



2026

TrailLink Unlimited 

Guides



Rocky Point Trail

West Virginia



Rocky Point Trail

West Virginia

In West Virginia's Monongahela National Forest, the Dolly Sods Wilderness features sweeping vistas, spruce and aspen groves,



primarily of large stones, although the grade is mild.

The nearly 2-mile trail curves through the forest, including a section in a large stand of pine trees. Ultimately, trail users emerge into a clearing with some of the best views of the surrounding canyon.

In West Virginia's Monongahela National Forest, the Dolly Sods Wilderness features sweeping vistas, spruce and aspen groves, beautiful meadows, beaver dams and rolling creeks. The area is also home to several intersecting trails, offering a selection of loop options for multi-day hikes of varying levels of difficulty.

Note, bikes are not allowed in the Dolly Sods Wilderness Area.

The Rocky Point Trail is a short but challenging hike between two popular trails: the [Red Creek Trail](#) and [Big Stonecoal Trail](#). All three trails were built on old logging railroad corridors that serviced the once-bustling timber industry in this area. The aptly named Rocky Point Trail is rougher than the other two, as its surface is composed



Rocky Point Trail

West Virginia

States: West Virginia

Counties: Tucker

Length: 1.9miles

Trail end points: Big Stonecoal Trail to Red
Creek Trail

Trail surfaces: Dirt

Trail category: Rail-Trail

Trail activities: Walking

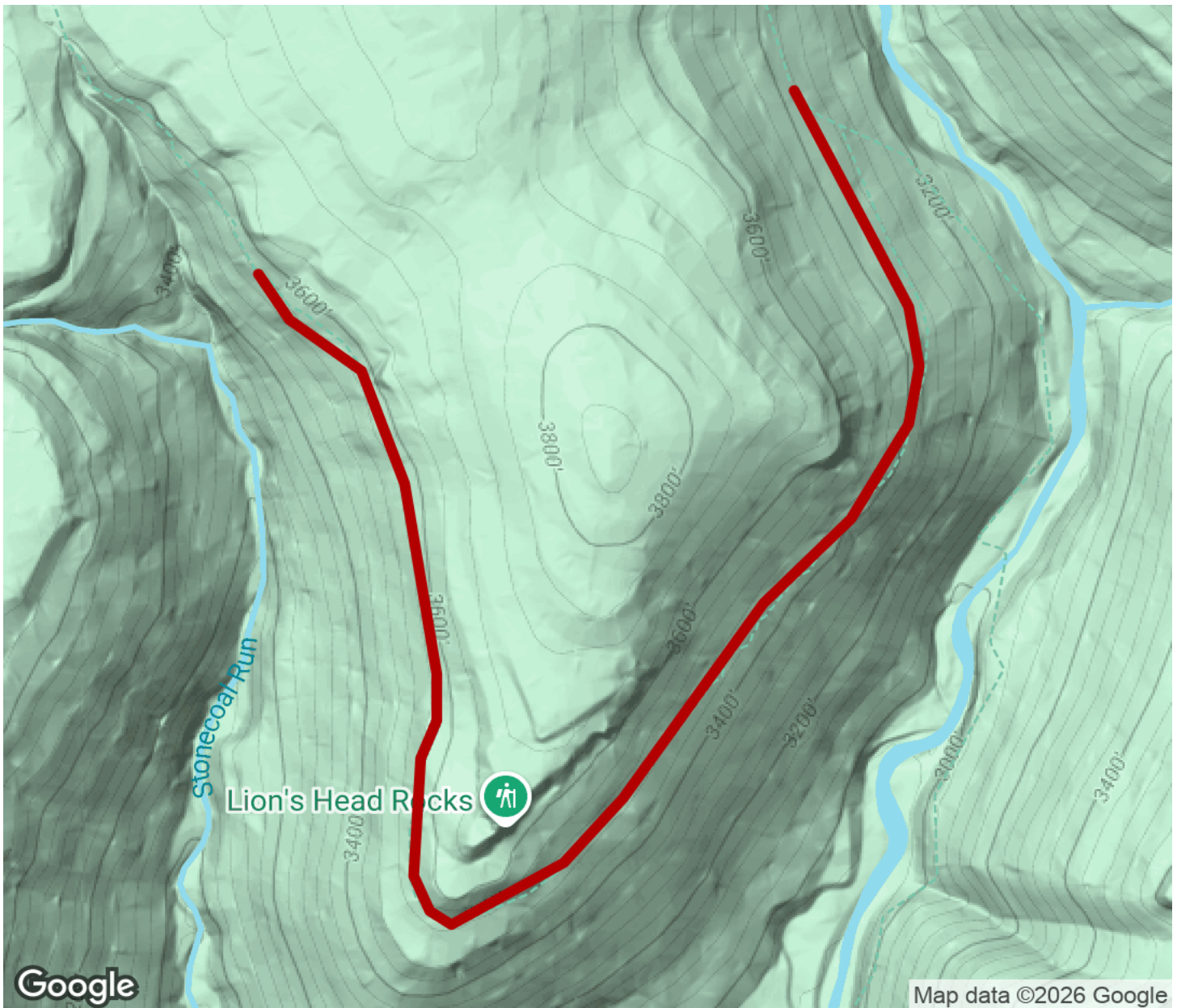
Parking & Trail Access

To reach the Rocky Point Trail from the Canaan Valley, follow State Route 32 south to Laneville Road/County Route 45. Turn left and follow Laneville Road, which turns into Forest Route 19, for 10 miles to the Dolly Sods Wilderness. Just after crossing the bridge and entering the area, you will notice plenty of parking available on the left. From there, trail users will need to take the Red Creek Trail (or a combination of the Red Creek Trail and Big Stonecoal Trail) to reach the Rocky Point Trail.



Rocky Point Trail

West Virginia



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com