



2026

TrailLink Unlimited 

Guides



**Hillsborough
Recreational
Rail Trail**
New Hampshire



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Hillsborough Recreational Rail Trail connects three communities in south-central New Hampshire: Hillsborough, Deering, and Bennington. The unpaved trail winds along the Contoocook River through rural and wooded landscapes for nearly 8 miles. It follows a branch of the former Boston and Maine Railroad and in some places you can still see the rails; you'll also cross trestle bridges and pass the Bennington Depot.



Hillsborough Recreational Rail Trail

New Hampshire

States: New Hampshire

Counties: Hillsborough

Length: 7.8miles

Trail end points: W. Mill Street (Hillsborough)
to Antrim Road (Bennington)

Trail surfaces: Crushed Stone,Dirt

Trail category: Rail-Trail

Trail activities: ATV,Fishing,Horseback
Riding,Mountain

Biking,Snowmobiling,Walking,Cross Country
Skiing

Parking & Trail Access

Parking is available in Deering at the Deering Fish and Game Club. Follow Route 149 towards Deering, take your first right off Route 149 and travel about 2 miles; take the first right after the road turns to dirt and look for the parking signs on the right.



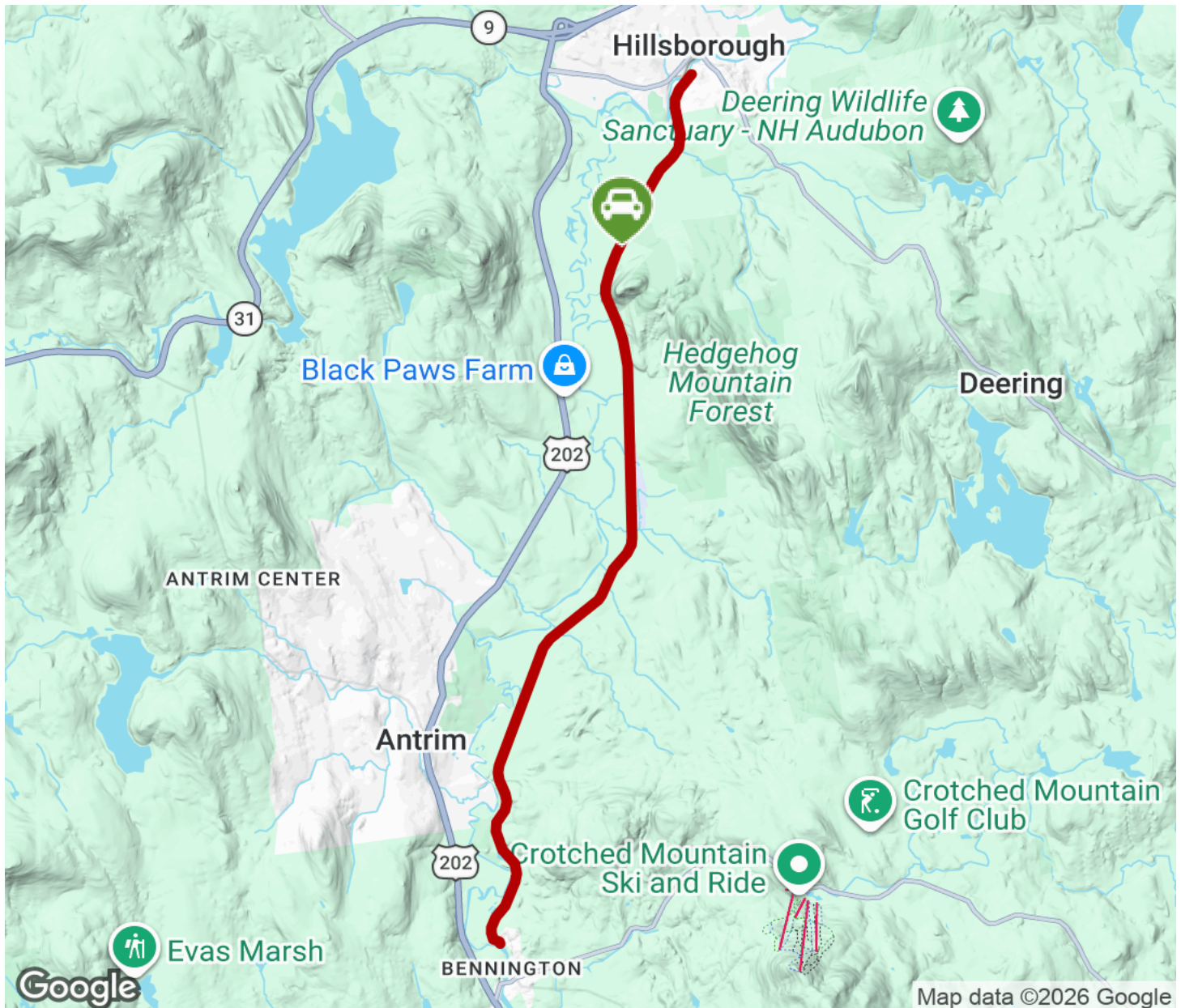
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Hillsborough Recreational Rail Trail

New Hampshire



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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