from the state's border with Arkansas. Most of the trail has a crushed stone surface and you'll cross occasional wooden trestles along the route. The pathway is relatively flat and parallels Old Wister Highway through a forested area.

On the way to Wister, you'll pass the scenic Cavanal Lake and end your journey just north of Lake Wister State Park, a beautiful 33,000-acre area offering additional hiking and biking opportunities.

Note that the trail is prone to flooding in rainy weather, so use caution.



Old Frisco Trail

Oklahoma

States: Oklahoma

Counties: Le Flore

Length: 6.5miles

Trail end points: Old Wister Highway and Cavanal Scenic Expressway (Poteau) to Chickasaw Ave./US 270 and Huff St. (Wister)

Trail surfaces: Dirt,Grass,Gravel

Trail category: Rail-Trail

Trail activities: Bike,Fishing,Horseback Riding,Mountain Biking,Walking

Parking & Trail Access

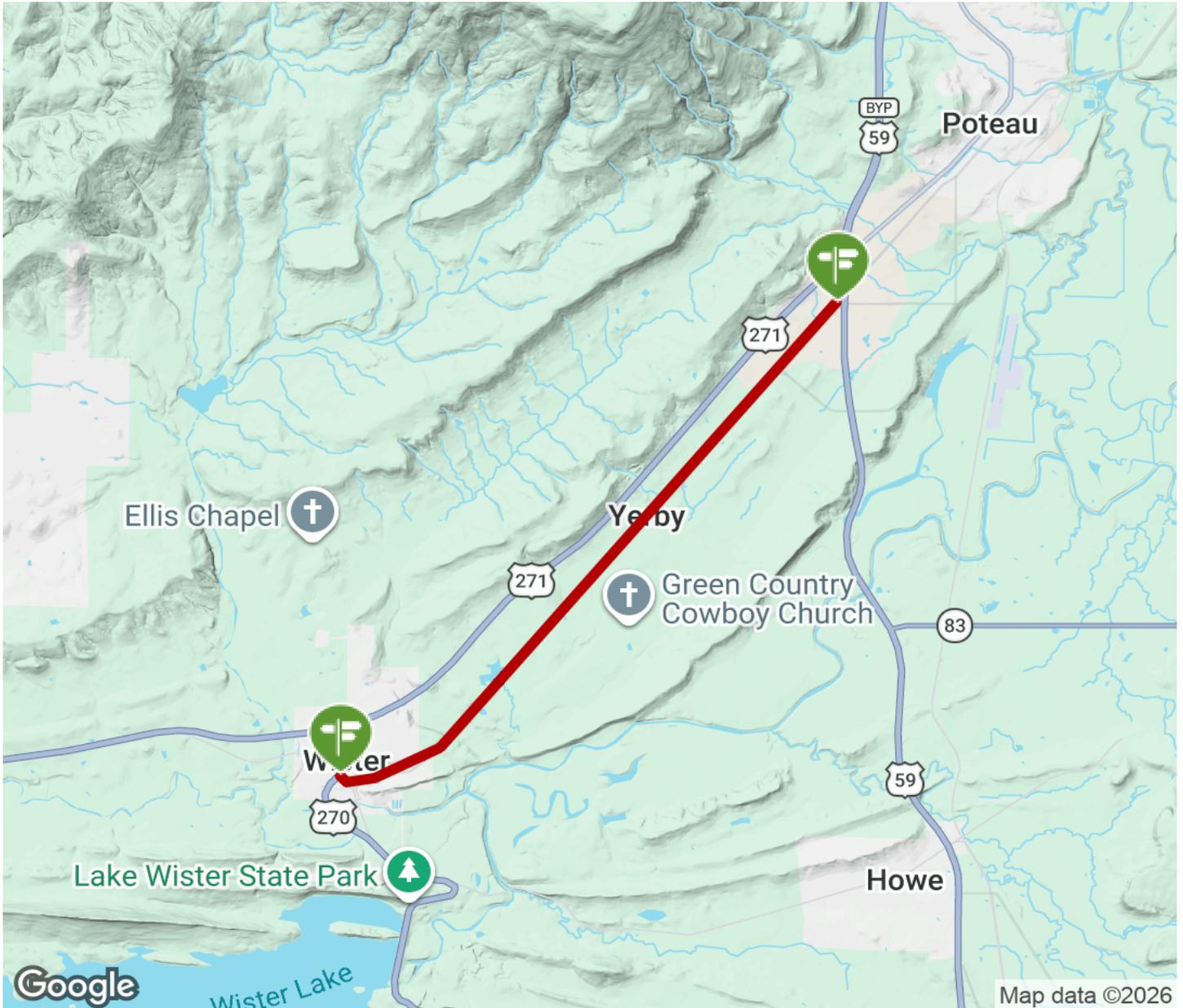
Parking is available for this trail at the northern trailhead, 28377 US-59.

See [TrailLink Map](#) for detailed directions.



Old Frisco Trail

Oklahoma



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com