



2026

TrailLink Unlimited 

Guides



Valley Trail
Vermont



Valley Trail

Vermont

The scenic Valley Trail spans 9 miles connecting Dover and Wilmington in southern Vermont along the Green Mountain



On the southern end of the trail, in Wilmington, you can cross W. Main Street and go over a footbridge across the North Branch of the Deerfield River to access the [Hoot, Toot and Whistle Trail](#).

The scenic Valley Trail spans 9 miles connecting Dover and Wilmington in southern Vermont along the Green Mountain National Forest. It provides a critical off-road pathway for bypassing State Route 100. Much of the trail is lushly wooded, traveling along brooks and passing occasional small ponds. The system consists of a mix of trail types: The lower two-thirds of the trail (approximately 6.5 miles) are narrow, natural-surface track; The Crosstown Trail between Handel Road and Country Club Road features wide gravel paths. There is only one paved, off-street section of trail -- 0.5 miles along SR 100 near Dover Town Park.

Note that there's a short gap in the trail at its northern end. A short, disconnected portion of the trail travels to the Mount Snow Ski Area in Dover.



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by Rails-to-Trails Conservancy

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States: Vermont

Counties: Windham

Length: 9.1miles

Trail end points: S. Access Rd. and Handle Rd.
(Dover) to W. Main St./Route 9 (Wilmington)

Trail surfaces: Asphalt,Dirt,Gravel

Trail category: Greenway/Non-RT

Trail activities: Bike,Walking

Parking & Trail Access

Northwest of Wilmington, parking is available at the trailhead at the intersection of Haystack Road and Birch Loop. Farther north, more trailhead parking is available at the intersection of Ski Area Access Road and Fannie Hill Drive. Approaching Dover, there are parking areas off Handle Road, Cross Town Road, and Kingswood Road.



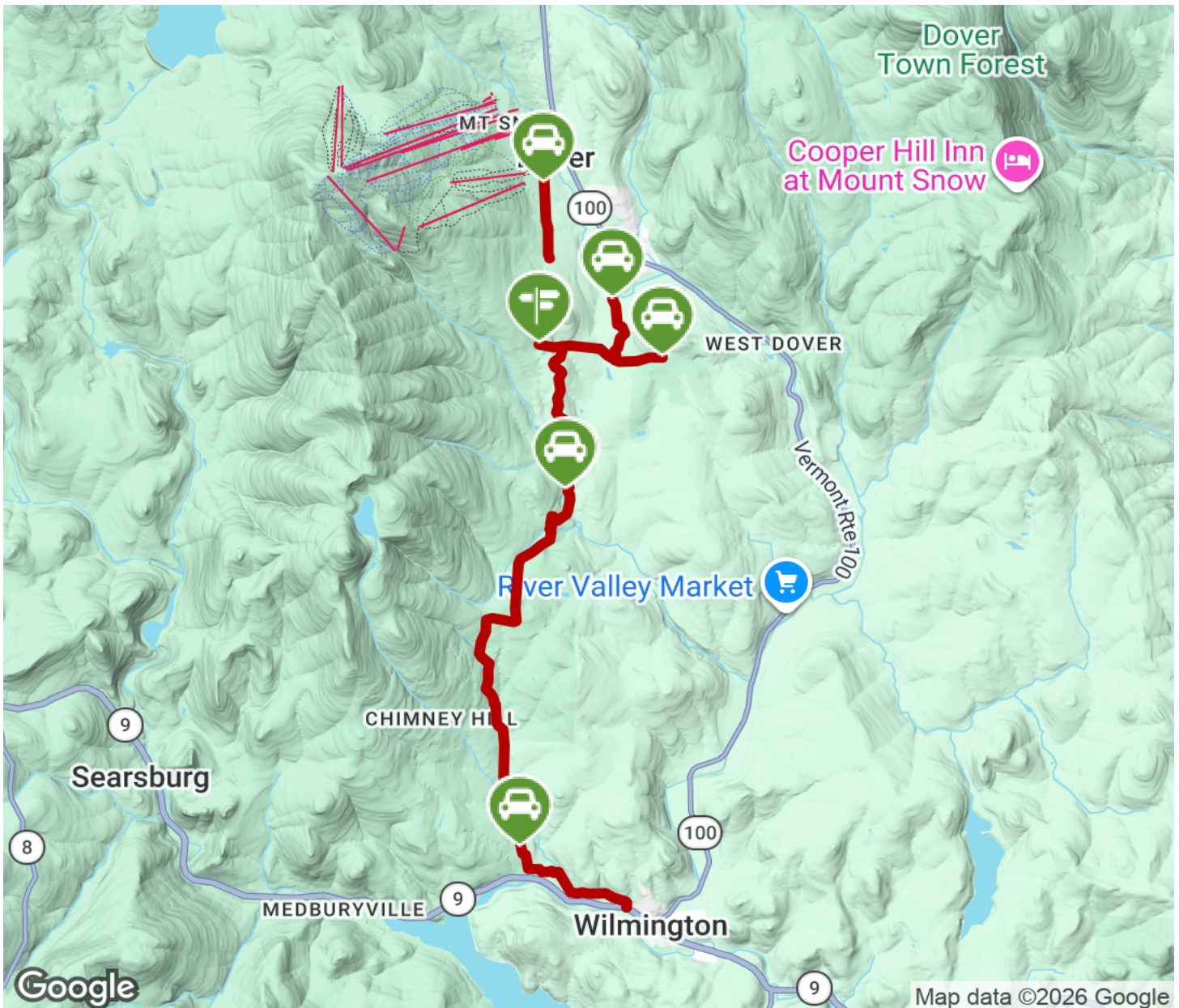
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- Trailhead
- Restroom
- Parking
- Water Fountain
- Tunnel