



2026

TrailLink Unlimited 

Guides   



**Missisquoi
Valley Rail
Trail**
Vermont



Missisquoi Valley Rail Trail

Vermont

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Saint Albans used to be called Rail City for all the train traffic it saw, but it could be known as Rail-Trail City now. The town sits at the front door of the Missisquoi Valley Rail Trail, among the longest and most scenic in the state. The 26.3-mile crushed stone trail rolls past the dairy farms and cornfields of northwestern Vermont to within a couple of miles of the state's border with Québec.

Horseback riders are allowed on the trail, but are encouraged to stay to the shoulder when possible.

About the Route

The trail leaves off from its western endpoint on the north side of Saint Albans, in the midst of chain restaurants and mini-marts, although parts of town reflect its former life

as a flourishing railroad junction. Heading northeast, within 2 miles trail users will be riding past cornfields, dairy farms, and red barns. About 9 miles east, the route crosses a bridge over the Missisquoi River at Sheldon Junction. At 523 feet, it's the longest bridge on the trail.

The next few miles are known as Corn Alley, as the corn grows right next to the trail. In 7.6 miles, the route arrives at Enosburg Falls, historically the center of the dairy industry in the area. If visiting in June, the June Dairy Days festival celebrates the town's past on the first weekend of the month. Trail users might see a red caboose and a freight depot, both house museum artifacts and local railroad memorabilia. They're open June–October, Saturday, 10 a.m.–2 p.m. There's shade at Lincoln Park a couple of blocks south on SR 108, and trail users can also find cafés, coffee shops, and an ice cream parlor in the vicinity.

It's mostly cornfields and pastureland for roughly the easternmost 10 miles to Richford. The easternmost bridge on the trail is about 3 miles before Richford. The Historic District of Richford is less than a mile away from the trailhead; to get there turn left onto Troy Street and right onto Main Street. Most of the historical buildings are concentrated near or at the junction with River Street just across the Missisquoi River. The river powered the mills here in boom times more than a century ago, but prosperity has abandoned the commercial district. Two blocks left on the River Street trail users can spot an example of a prominent businessman's mansion built in 1890, now a bed-and-breakfast. The trail meets its easternmost endpoint at Troy St. in Richford.

Connections

In Sheldon Junction, the Missisquoi Valley Rail Trail intersects with the [Lamoille Valley Rail Trail](#).

Trail History



Missisquoi Valley Rail Trail

Vermont

States: Vermont

Counties: Franklin

Length: 26.3 miles

Trail end points: N Main St. (St. Albans) to Troy St. (Richford)

Trail surfaces: Asphalt, Crushed Stone

Trail category: Rail-Trail

Trail activities: Horseback Riding, Mountain Biking, Snowmobiling, Walking, Cross Country Skiing

Parking & Trail Access

The Missisquoi Valley Rail Trail runs between N Main St. (St. Albans) and Troy St. (Richford), with parking available at both ends.

Parking is also available at:

- 6212 VT-105 (Enosburg Falls)
- 123 Depot St (Enosburg Falls)

Please see [TrailLink Map](#) for all parking options and detailed directions.



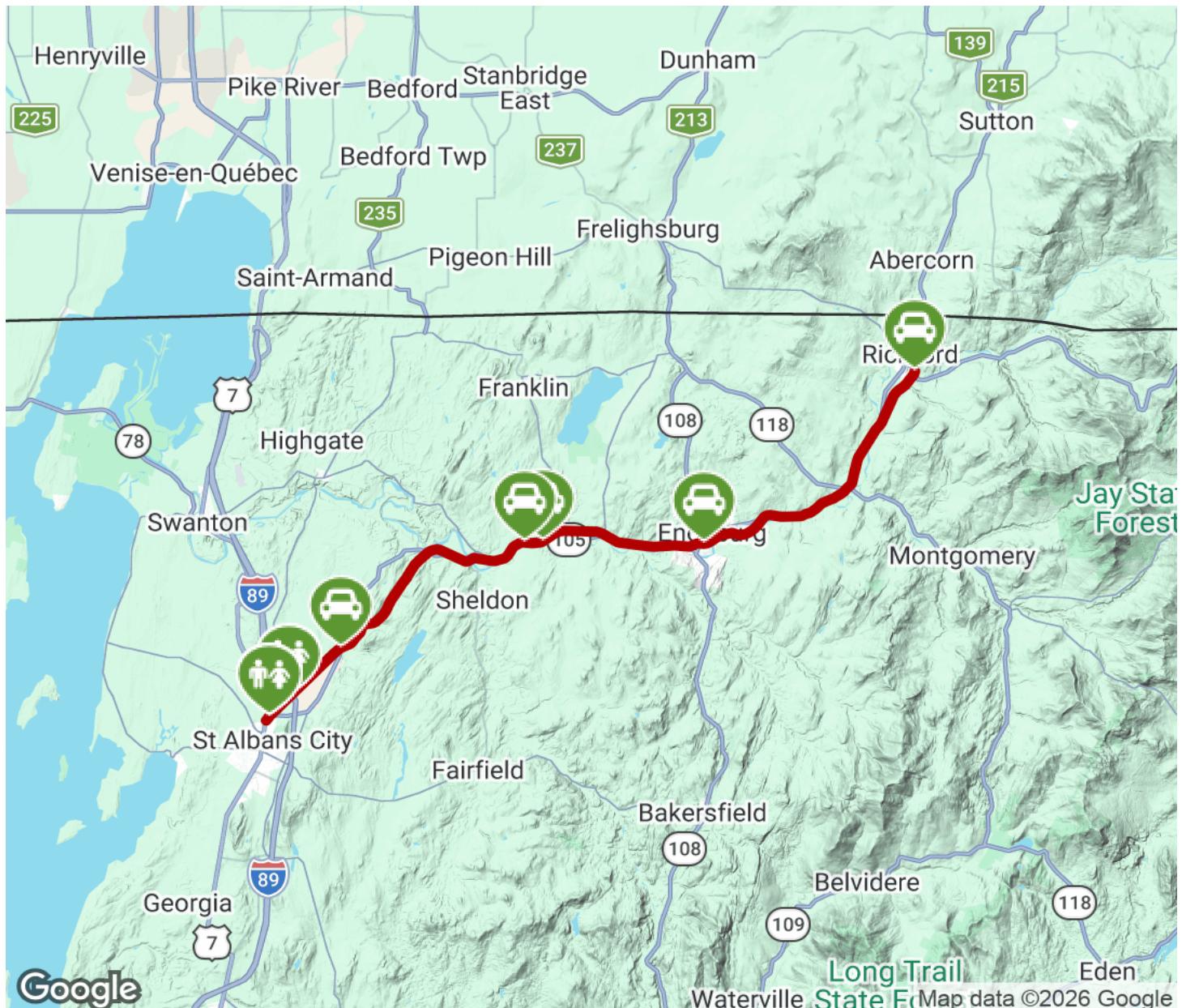
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Missisquoi Valley Rail Trail

Vermont



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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