



2026

TrailLink Unlimited 

Guides



Delaware and Hudson Rail-Trail

New York, Vermont



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The Delaware and Hudson Rail-Trail follows the flowing contours of the western Vermont countryside, rambling in and out of New York state, where there is a 4-mile gap. This border area is known as the Slate Valley for the quarrying industry that has been active here since the 1830s. The nearly 26-mile trail connects with Amtrak's Ethan Allen Express in Castleton.

The trail welcomes walkers, mountain bikers, and horseback riders in warmer weather and snowshoers, cross-country skiers, and snowmobilers in the winter.

About the Route

Northern Section

The northern trailhead is across the street from the Castleton Amtrak Station, which dates to 1850. Castleton was first settled in the 1770s and saw action during the Revolutionary War. The route passes through the Castleton University campus before entering farmland and pockets of hardwood trees. In about 8 miles, the trail runs through the sleepy downtown streets of Poultney, home to Green Mountain College. Leaving town, the southern end of this section is just over the state line in a farm field.

Southern Section

The northern end of the southern section at the former railroad depot (51 Depot St, Granville) in Middle Granville, New York, and heads southeast past a dairy farm and airport to Granville, New York, in 2.5 miles. The D&H railroad depot at the trailhead serves as a bed-and-breakfast today.

As the hub of slate quarrying in this area, the town hosts the Slate Valley Museum at 17 Water Street, just a block from the trailhead. Learn about the history of slate quarrying here, as well as the cultural changes foisted on the town by the arrival of Welsh miners in the 19th century. Although slate usually comes in basic gray, the local slate is desirable for its array of hues, such as green, purple, and red.

Crossing a bridge over the Mettawee River and skirting a furniture factory, the trail crosses back into Vermont about 2.5 miles past the Granville trailhead and arrives in West Pawlet 1.5 miles later. A quarry looms over the east side of town.

The forest opens up a bit south of town and offers sweeping views of the surrounding hills and countryside. Don't be surprised to see deer all along this trail. After passing a parking area outside the small village of West Rupert, the trail continues only 0.5 mile farther before reaching its southern terminus at the state border.



Delaware and Hudson Rail-Trail

New York, Vermont

States: New York, Vermont

Counties: Bennington, Rutland, Washington

Length: 25.8 miles

Trail end points: Castleton Amtrak Station (266 Main St, Castleton, VT) to VT-NY border south of Poultney to 51 Depot St (Granville, NY) to 4WD Rd at the NY-VT State Line (near West Rupert, VT)

Trail surfaces: Asphalt, Cinder, Dirt, Grass, Gravel

Trail category: Rail-Trail

Parking & Trail Access

The Delaware and Hudson Rail-Trail runs between Castleton Amtrak Station on Main St (Castleton, VT) and VT-NY border south of Poultney; and between 51 Depot St (Granville, NY) and 4WD Rd at the NY-VT State Line (near West Rupert, VT).

Parking is available at the following:

- Railroad Ave & VT-153 (Pawlet)
- Hebron Rd & Rupert Rd/VT-153 (Rupert)

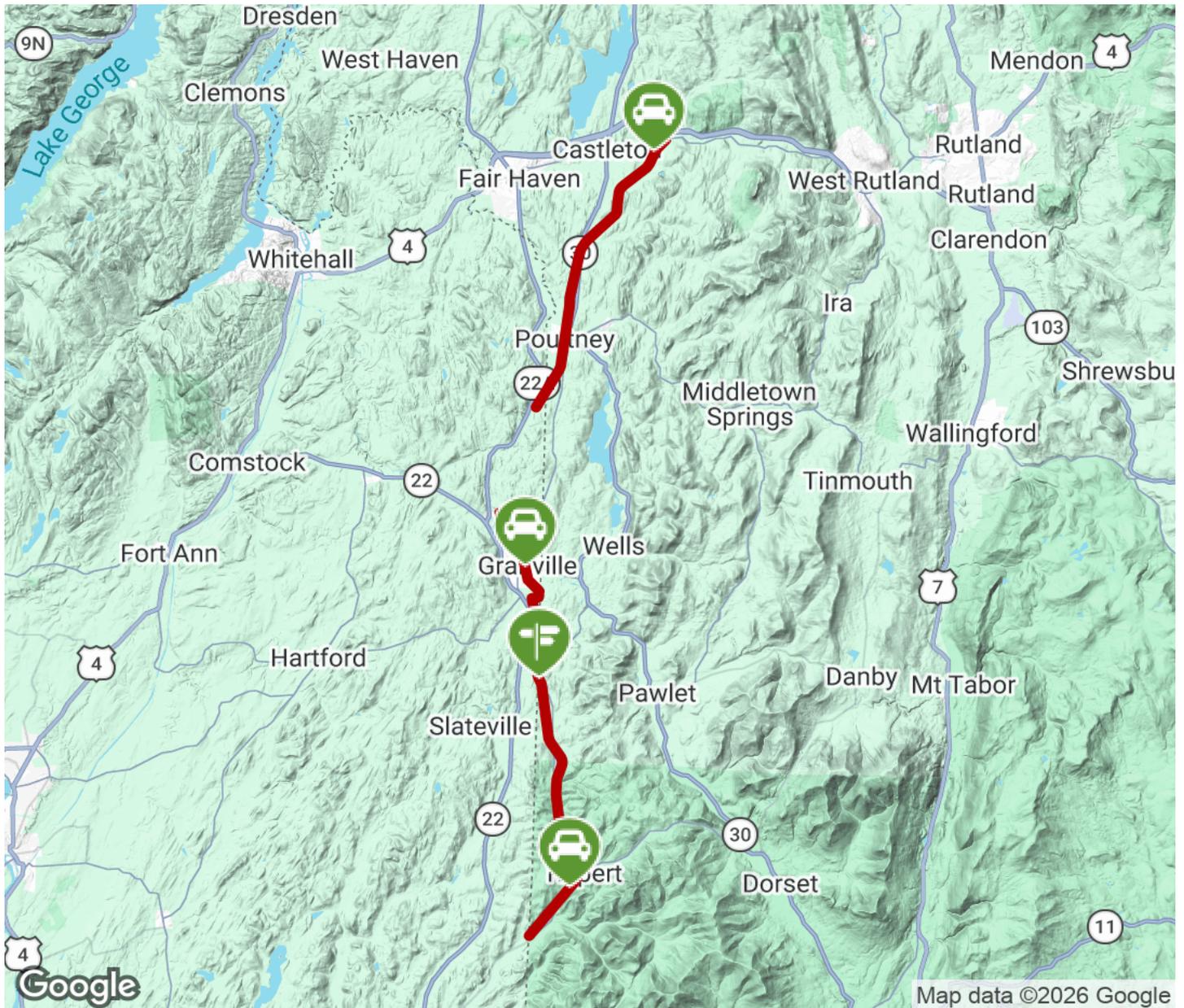
The Marble Valley Regional Transit District (MVRTD) often referred to as the "The Bus" provides access to the trail in Vermont. The Castleton Amtrak Station is at the north end of the northern section of the trail.

These are not official addresses, visit the [TrailLink map](#) for all options and detailed directions.



Delaware and Hudson Rail-Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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